

Estrus and ovulation synchronization in beef heifers

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Outline of talk

- Estrous cycle of the heifer
- What is CR and PR?
- Controlling the estrous cycle
 - Synchronization of estrus
 - Synchronization of ovulation
 - Protocols
- Advantages and disadvantages
- Cost

Estrous cycle of the heifers

- Average 21 days long (18 to 24)
- Two phases luteal and follicular
- Four stages
 - Proestrus (Day 18-20)
 - Estrus (Day 0)
 - Metestrus (Day 1 - 3)
 - Diestrus (Day 4 - 17)

Pregnancy Rate (PR) =

Estrus Detection Efficiency
(EDE)

×

Conception rate (CR)

n	EDE (%)	CR (%)	PR (%)
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100	50	50	25
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100	80	50	40
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100	100	50	50
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Controlling the estrous cycle

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graph TD; A[Controlling the estrous cycle] --> B[Shortening the luteal phase]; A --> C[Simulating the luteal phase]; A --> D[Controlled follicle growth & ovulation]; B --> B1["(e.g.)"]; B1 --> B2[Prostaglandin F2α]; C --> C1["(e.g.)"]; C1 --> C2[Progesterone]; D --> D1["(e.g.)"]; D1 --> D2[Estrogens & GnRH];
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Shortening the
luteal phase

(e.g.)

Prostaglandin F_{2α}

Simulating the
luteal phase

(e.g.)

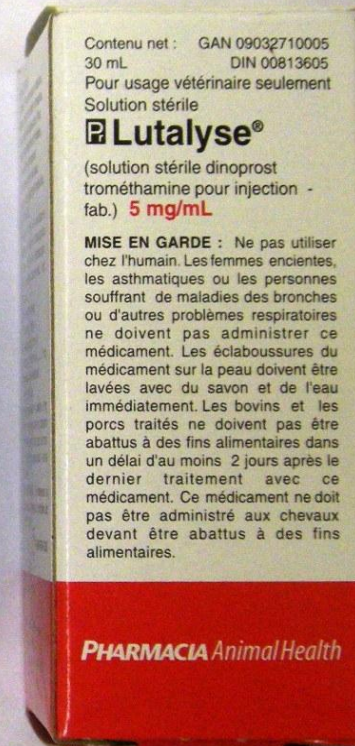
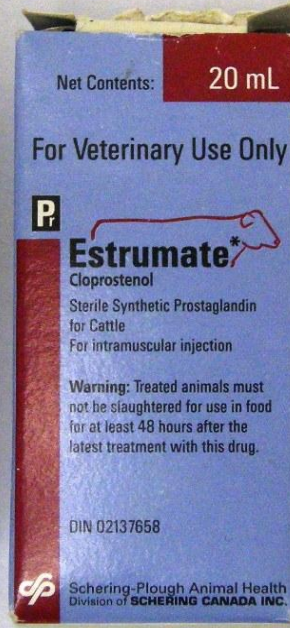
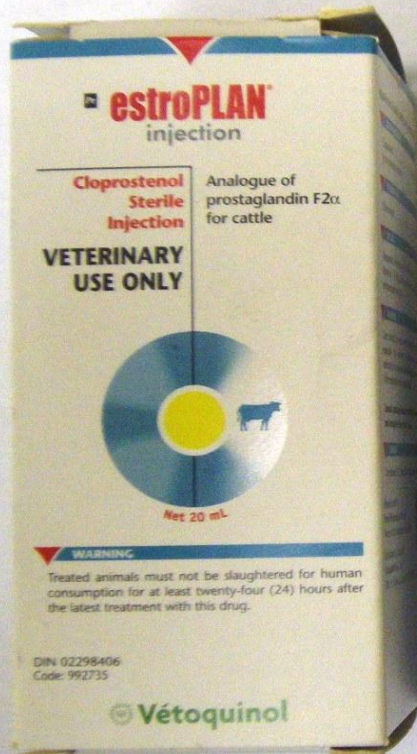
Progesterone

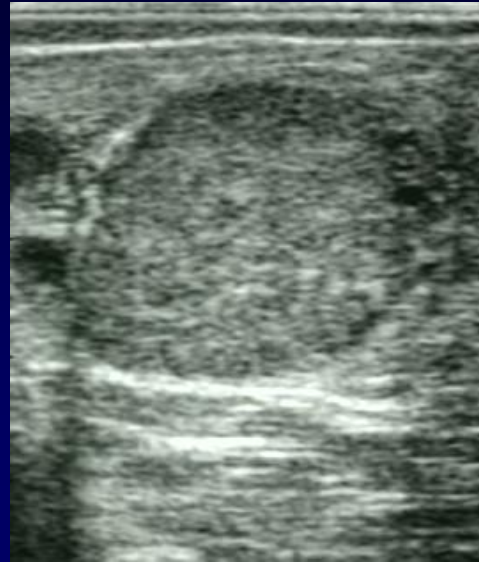
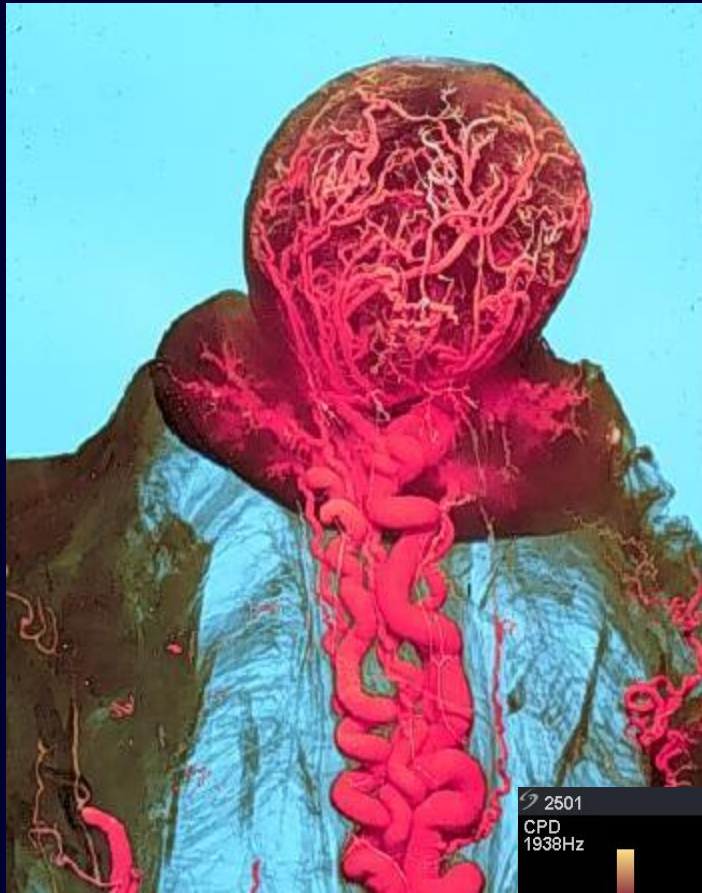
Controlled follicle
growth & ovulation

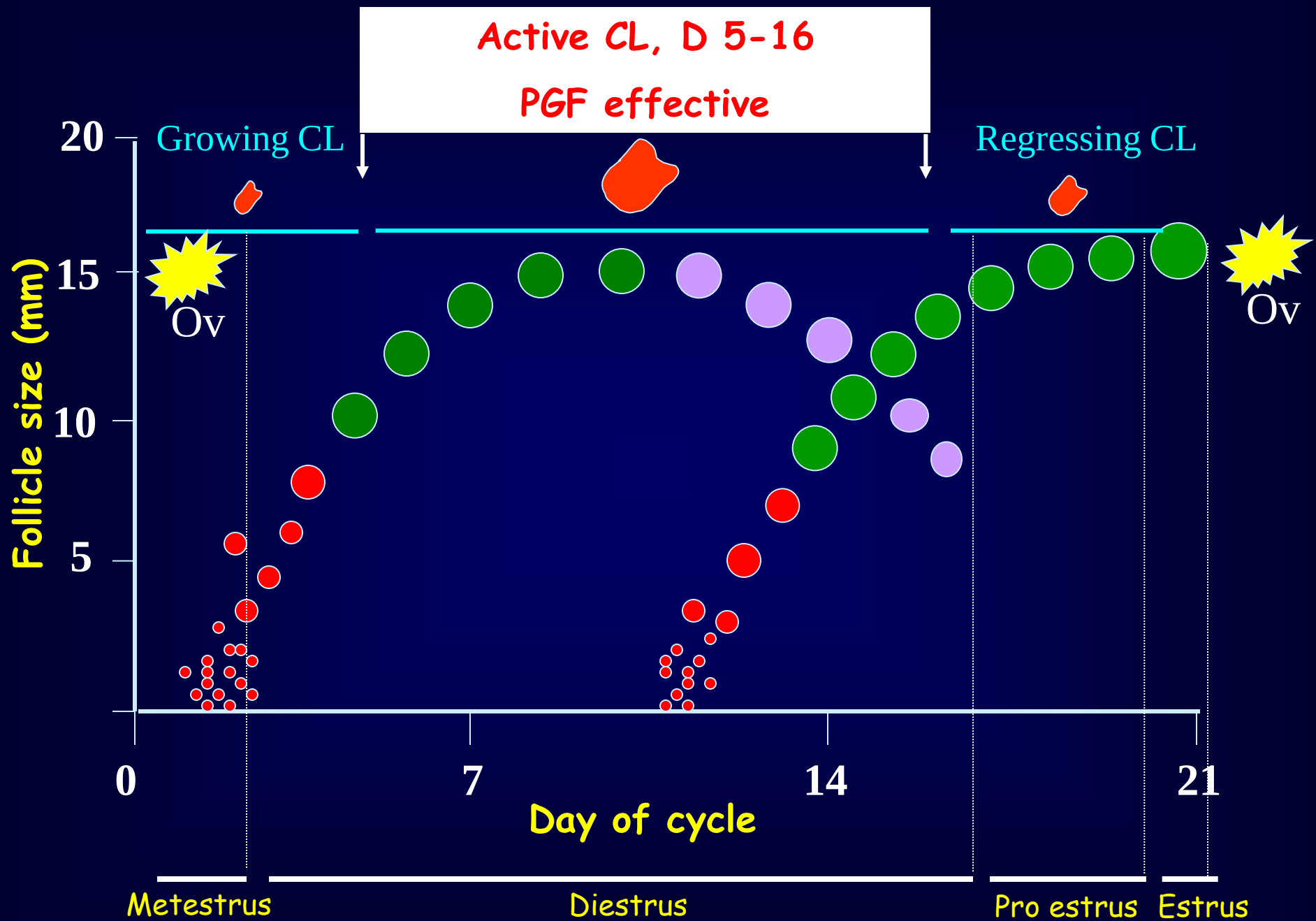
(e.g.)

Estrogens & GnRH

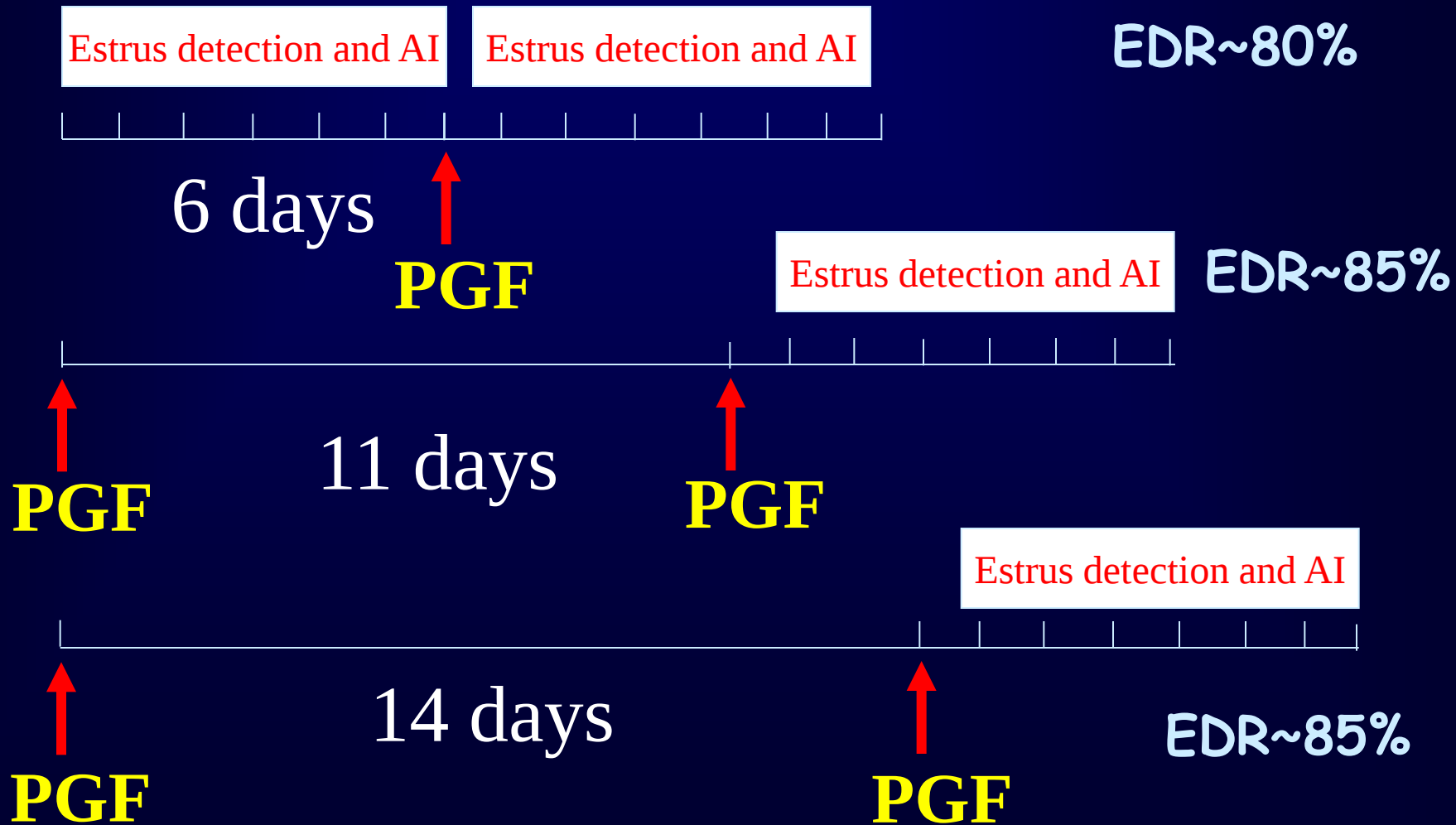
Commercially available PGF products



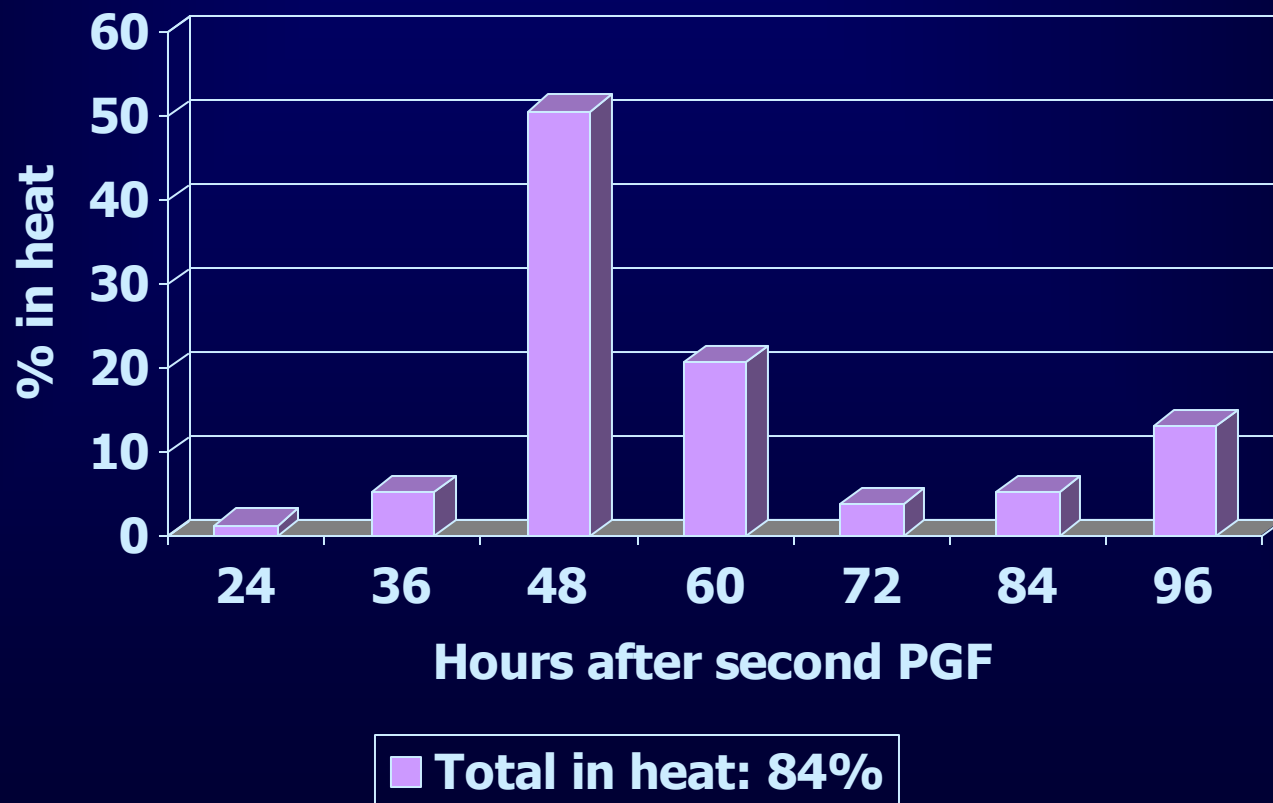




Common Protocols using PGF

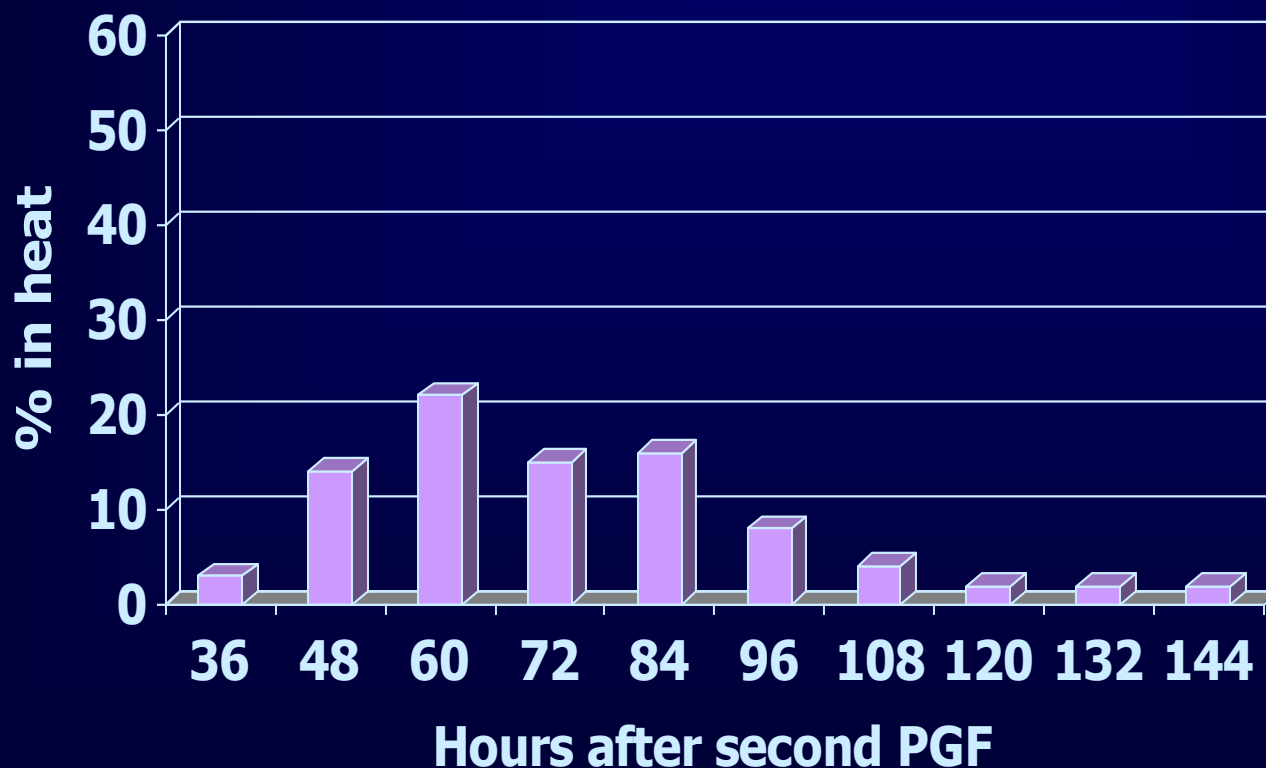


Distribution of heat in beef heifers given PGF 11 d apart



Butler et al., 2001

Distribution of heat in Holstein heifers given PGF 14 d apart

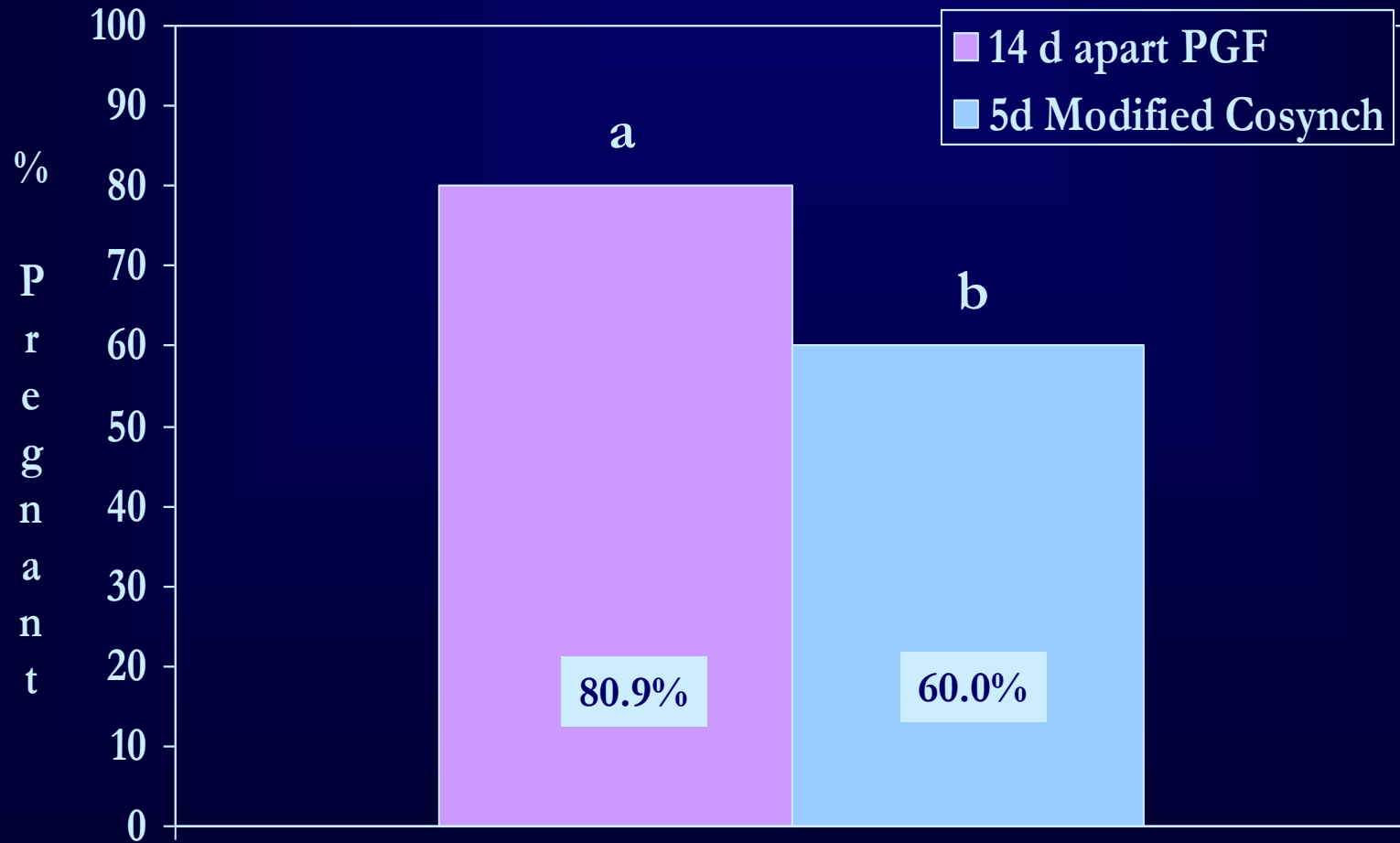


■ Total in heat: 86%

n = 132

Colazo, unpublished

Conception Rate



~half AI with sexed semen

a, b Effect of TRT $P < 0.05$

Controlling the estrous cycle

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Shortening the
luteal phase

(e.g.)

Prostaglandin $F2\alpha$

Simulating the
luteal phase

(e.g.)

Progesterone

Controlled follicle
growth & ovulation

(e.g.)

Estrogens & GnRH

Oral Progestins:

Melengestrol Acetate (MGA)

Ear implants

Crestar



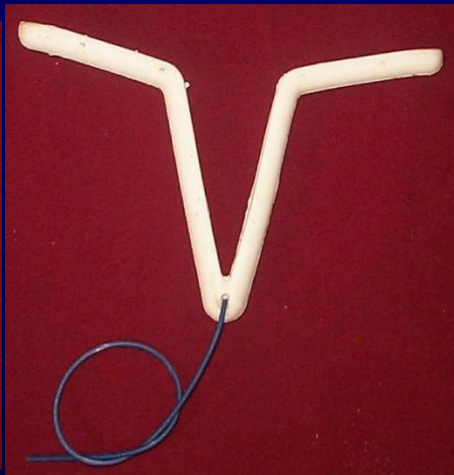
Intravaginal Devices



PRID



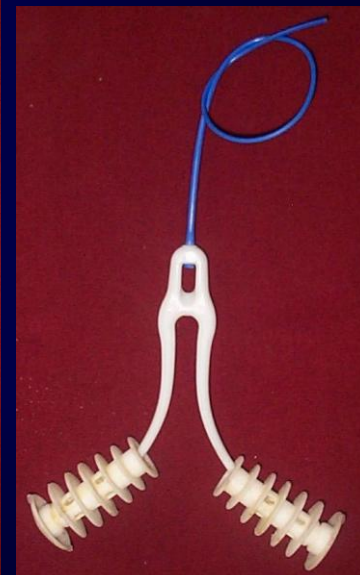
CIDR-B



DIB



TRIU-B



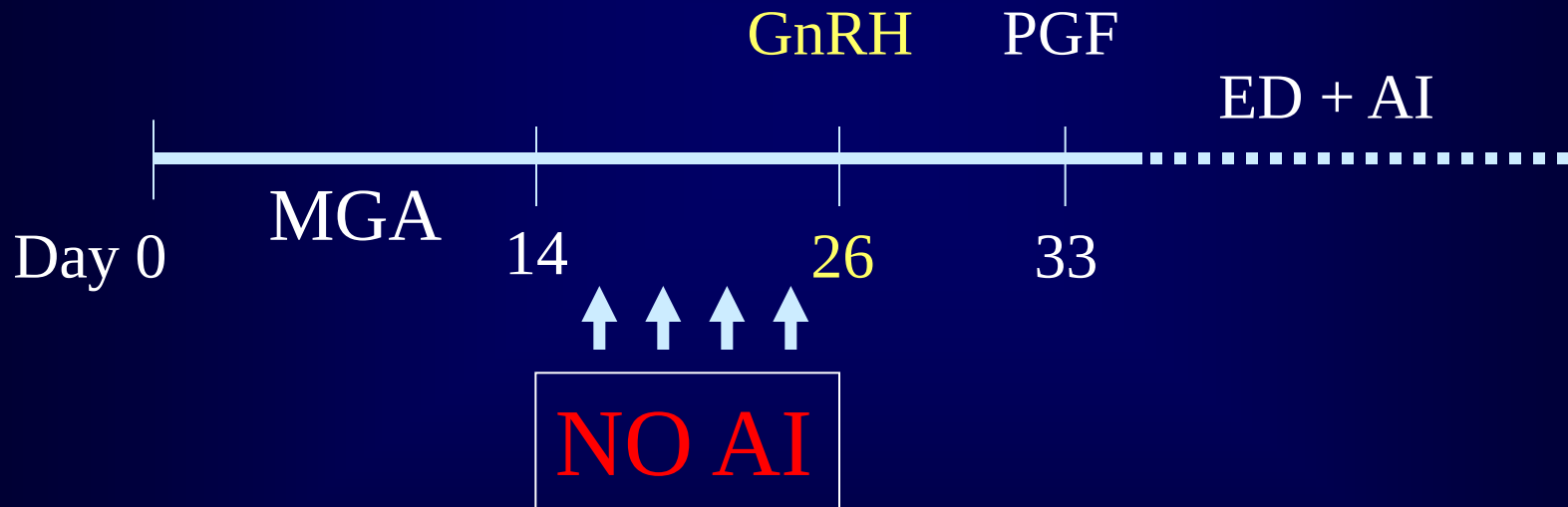
CUE-MATE

Program with MGA for estrus synchronization



MGA = melengestrol acetate @ 0.5 mg/heifer/day

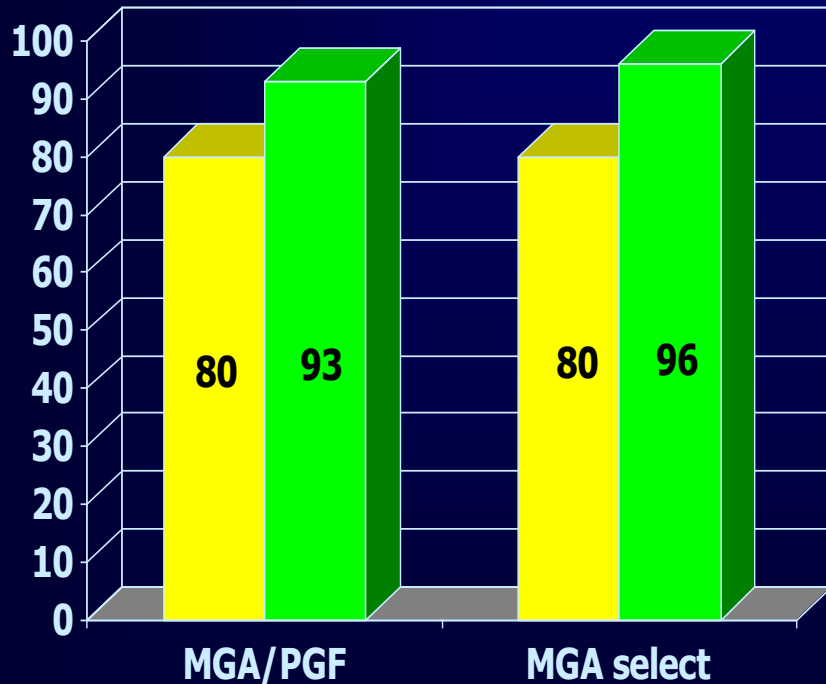
Modified MGA program (MGA select)



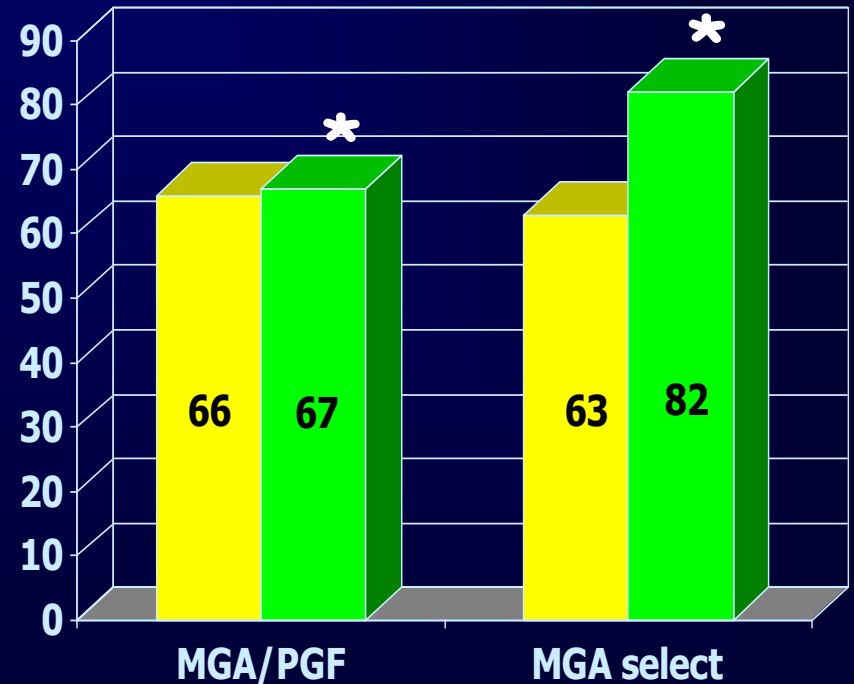
MGA/PGF vs. MGA Select (ED + AI for 6 days)

■ Anestrus

■ Cycling



Estrus rate



Pregnancy rate

N = 124

Wood-Follis et al., 2004

Increase estrus detection rate

- Aggressive estrus detection
- Increased frequency of observation
- Use of estrus-detection aids
 - Tail paint, Kamar, electronic aids



Controlling the estrous cycle

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graph TD; A[Controlling the estrous cycle] --> B[Shortening the luteal phase]; A --> C[Simulating the luteal phase]; A --> D[Controlled follicle growth & ovulation];
```

Shortening the
luteal phase

(e.g.)

Prostaglandin $F2\alpha$

Simulating the
luteal phase

(e.g.)

Progesterone

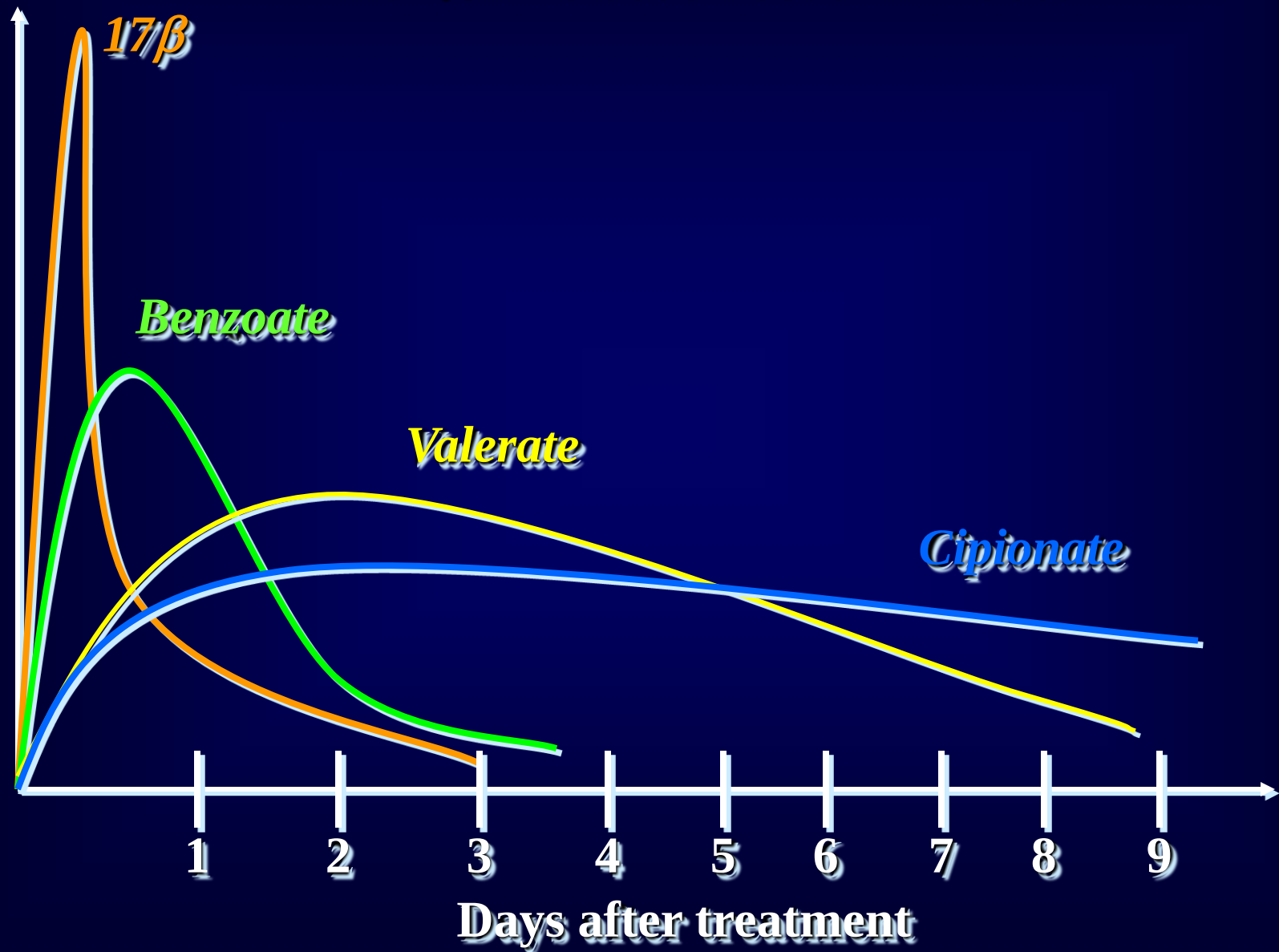
Controlled follicle
growth & ovulation

(e.g.)

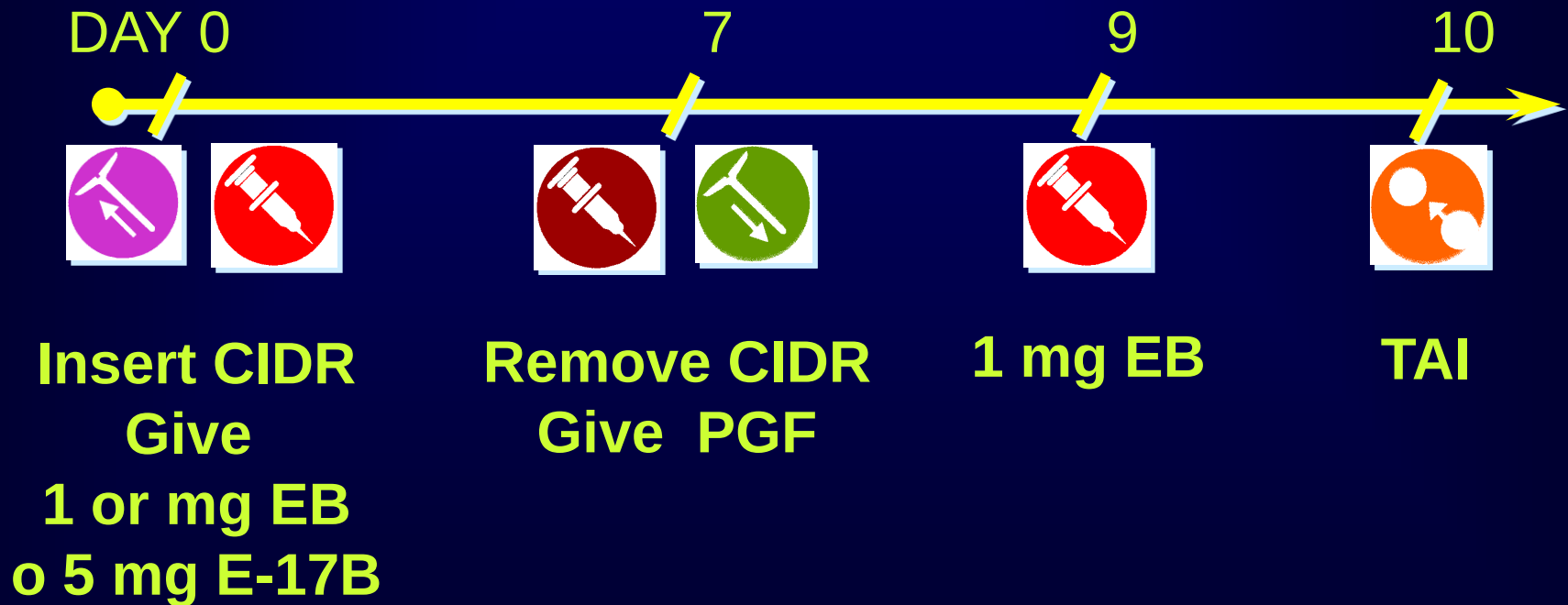
Estrogens & GnRH

We used them in combination for TAI

Plasma concentrations



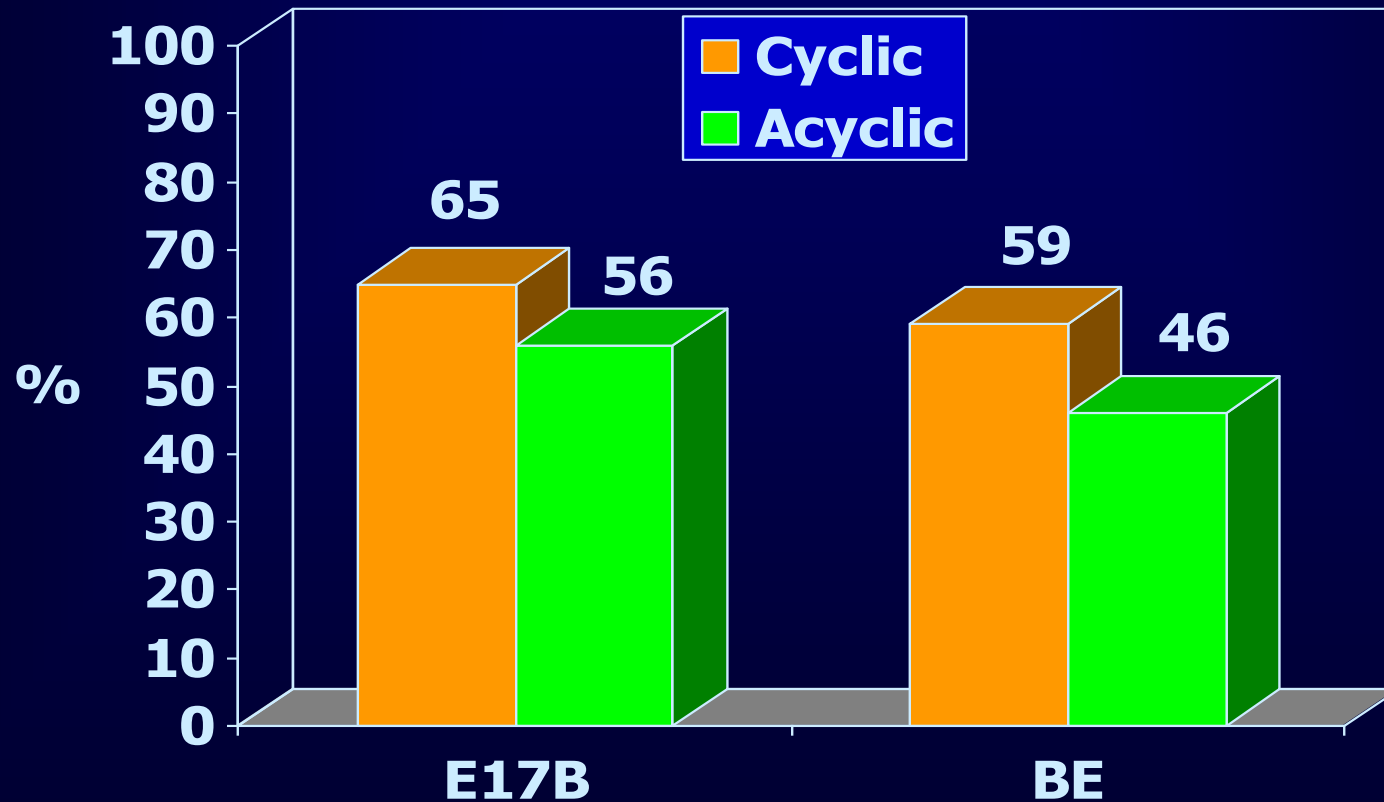
TAI protocol (Progesterone & Estrogen)



TAI protocol-Schedule (Progesterone & Estrogen)

MON am	TUE am	WED pm	THU	FRI	SAT	SUN
EB or 17B CIDRi						
CIDRr PGF	EB	TAI				

Pregnancy rate in heifers treated with E17B or EB



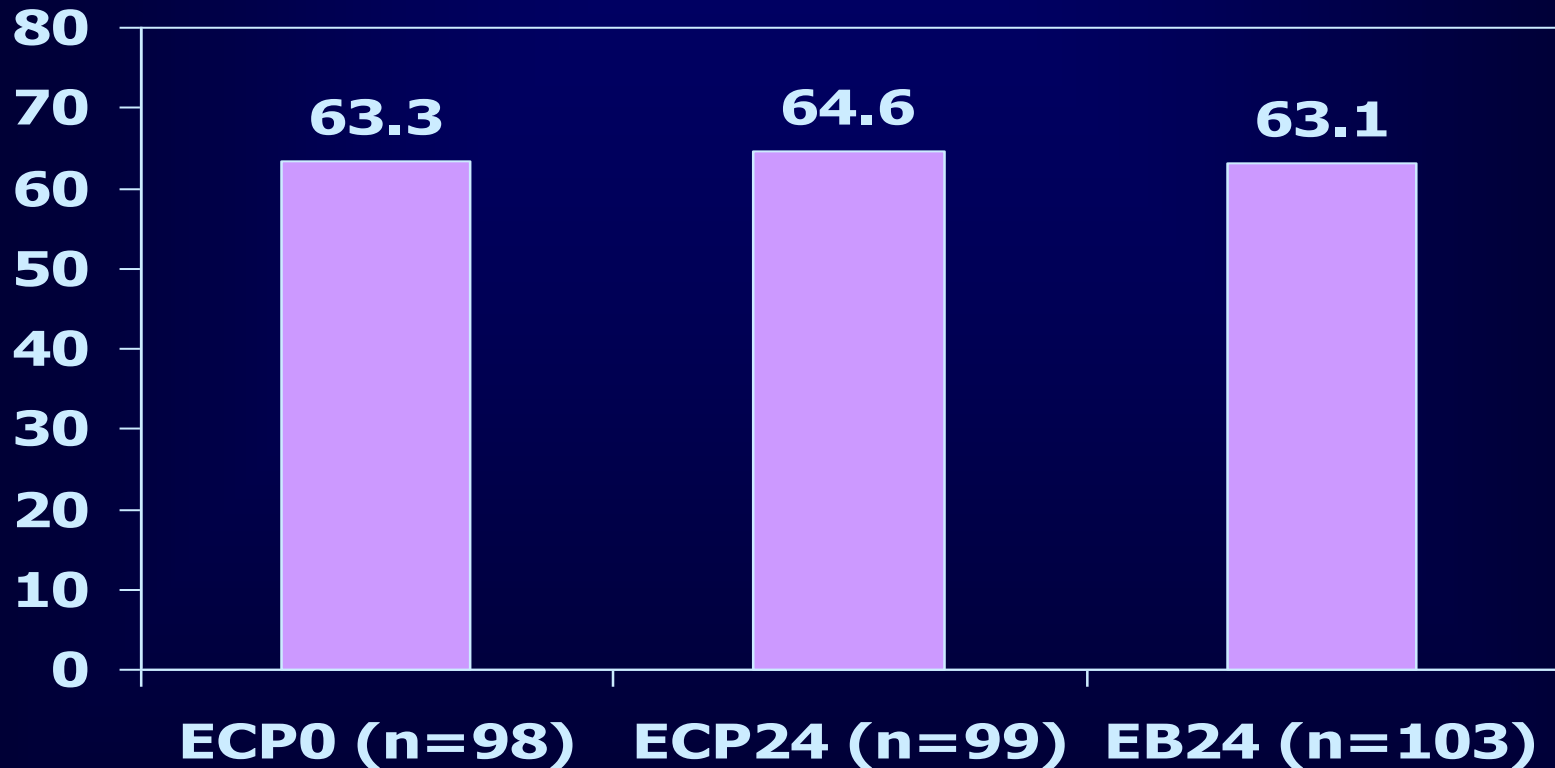
n = 1428 heifers

Colazo unpublished

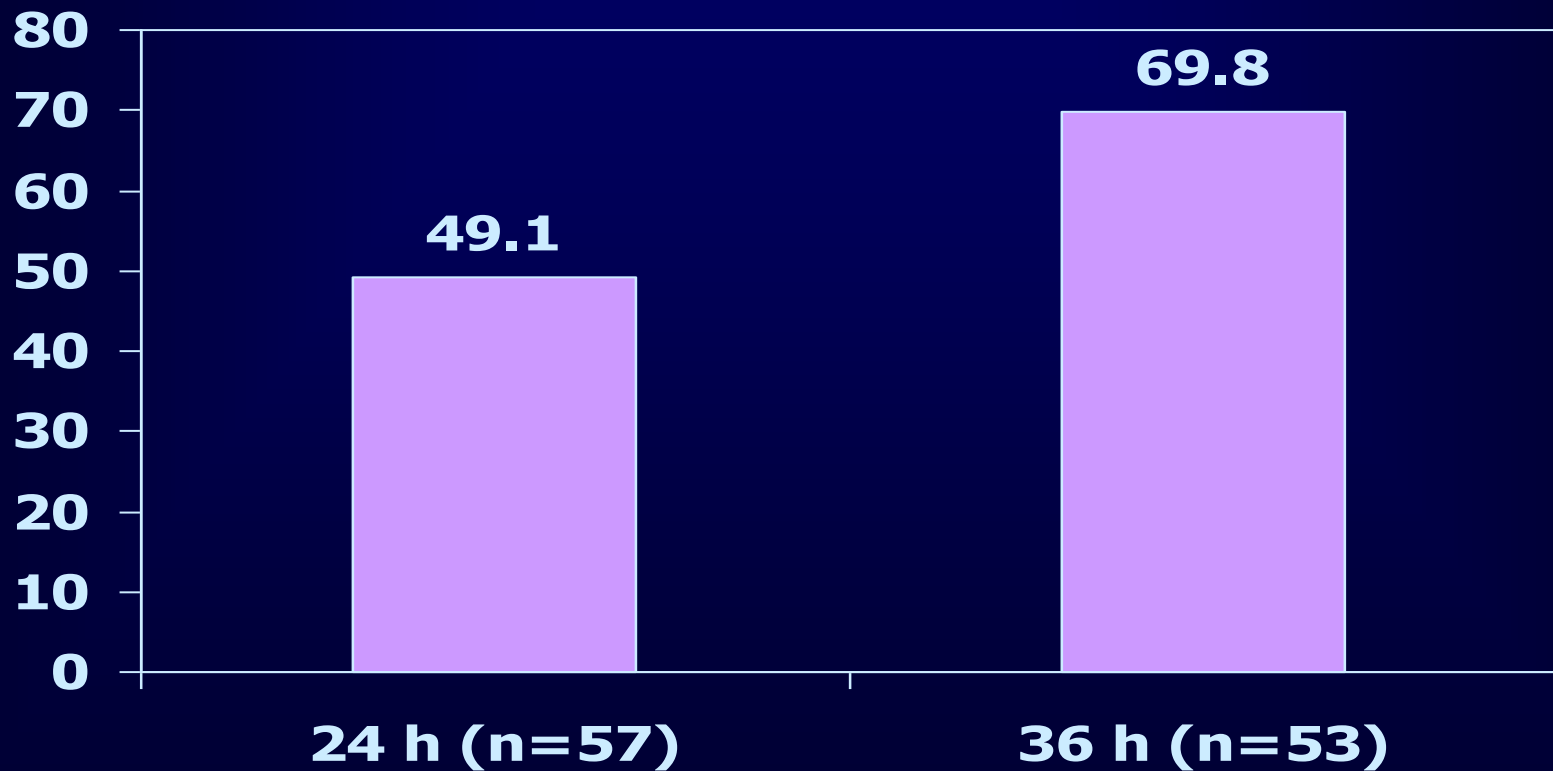
TAI protocol (Progesterone & Estrogen)



PREGNANCY RATES



Pregnancy rate for cattle inseminated 24 versus 36 h after second EB treatment



Some commercially available GnRH products



Fertiline (Vetoquinol)



Cystorelin (Merial)

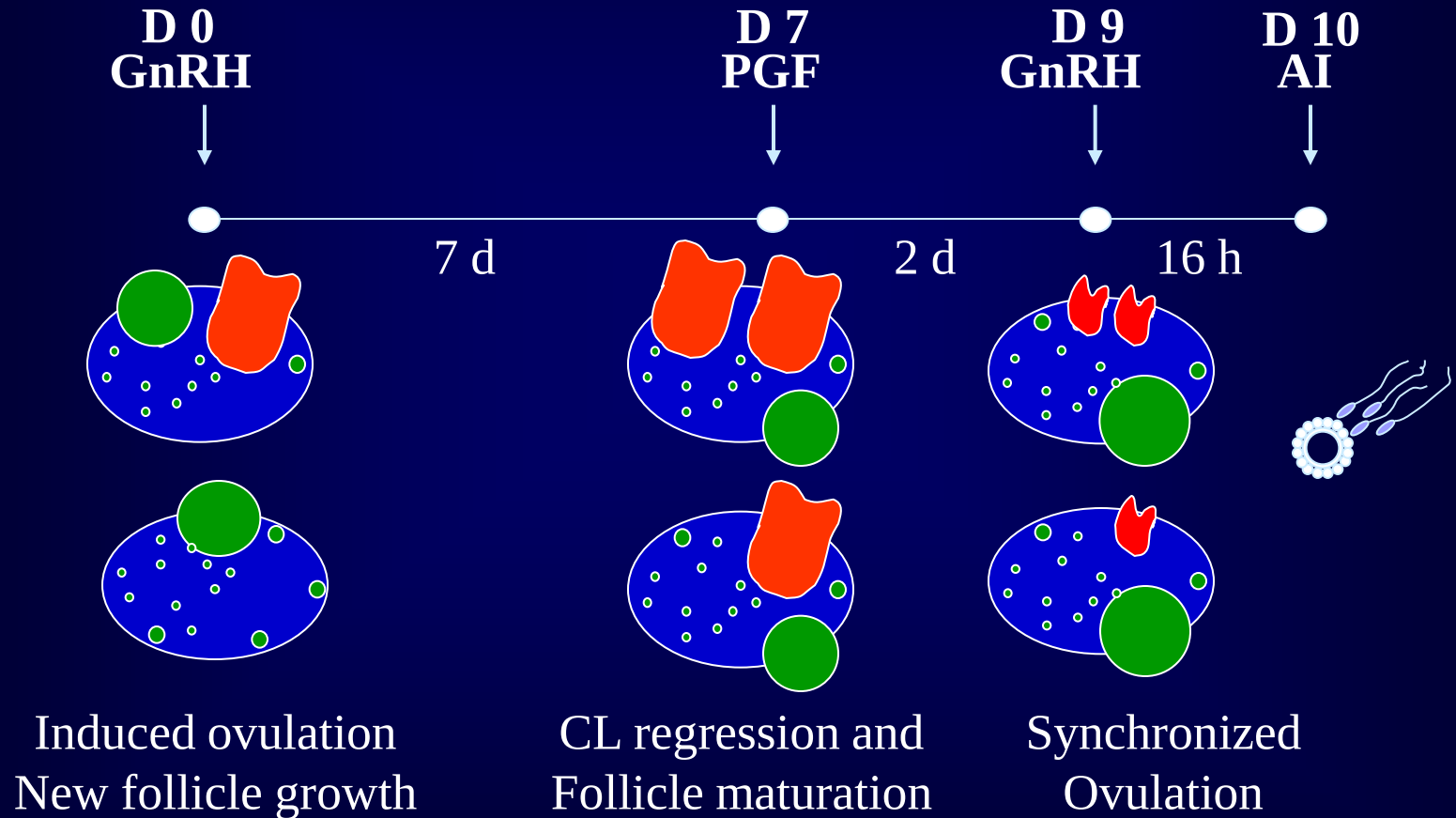


Factrel (Pfizer Animal Health)



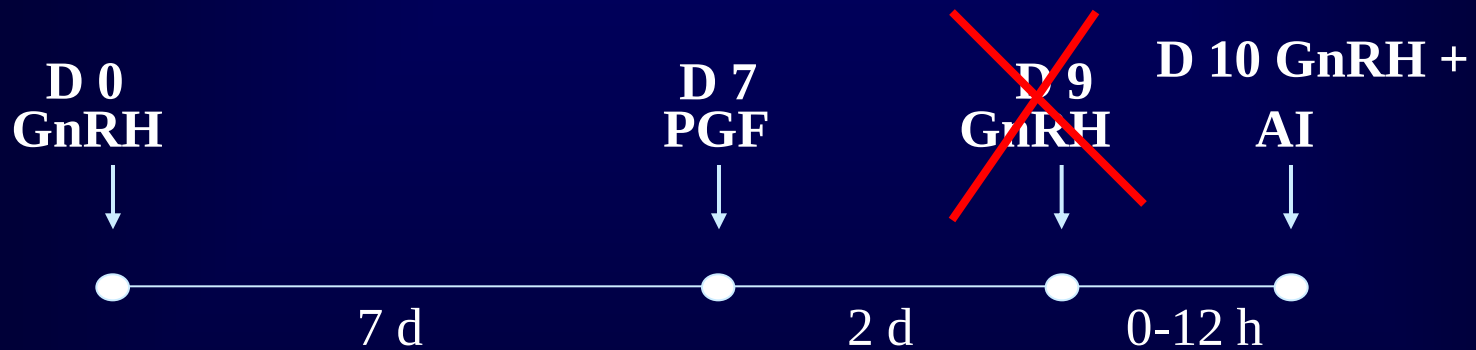
Fertagyl (Merck Animal Health)

How Ovsynch works?



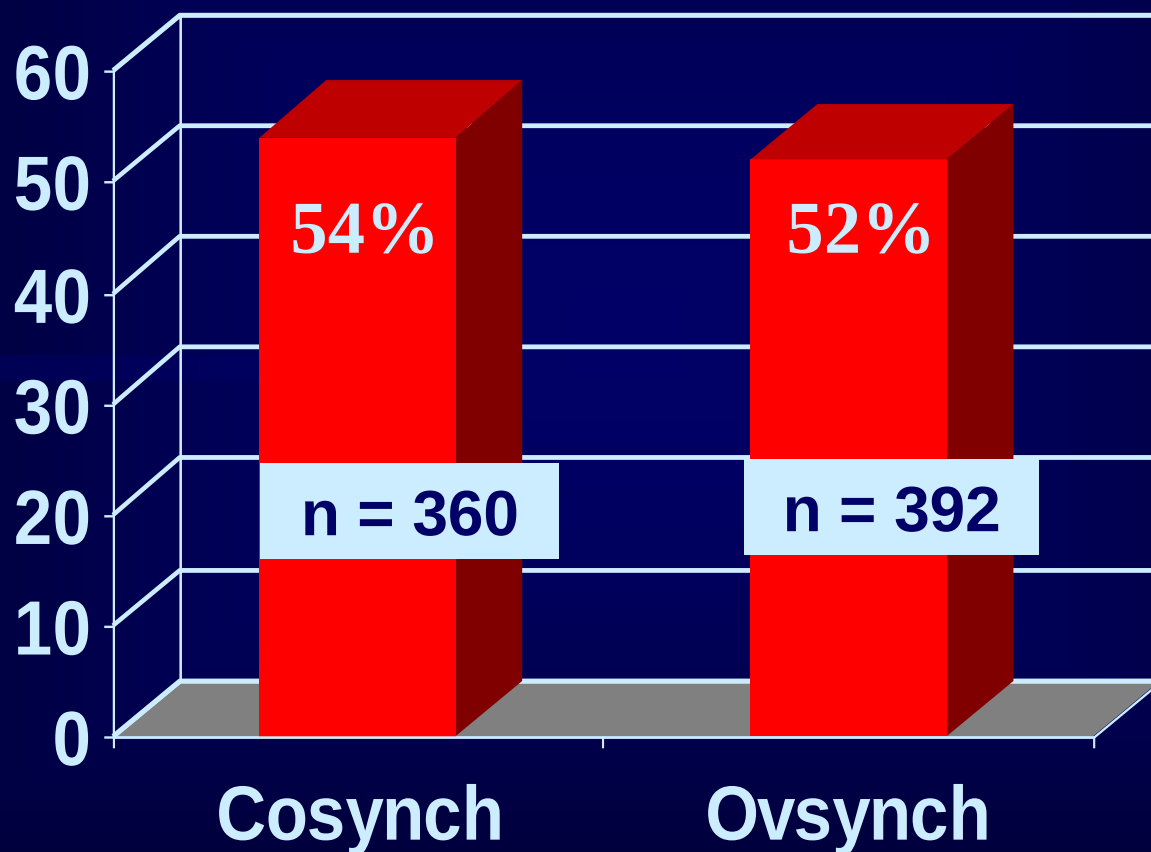
Cosynch

- Second GnRH given at time of AI



- Advantage: Reduced handling
- Possible disadvantage: Delayed ovulation

Pregnancy Rates (%)



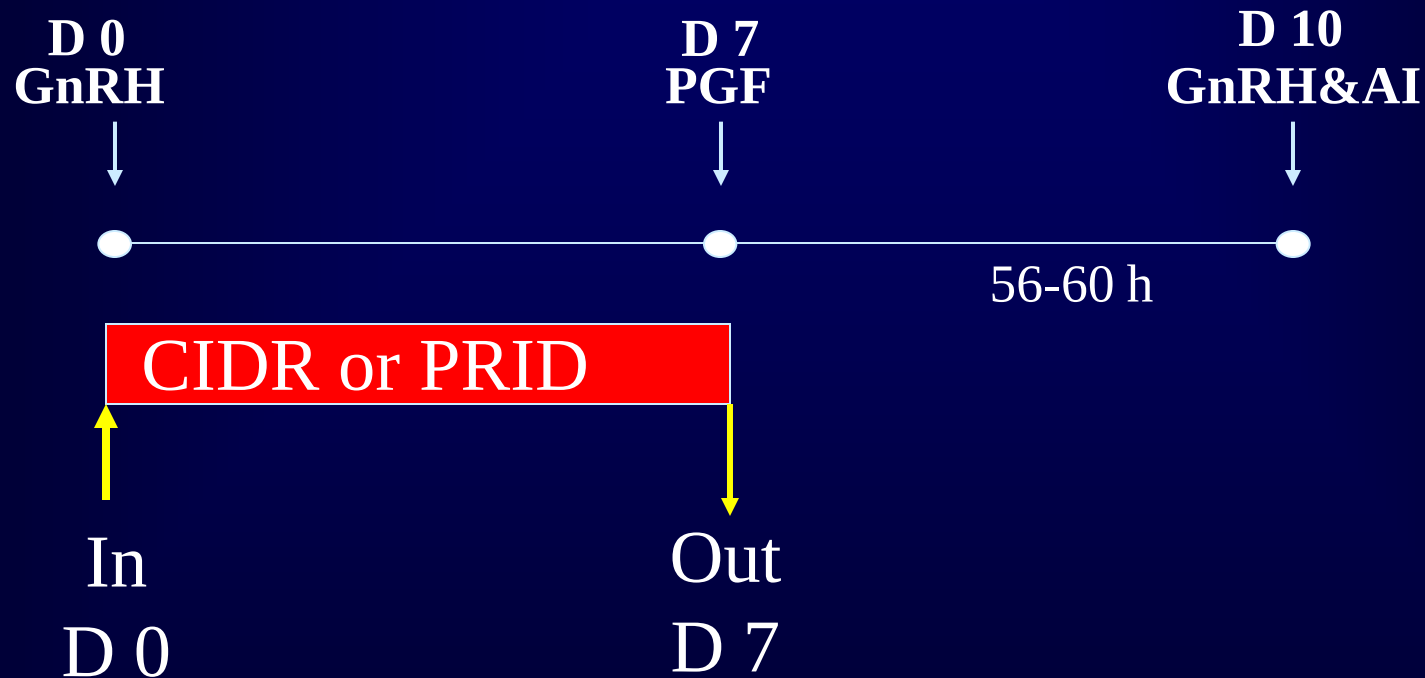
Geary et al., 2001

Pregnancy rates to AI in cows and heifers after estrus or Ovsynch

	IDE%	OVS/TAI%	P
Cows	39 (154)	38 (156)	>.10
Heifers	74 (78)	35 (77)	<.01
P	<.01	>.10	

Ovsynch/Timed AI is not effective in heifers

Cosynch plus CIDR or PRID



Pregnancy rate

<i>Category</i>	<i>Cosynch</i>	<i>CIDR+Cosynch</i>
Cows	n = 71 45.1%	n = 77 42.9%
Heifers	n = 23 39.1%^a	n = 25 68.0%^b

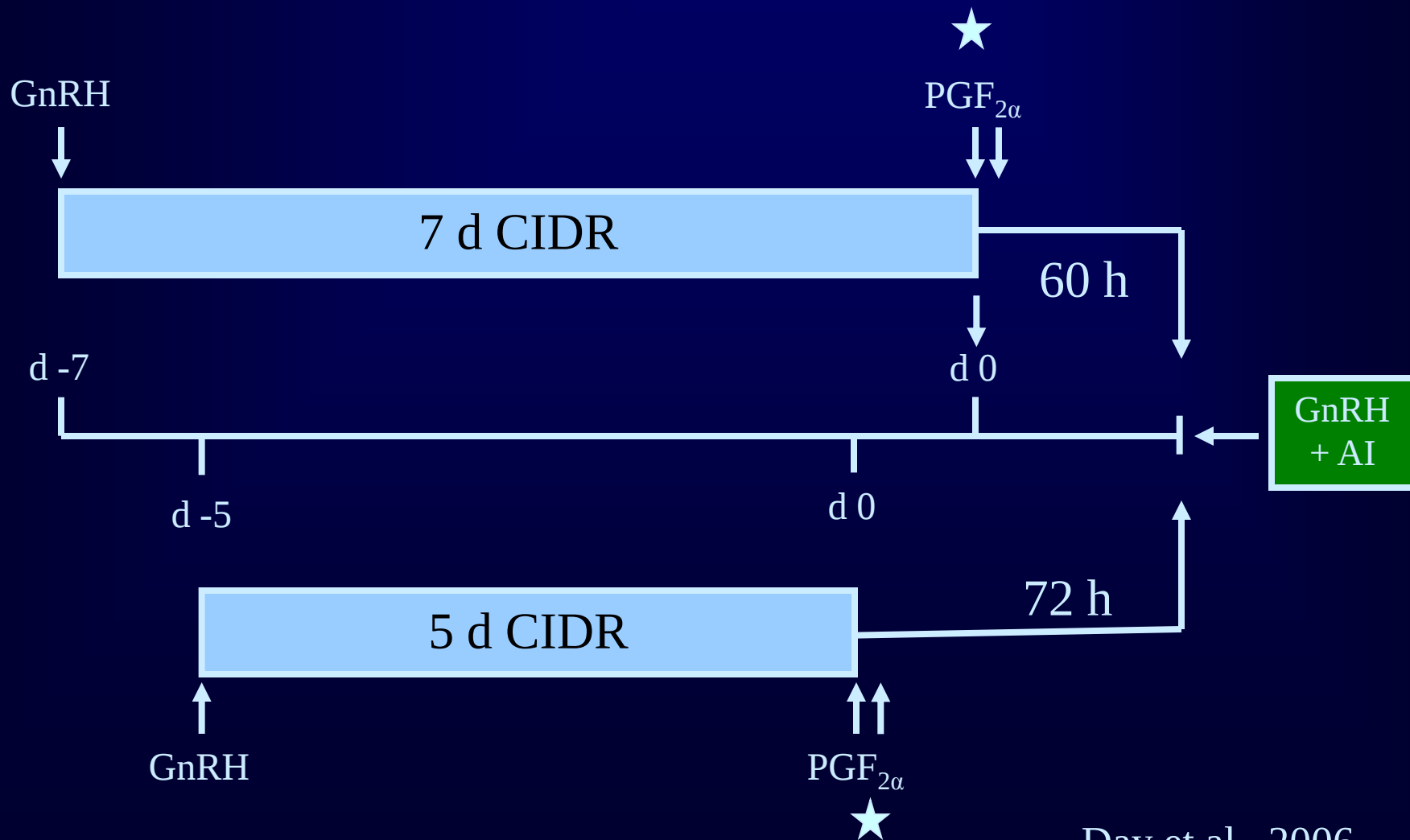
^{ab} (P<0.05).

Martinez et al., 2002

TAI protocol-Schedule (7d Cosynch & CIDR)

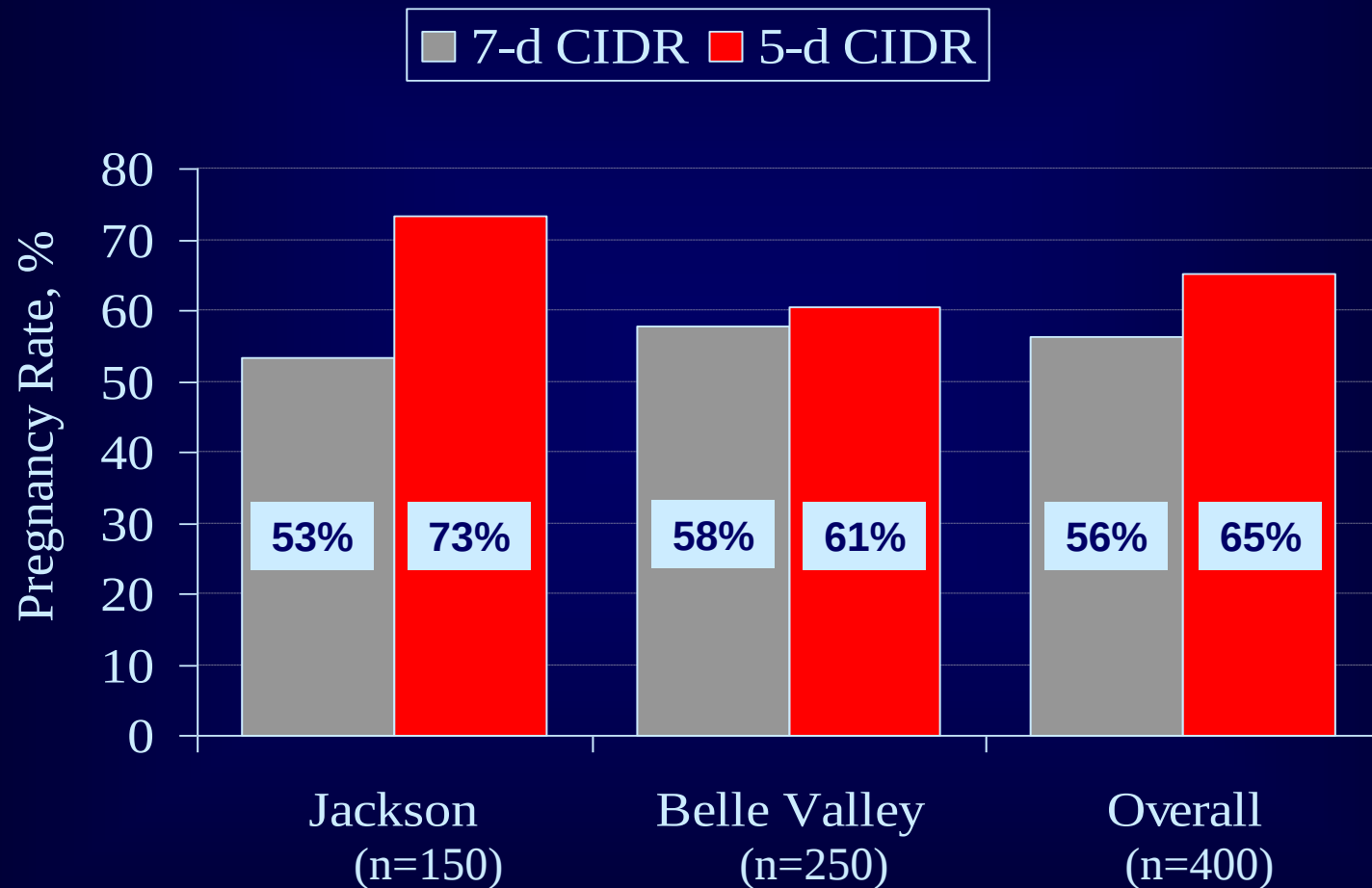
MON am	TUE am	WED pm	THU	FRI	SAT	SUN
GnRH CIDRi						
CIDRr PGF		GnRH & TAI				

Experimental Design - 5 d vs 7 d Cosynch



Timed AI Pregnancy Rate

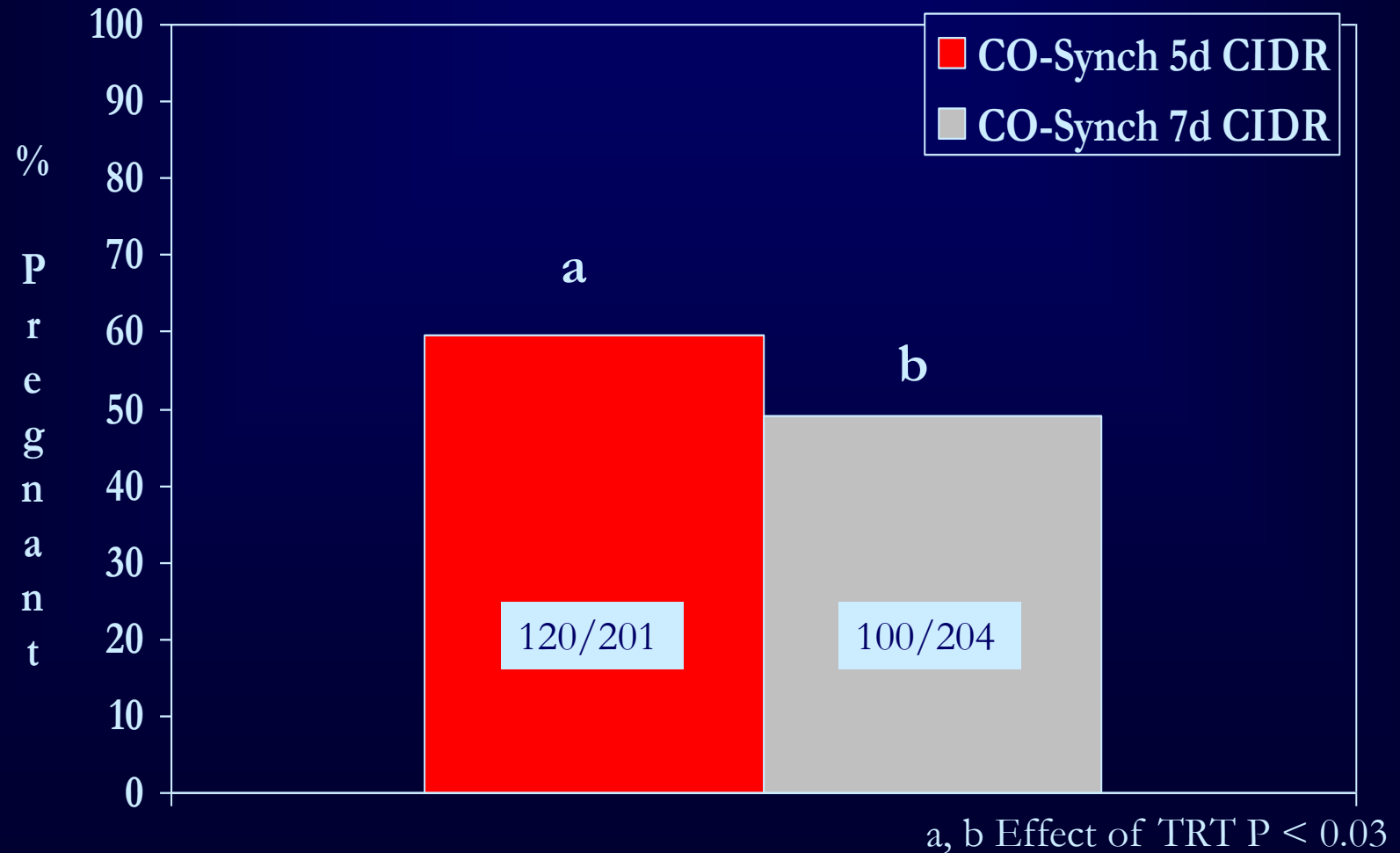
5 d vs 7 d Cosynch



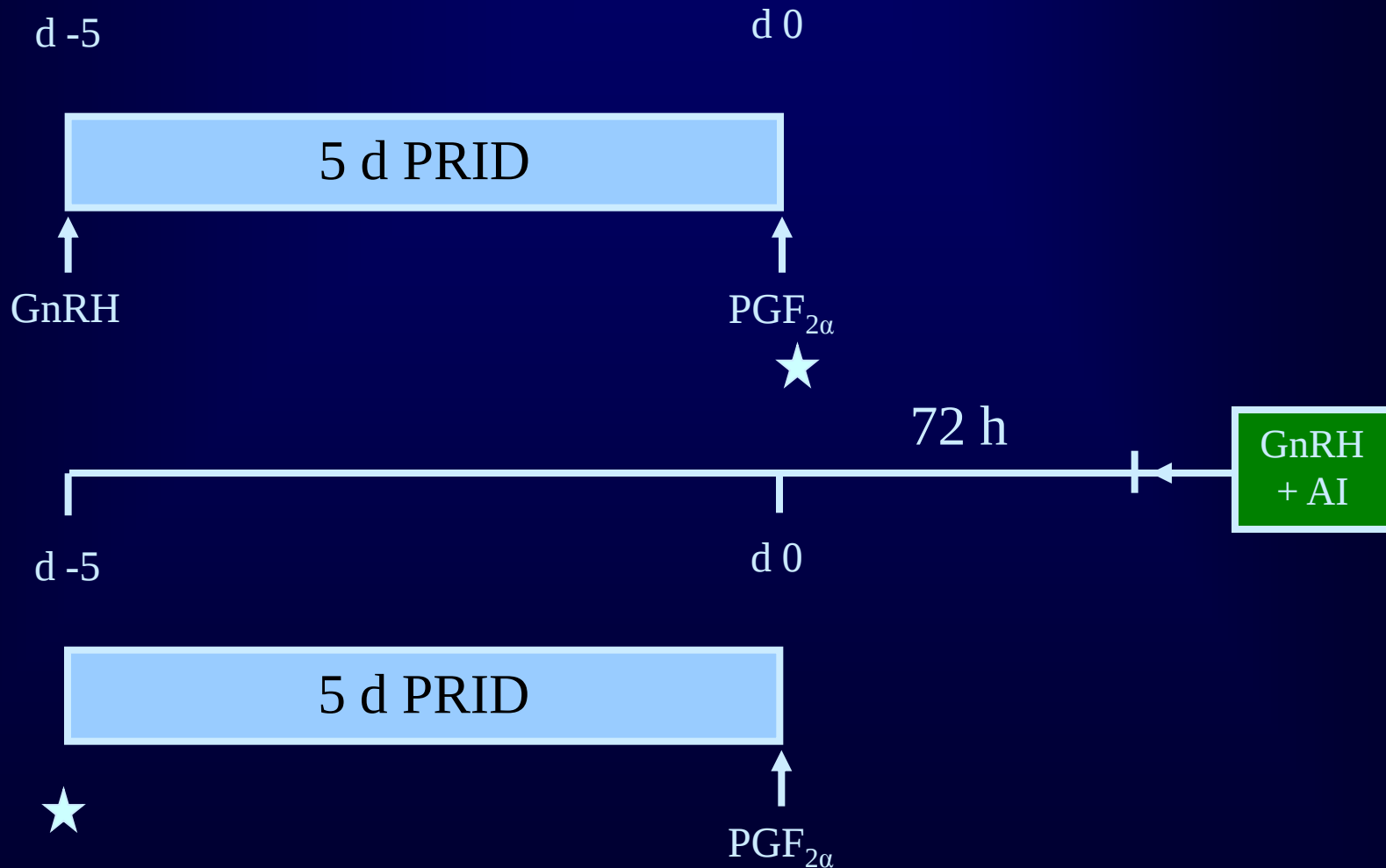
Trt, $P < .03$; TrtxLoc, $P = .08$

Day et al., 2006

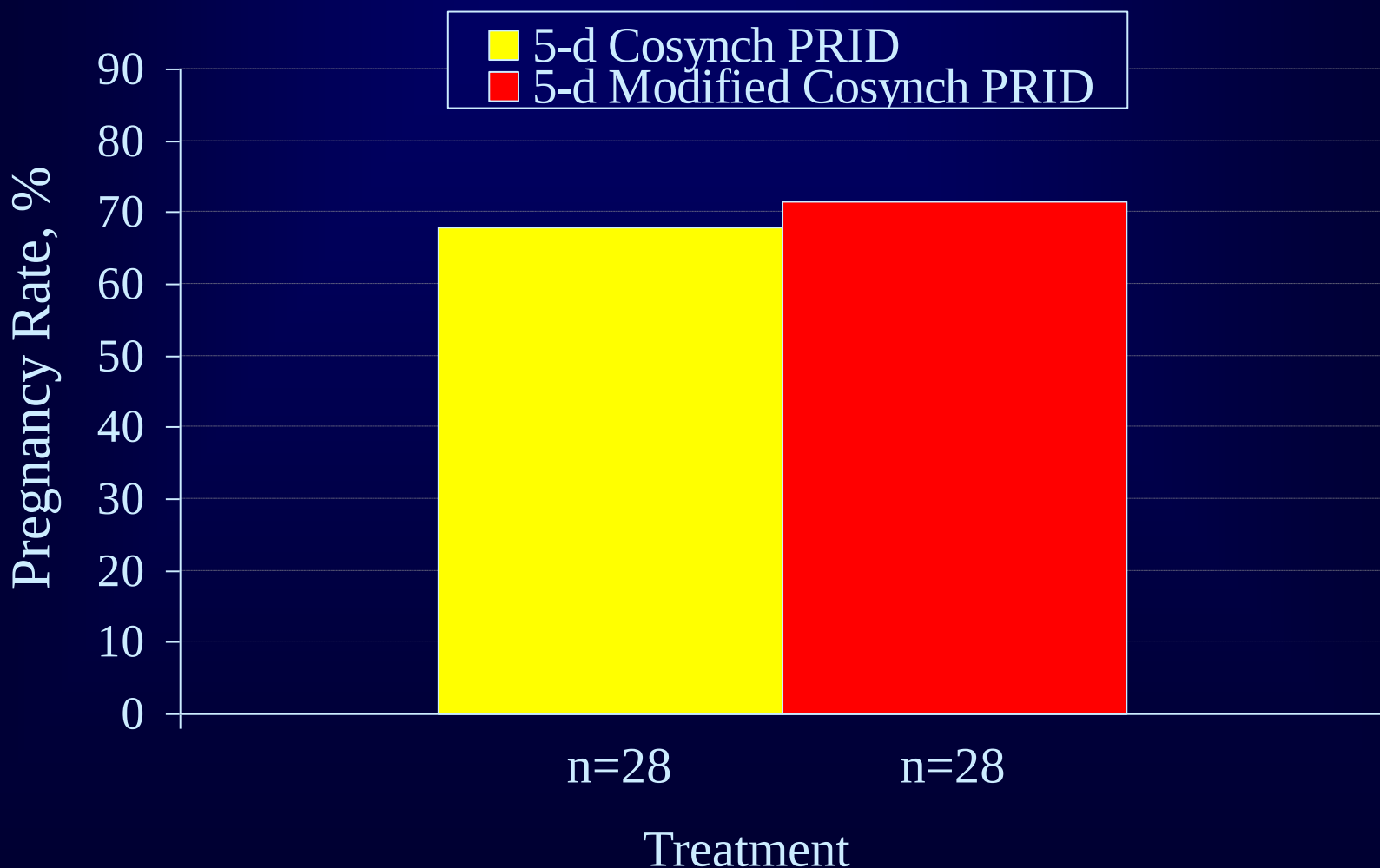
TAI Pregnancy Rate



Experimental Design - Modified 5 d Cosynch



Timed-AI Pregnancy Rate



Trt, $P > 0.05$

Colazo and Ambrose, 2011

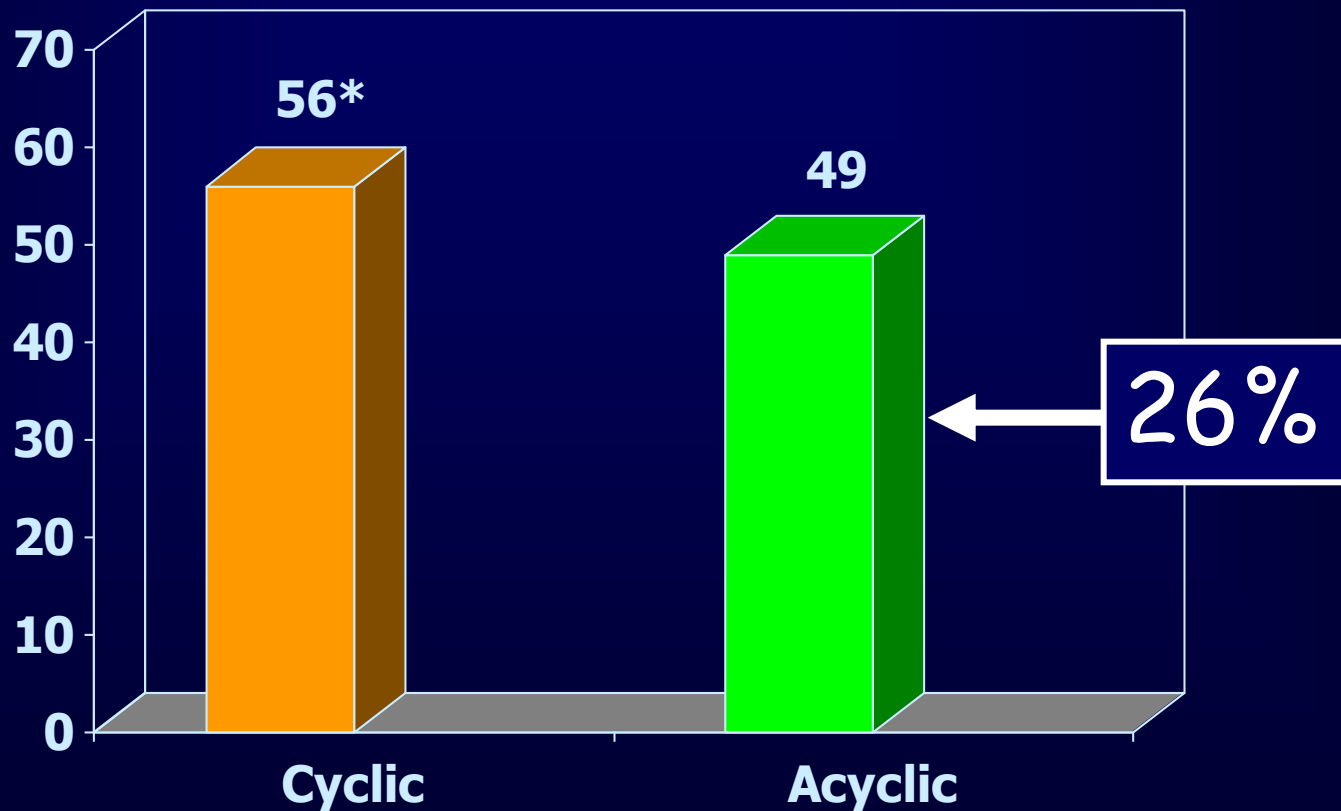
TAI protocol-Schedule (5d Cosynch & PRID)

MON am	TUE am	WED am	THU am	FRI	SAT	SUN
		GnRH PRIDi				
PRIDr PGF	PGF		GnRH & TAI			

Timed-AI programs: Overall results

- ✓ Studies published between 2000 and 2006
- ✓ Treated beef heifers: 3109
- ✓ GENMOD en SAS
- ✓ Pregnancy rate: 53.9 %
- ✓ Range: 47,3 % to 70,0 %

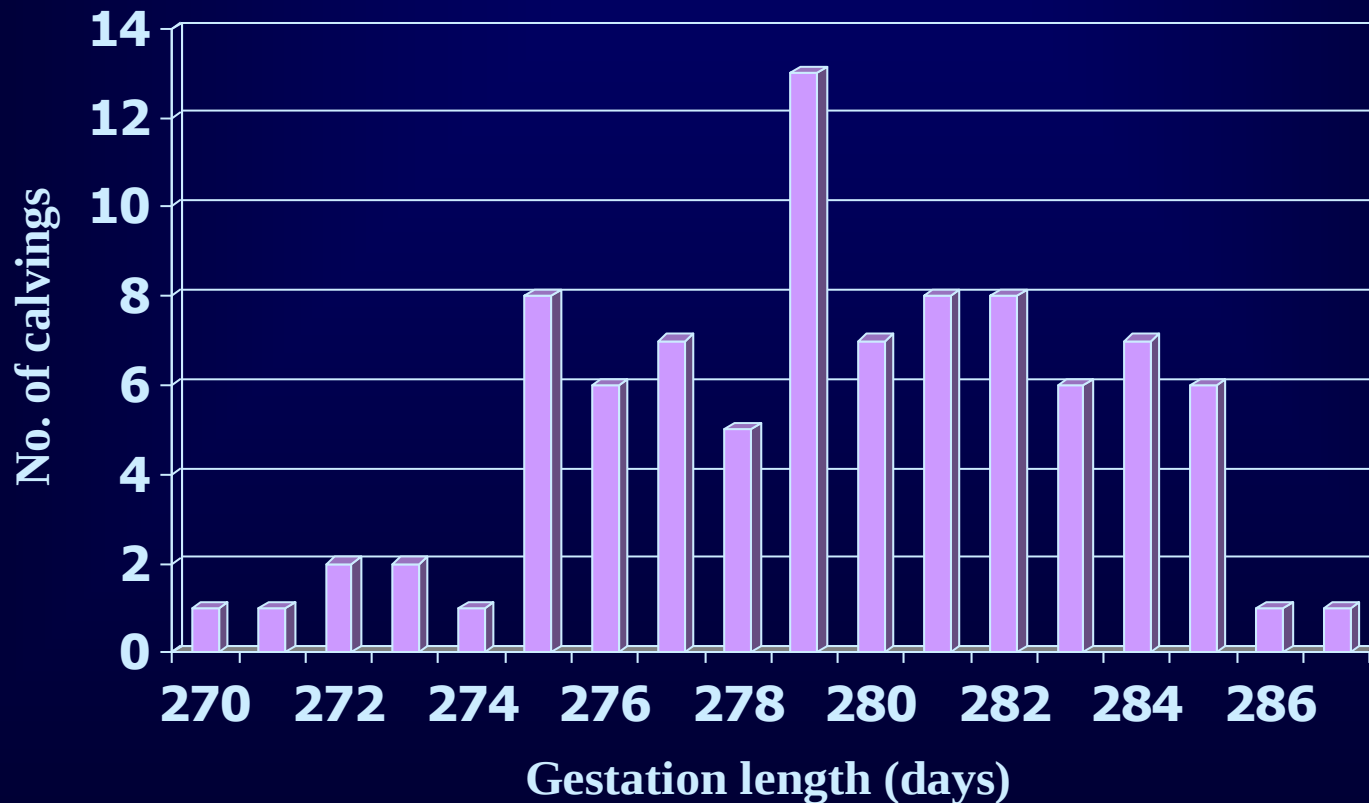
Timed-AI programs (Cycling vs. anestrus)



$P < 0.01$

$n = 3110$ heifers

Calving distribution of 90 beef heifers all bred on a single day



N = 90

Reuter and Rinette, 2009

Resynchronization of timed inseminated heifers with a used CIDR or MGA and E/P

Groups	CIDR				MGA		
	Control	CIDR	+E/P	+E/P/E	MGA	+E/P	+E/P/E
Preg. to 1st AI (%)	45.2 ^{ab}	47.3 ^a	49.5 ^a	33.3 ^b	54.8 ^a	45.2 ^{ab}	48.4 ^a
	42	44	46	31	51	42	45
Estrus rate (%)	88.2 ^{ac}	91.8 ^{ab}	95.7 ^a	95.2 ^a	83.3 ^{bc}	84.3 ^c	77.1 ^c
n	45/51	45/49	45/47	59/62	35/42	43/51	37/48
Conception rate (%)	62.2 ^{ab}	64.4 ^{ab}	73.3 ^a	59.3 ^b	40.0 ^c	53.5 ^{bc}	54.0 ^{bc}
n	28/45	29/45	33/45	35/59	14/35	23/43	20/37
Pregnancy rate (%)	54.9 ^{ab}	59.2 ^{ab}	70.2 ^a	56.4 ^{ab}	33.3 ^c	45.1 ^{bc}	41.7 ^{bc}
n	28/51	29/49	33/47	35/62	14/42	23/51	20/48
TAI & Rebreeding	75.3 ^{ab}	78.5 ^{ab}	84.9 ^{ac}	71 ^b	69.9 ^b	69.9 ^b	69.9 ^b

abcd_{Percentages are different (P<0.05)}

Resynchronization of heifers with a used CIDR (12,13 or 14 d after AI)

- ✓ 983 beef heifers TAI over 3 days
- ✓ All received a used CIDR device
- ✓ 336 heifers reinseminated over 5 days (78.2%)
- ✓ 542 pregnant to TAI (55.2%) and 232 pregnant to re-insemination
- ✓ Overall PR of 78.7%

Timed-AI programs: Cost per pregnancy based on 100 heifers

	CIDR/EB	CIDR/OVS	CIDR/COS7	CIDR/COS5	CIDR/COSM5
Drugs	\$ 26.5	\$ 30.0	\$ 30.0	\$ 35.0	\$ 26.5
Labour	\$ 300	\$ 300	\$ 240	\$ 300	\$ 240
Semen + AI	\$ 2500	\$ 2500	\$ 2500	\$ 2500	\$ 2500
PR	65%	55%	50%	65%	60%
Per Preg	\$ 83.8	\$ 105.5	\$ 114.8	\$ 96.9	\$ 89.8

May, 2004



THANK YOU !

Marcos G Colazo

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