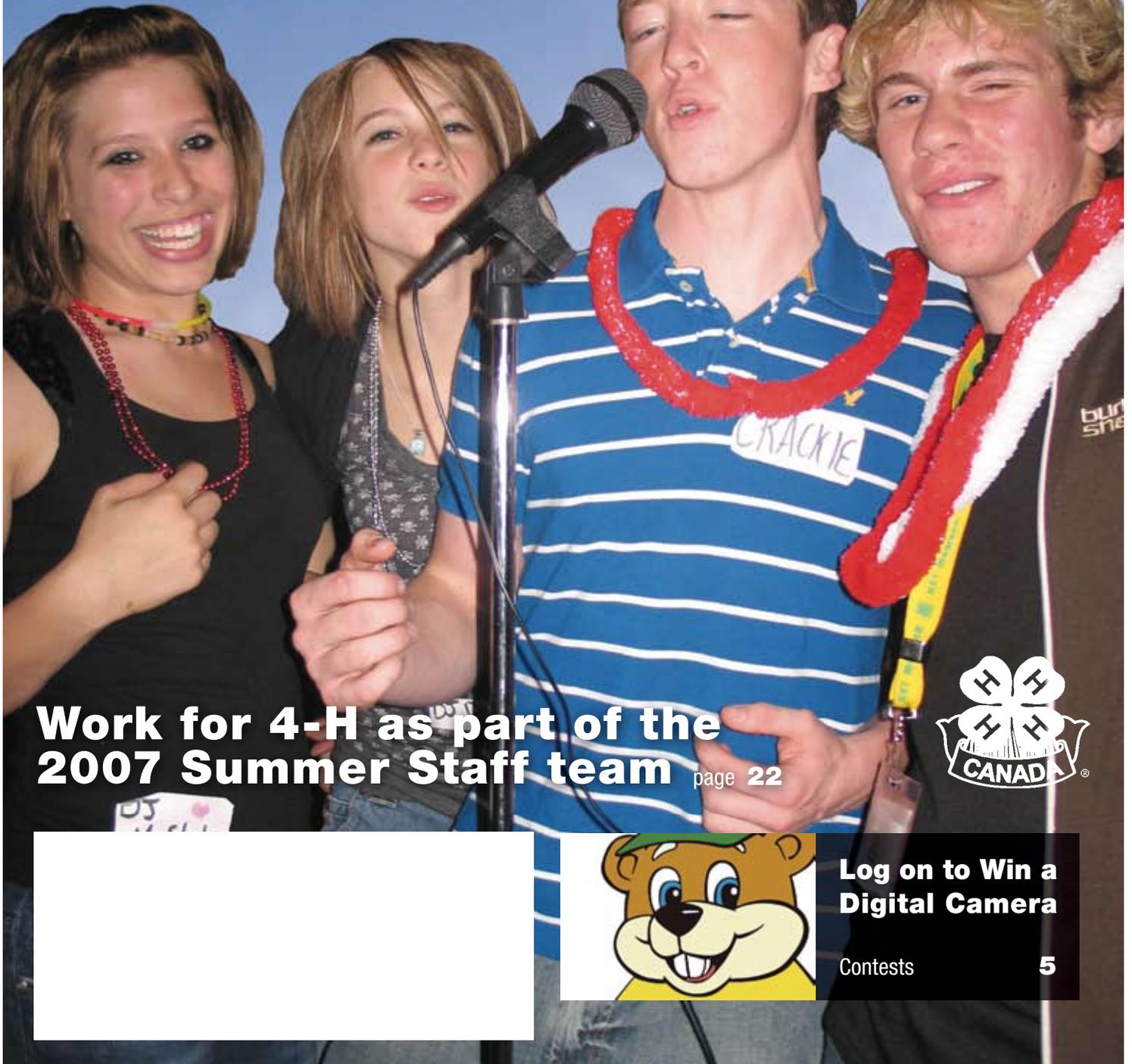


# 4-H MAGAZINE

www.4h.ab.ca



**Work for 4-H as part of the  
2007 Summer Staff team** page 22



**Log on to Win a  
Digital Camera**

Contests

**5**

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## Submission Guidelines

Your articles are important to us and we can't wait to see them in the next issue of the Alberta 4-H Magazine!

We spent considerable time working with members and leaders like you to determine what types of articles captivate 4-H'ers attention. To keep with the recommendations of your fellow members and leaders, please use the following guidelines:

### Please submit:

- Pictures – We want to see you and your friends taking part in fun activities. Remember to include the names of the people in the photo.
- Feature stories such as a large fundraising effort, special trip or innovative activity.
- Articles 325 words (1.25 pages double spaced) or less in length, highlighting only the most relevant activities of your 4-H activity, trip, exchange etc.
- Articles that encompass the 5W's: who what where when and why.

### Please avoid submitting:

- Long lists of results
- An overview of all activities your club has taken part in; please highlight only the most important ones
- Information on regular club activities that take place more than two months before the submission deadline

Although we will make every effort to accommodate each article received, articles may be reduced in size or withheld.

## Alberta 4-H Magazine

### Editor:

Vanessa Goodman

*4-H Specialist – Communication and Marketing*

### Administrative Assistant:

Cathrine Schribar

### Design & Layout:

Perpetual Notion Inc. – [www.perpetualnotion.ca](http://www.perpetualnotion.ca)

Submit your article and photos (preferably in electronic form) to [magazine@4h.ab.ca](mailto:magazine@4h.ab.ca), or by mail to:

### 4-H Branch

Room 200, 7000 – 113 Street  
Edmonton, Alberta T6H 5T6

*\*Please label photos with name, 4-H club, article, and return address.*

### Deadlines for submissions:

March 1, August 1 & November 1

### Distribution to public:

April 1, September 1 & December 1

## Advertising Inquiries

Please contact the 4-H Foundation of Alberta at 1.877.682.2153 or [foundation@4hab.com](mailto:foundation@4hab.com)

Deadline for submissions are February 15, July 15 & October 15

Publication Mail Contract #41132526. If undeliverable as addressed, please return with the forwarding address to 4-H Branch: Room 200, 7000 – 113 Street, Edmonton, Alberta T6H 5T6.

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## on the cover

Michelle Hand, Myranda Stewart, Colten Bodie and Greg Borduzak at Key Member Training in October

# Editorial



Really? Is it December? Didn't the fall issue of the 4-H Magazine come out yesterday? I am sure that this feeling of having stepped into a time machine is one that many of you can relate to.

Between school starting and harvest finishing, daylight lessening and temperatures dropping, clubs reorganizing and training weekends starting—the first few months of the 4-H calendar year are exhausting!

But here we are, in December, panicking slightly about the Christmas presents that we forgot to remember to buy and

twitching in anticipation for the pending holidays to begin. It is in the midst of all of this that I hope that you find an extra minute to scan through the December 4-H Magazine.

Take a look at "It's a Zoo in Here!" on page 31, which is a spotlight on the Maggs sisters who took a 4-H project and turned it into a moneymaking venture. Make sure you read about 4-H alumni Markus Hehli, who was selected for the Semex Canada/New Zealand Young Adult Exchange on page 30. Flip through the regional pages to see what other clubs have been keeping busy with and be sure test your "Fun Fact" knowledge. Actually, memorize the "Fun Facts" and use them as conversation starters at Christmas dinner. "Grandma, did you know that a moth has no stomach?" Trust me—it'll be a holiday homerun.

I hope that you all take some much deserved relaxation time this Christmas and enjoy the family and friends who inevitably eat your food and fill your house—but really, this is what the holidays are all about!

Merry Christmas to you and yours,

*Vanessa Goodman*

**Vanessa Goodman**

EDITOR  
ALBERTA 4-H MAGAZINE

## Contact List

4-H has a number of resource people to answer your questions and provide you with assistance. Below is a contact list for the Alberta 4-H Branch and 4-H Foundation of Alberta.

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# Contest

## Cleaver on the Move

Contest Deadline: February 25, 2007

Ever wonder what Cleaver is up to when he is not busy shaking hands and kissing babies? His schedule has been so hectic this summer that he feels like he is not keeping up with what is going on with 4-H, so he has decided that in his down time, he is going to cruise through the information on the pages of the 4-H website.

From September - February, Cleaver will be surfing around on **www.4h.ab.ca** and we want you to find him! Between the 15<sup>th</sup> and 25<sup>th</sup> of every month (beginning on September 15 and ending on February 25) he will make an appearance somewhere on the website. He might be on the main page, or perhaps a Regional page or maybe he has gone to read up on the Legacy Fund. It's anyone's guess!

All you have to do is make sure that you visit the 4-H website between the 15<sup>th</sup> and 25<sup>th</sup> of every month (and any other time that you just want to see what's new with 4-H), fill out the form below, and state the page address that you spotted Cleaver. If you get all of the answers right, your name will be entered in a draw. The diligent Cleaver-spotter whose name is drawn will have their efforts rewarded with a digital camera!

Please mail this entry form by February 25, 2007 to the 4-H Branch Office.



### Check out the hints below for Cleaver locations in September, October, and November.

September 15 – 25 (Cleaver was checking out Agriventure and other 4-H exchanges)

October 15 – 25 (Cleaver wanted to find upcoming provincial events)

November 15 – 25 (Cleaver was amazed at the money available for clubs, districts and regions)

## Official Entry Form

**ANSWER EXAMPLE:** WWW.4H.AB.CA/LEGACY FUND

SEPTMBER 15 - 25

OCTOBER 15 - 25

NOVEMBER 15 - 25

DECEMBER 15 - 25

JANUARY 15 - 25

FEBRUARY 15 - 25

NAME

AGE

MAILING ADDRESS

CLUB NAME

PHONE

Your signature below indicates that you agree to release this information. Please call (780) 427-4466 if you have any questions about this statement.

Signature of parent or guardian (or 4-H member if aged 18 years or over).

SIGNATURE OF PARENT OR GUARDIAN

Send submissions by February 25, 2007 to:

4-H Branch  
200, 7000 – 113 Street  
Edmonton, AB T6H 5T6  
Fax: 780.422.7755

*Personal information on this form is used for administration of the 4-H program under the authority of the Freedom of Information and Protection of Privacy Act. Information provided is protected under the Freedom of Information and Protection of Privacy Act. If you need more information, contact the provincial 4-H office at (780) 422-4444.*

# Provincial Events

## Key Training for Key People

BY JESS HAINSTOCK

4-H MEDIA RELEASE COORDINATOR

### Key Member Program

In its second year of existence, the 4-H Key Member program trained and entertained 32 delegates on October 13-15. Members arrived at the Alberta 4-H Centre on Friday night and bunked in for a weekend of introduction, education and of course, karaoke.

Starting with a clever derivative of the popular website *MySpace*, Key Members filled out a *KMSpace* profile, citing their favourite phrases, their astrological sign, their 4-H projects and their motivations behind being a Key Member. After a time of scavenger hunting and tinfoil-hat making, Key Members relaxed and reconnected. Delegates were up before the sun on Saturday morning, stretching their way through various yoga postures and sequences. "If yoga is supposed to be so relaxing," Rob Smith, 4-H Specialist, asserted, "then why is it so painful?"

The rest of the day was full of sessions that ranged in topics from publicity and media releases, to "getting yourself known within your District" to increasing general 4-H knowledge to effective communication. Motivational speaker Phil Marshall spoke to making dreams into realities. Marshall challenged the Key Members with this idea through breakout sessions and open discussions. The karaoke machine was alive and well on Saturday night with delegates doing some vocal styling, dancing and DJ-ing. Awards were given out for most unique DJ name, highest number of onstage appearances and most impressive spot dances.

Sunday morning's schedule consisted of Key Member etiquette, performance expectations, weekend evaluations, and goodbye hugs. But as second year Key Member Rita Leask commented, "The best part is about to start—now we get to take everything that we learned here this weekend, bring it back to our clubs and districts and start to make a difference." Leask and her fellow Key Members, who were all chosen by



Amber dressing up Key Member style

their district for a one-year term, will spend the next twelve months acting as a member liaison, youth resource and role model in their respective 4-H district.

Leaders, clubs, councils, committees, districts and regions are encouraged to put your Key Members' talents to great use. To learn more about the Key Member program or to get contact information for your Key Member, call your Regional 4-H Specialist or Nicole Hornett, 4-H Intern, at 310-0000 then 780-422-1834.

Thanks to Agrium's generous sponsorship of the Key Member training weekend.

**Agrium**  
4-H Youth  
Leadership Initiative



Cayli MocarSKI and Kari Bergerud DJ'ing Karaoke

### Key Leader Program

Being that 4-H is a volunteer-based organization, leaders are a special group of people given all of the time that they put into their club with planning, facilitating, educating and laughing. After the 11<sup>th</sup> annual Key Leader weekend of training, held at the Alberta 4-H Centre October 27-29, it was obvious that everyone enjoys the time that it takes to be an effective leader.

Much was covered in the training sessions, starting on Friday with a Risk Management update from Marguerite Stark, 4-H Branch Head and ending on Sunday morning with Key Leaders being split into two groups to be versed in the applicable training, whether it was the Level 3 workshop, or the Level 1 and 2 training module for new Key Leaders.

Topics that were discussed in-between ranged from 4-H Specialist Rob Smith presenting on 4-H and its future and how it all relates to Rural Development. Yvonne YaremCIO, 4-H Resource Contractor, introduced the newly designed "Building 4-H Councils" workshop and took Key Leaders through the curriculum. Hands-on ideas were provided by 4-H Specialists Stacy Murray and Janet Kerr's "Pledge and

Program Planning” sessions that focused on incorporating the 4 H’s into club activities and how to program for the ‘3 C’s’—club, community, country.

Nicole Hornett, Special Projects and Programming Intern, took an opportunity on Saturday to identify the connection between Key Members and Key Leaders and explain the division of responsibilities between the two. Marketing Coordinator Susann Stone proposed the “90 years of 4-H in Alberta” promotion, which is a campaign set to launch in 2007. Jocelyn McKinnon, 4-H Specialist as well as an organizer of the Key Leader Training weekend, presented the feedback and photos her recent trip overseas where she took the initial steps towards creating a 4-H organization in the Ukraine.

The introduction of the very exciting new funding that is available to councils and clubs, was highlighted by sponsor liaison Henry Wiegman and Alberta 4-H Foundation CEO Bruce Banks on Sunday morning

The purpose of the Key Leader Training weekend is to educate leaders and impart skills, knowledge and 4-H news to ensure that every club and district is receiving the most accurate and up-to-date information. Key Leaders are selected by District Councils on an annual basis to act as a support to districts and committees based on their exemplary service, their proven leadership abilities and their contagious enthusiasm. 🌟



**Provincial Events**

**JAN 12-14 LEADERS**  
4-H Leaders' Conference

**JAN 26 - 28**  
Senior Members Conference

**MARCH**  
Alberta Girls Parliament

**MAR 15**  
Canadian/Japanese Exchange Deadline

**MAR 15**  
Trees For My Community Deadline

**MAR 8-13 (TENTATIVE)**  
On-Line Beef Bowl

**MAR 8-13 (TENTATIVE)**  
On-Line Horse Bowl

**MAR 31**  
Provincial 4-H Public Speaking and Presentations Competition

## Decisions, Decisions... Can Lead to Prizes and Trips

BY STACY MURRAY

REGIONAL 4-H SPECIALIST

2007 is an exciting year to be a non-livestock 4-H member. The first ever Provincial Consumer Decision Making competition will be held in Olds August 10-12.

Why should members come?

- Win great prizes
- Have a lot of fun
- Meet new friends
- Maybe even learn something new

Every time you go to a store you make decisions about how to spend your money. This summer in Olds, members who are 14+ will have the chance to make those same types of decisions...but the good news is, these decisions are for prizes!

At the same time, adults will have a chance to learn more about this type of competitive decision making. There will even be some prizes for them.

Just as the livestock judging and hippology competitions have travel opportunities as a result of their provincial competitions, members attending the Provincial Consumer Decision Making competition in 2008, and who are 16+, will have the opportunity to win a trip to the Western 4-H Round-up in Denver, Colorado.

Information to help members prepare for the competition portion of the weekend will be provided in advance. A second component of the competition will be the ‘group think’ or team judging class. This should be a lot of fun and a great chance to work with some other members in order to make decisions and explain the reasons behind those decisions.

More information and application forms will be available in the next magazine. We hope to see lots of you there. 🌟





Cleaver the Beaver



Ryan Hodgson



Susann Stone



Janet Kerr



Julie Ulseth

# Ask An Expert

## Have all your 4-H questions answered by these seasoned pros!

### Cleaver the Beaver, 4-H Mascot

**It just doesn't seem like there are as many fun, provincial 4-H events in the winter like there are in the summer. What can you recommend for someone looking for a weekend away from home at an awesome 4-H winter event?**

Away from home indeed...why wouldn't you want a weekend away from siblings and homework? Let's see....one of my all time favorite winter events is Senior Members Conference. It's held at the Alberta 4-H Centre and planned by Ambassadors, which already has the makings of a memorable 4-H camp. If you're not quite old enough to attend SMC, you may want to hit a regional winter camp for junior or intermediate members. Regional camps are closer to home and are sure to have all your local 4-H friends in attendance. And in case you want to be really adventurous, the 4-H Alumni clubs throughout the province often host ski trips to the mountains and winter camps...an easy bet for a great time.

### Ryan Hodgson – Alberta 4-H Premier's Award Winner

**What does the Premier's Award Winner actually do? Do you get to be the Premier of Alberta for a day?**

Man oh man!! The things I would do if I were Premier for a day!! Unfortunately the Premier's Award Recipient does not get to be Premier for a day. But I do get to represent Alberta 4-H members at provincial 4-H programs such as Leader's Conference, Selections, and to media and sponsors. In addition, I get to attend one event in every 4-H region. I am also an Alberta 4-H Ambassador, which means planning events like Senior Members Conference and doing workshops for 4-H members. I also have the opportunity to travel to Edmonton to meet the Premier of Alberta for the official presentation of the Premier's Award—and my family and I are treated out to a dinner. I have enjoyed my time as the Premier's Award Winner, getting to meet new and prospective 4-H members and leaders, and being an Ambassador has given me the opportunity to promote 4-H even more.

### Susann Stone – 4-H Foundation of Alberta

**I see lots of 4-H members with 4-H mugs, 4-H pens, Cleaver the Beaver key chains, and 4-H cookbooks. Where is everyone getting these cool 4-H products?**

4-H items are a great way to show your club's appreciation for speakers, judges, and honored guests, as well as the dedication of leaders and members. Alberta 4-H items can be

obtained from the 4-H Foundation of Alberta. The 4-H items that can be ordered range from tools to make your 4-H life organized (clip boards, bags, pens, pencils, calculators and alarm clocks) to common items for use in the home (classy coffee mugs, drinking glasses, water bottles and cookbooks). For fun and collectable items, we have stuffed Cleaver the Beavers, key chains, bracelets, ball caps and much more. We are always looking for new ideas, so if you have any suggestions that your club would use as gifts or awards, please pass them along. At Leaders Conference each year, new items are launched and others go on special so don't forget to send your leader with an order! The current listing of souvenir and award items can be found on [www.4h.ab.ca](http://www.4h.ab.ca) or by calling 1-877-682-2153.

### Janet Kerr – 4-H Regional Specialist

**As the leader of a 4-H club, I want to make sure all my members apply for the Alberta 4-H Awards of Excellence. What is required of the members in order to apply for these awards and how do I go about ordering them?**

Congratulations on wanting your members to receive their Awards of Excellence. For members to receive their awards, they must complete a Yearly 4-H Diary every year and submit it to the leader from your club responsible for marking diaries. When checking diaries, the leader should check to make sure that the member participated in the events they indicated and that they have not missed any activities, sign each diary to indicate that it is correct, and keep a record of the number of points for each member. After all diaries are marked from the previous year, obtain an "Award of Excellence" order form either from your club contact or the 4-H website ([www.4h.ab.ca](http://www.4h.ab.ca)). Then, check the points for each of the members in your club. If any of them just reached 90, 150, 220, or 320, order the correct type of medallion, either bronze, silver, gold or platinum. Send the order form in to your Regional 4-H Office and contact the Award of Excellence sponsors to make the presentation to your members at your club's awards event.

### Julie Ulseth – Provincial 4-H Alumni Coordinator

**I plan to move to Lethbridge next year to attend University, but want to stay in touch with all my 4-H friends. Is this possible if I join the 4-H Alumni?**

Most definitely! The goal of the alumni is to keep former, new and current 4-H members, who are 18 and older, connected to existing friends, new friends and the rest of the 4-H family. After all, "4-H Friends are Forever Friends." Keeping with a focus of FUN! FUN! FUN!, alumni clubs generally meet once a month from September to May to do some wacky activity. Most clubs also meet to organize a couple main programs for their region such as Snowfest, Frosty Fun, Ski Trip or Calaway Caper. We have five alumni clubs across Alberta to allow you to all enjoy the fun and make sure that the friends that you have made during your years in 4-H never seem too far away! You can join any time—just contact the alumni closest to you or the provincial 4-H alumni at [alberta4halumni@hotmail.com](mailto:alberta4halumni@hotmail.com).

# FUN AND GAMES

## CROSSWORD

**4-H STAFF & LOCATIONS**  
 (Use all clues for both crosswords)

- AIRDRIE
- ALTMAN
- BAIRD
- BARRHEAD
- BOORSE
- BRABAZON
- DEALEXANDRA

### WORD SEARCH EASY

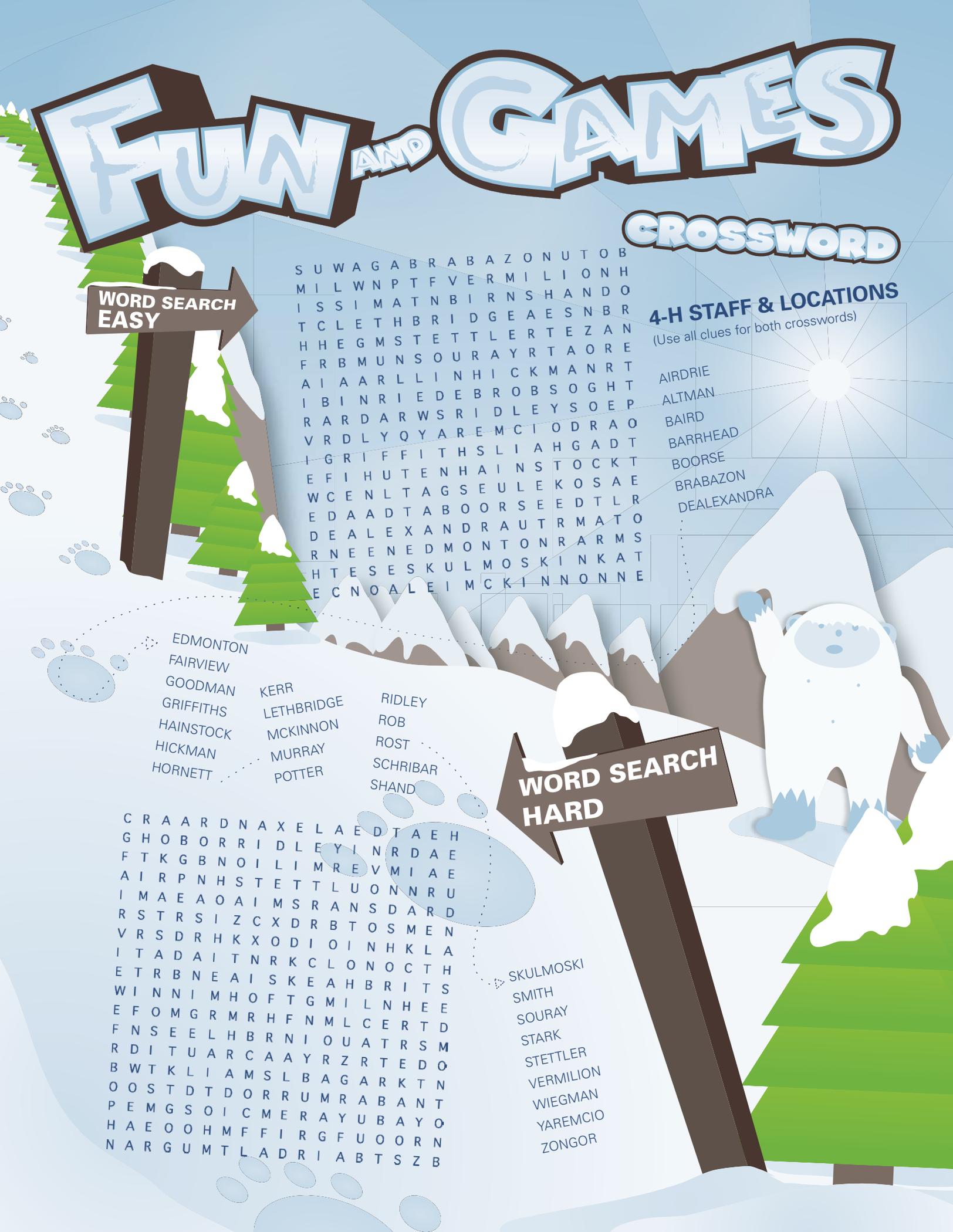
S U W A G A B R A B A Z O N U T O B  
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 I S S I M A T N B I R N S H A N D O  
 T C L E T H B R I D G E A E S N B R  
 H H E G M S T E T T L E R T E Z A N  
 F R B M U N S O U R A Y R T A O R E  
 A I A A R L L I N H I C K M A N R T  
 I B I N R I E D E B R O B S O G H T  
 R A R D A R W S R I D L E Y S O E P  
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 I G R I F F I T H S L I A H G A D T  
 E F I H U T E N H A I N S T O C K T  
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 E D A A D T A B O O R S E E D T L R  
 D E A L E X A N D R A U T R M A T O  
 R N E E N E D M O N T O N R A R M S  
 H T E S E S K U L M O S K I N K A T  
 E C N O A L E I M C K I N N O N N E

- EDMONTON
- FAIRVIEW
- GOODMAN
- GRIFFITHS
- HAINSTOCK
- HICKMAN
- HORNETT
- KERR
- LETHBRIDGE
- MCKINNON
- MURRAY
- POTTER
- RIDLEY
- ROB
- ROST
- SCHRIBAR
- SHAND

### WORD SEARCH HARD

C R A A R D N A X E L A E D T A E H  
 G H O B O R R I D L E Y I N R D A E  
 F T K G B N O I L I M R E V M I A E  
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 O O S T D T D O R R U M R A B A N T  
 P E M G S O I C M E R A Y U B A Y O  
 H A E O O H M F F I R G F U O O R N  
 N A R G U M T L A D R I A B T S Z B

- SKULMOSKI
- SMITH
- SOURAY
- STARK
- STETTLER
- VERMILION
- WIEGMAN
- YAREMCIO
- ZONGOR



## 4-H WPCA Mentorship Program

Another summer ended, another successful opportunity program completed. The WPCA 4-H Mentorship Program was a hit with Alberta 4-H members and parents in Alberta and British Columbia, thanks to the support of EnCana. Here's a first hand look at the experiences from the drivers' point of view.

### Chad Harden and Family

*What was the highlight of the Mentorship Program for you and your family?*

It is clear that the 4-H members gain confidence in working with the horses, and we are able to give them more responsibilities as the weekend progressed. We witnessed a greater understanding that the 4-H members have about chuckwagon racing and the teamwork it takes to be successful.

*What did you learn from your experience?*

The most important thing I learned was the amount of energy they bring to our chuckwagon team. Additionally, every 4-H member is different and it's important to make every experience a good one for the members.

### Obrey Motowylo and Family

*What was the highlight of the mentorship program for you and your family?*

The highlight was seeing the ambition and interest that every 4-H member had shown throughout the course of each tour stop.

*Did you find it to be a benefit to have 4-H members as a part of your team?*

Definitely, each member took great pride in working hard to make our team stronger. I think the program is a great opportunity for 4-H members to experience first hand the chuckwagon way of life.

### Rick Fraser and Family

*What was the highlight of the Mentorship Program for you and your family?*

The highlight was meeting the members. They all had such different personalities but they all fit in. They all live the 4-H motto of Learn to do by Doing. Whether it was hauling hay, bedding stalls, fixing meals, or grooming the horses, everyone got involved to their full capacity. We felt proud that we were able to include and show a young person the ropes of the chuckwagon circuit. And best of all, we made some new friends and fans.

*Based on your experience this past summer, do you feel that the 4-H program provides a benefit to its members?*

The 4-H program is such an awesome program for the members. It gives them the opportunity to get a taste of the life of a chuckwagon family. There is the care and grooming of the animals, promoting the sport at different venues, and the family time. The members involved see that we are families that travel together for the summer doing what we love to do.



Chad Harden's mascot Skippy with Kelly Gallivan



Sue Fraser, Melissa Schlenker and Rick Fraser



Jerry Bremner and Alix Hornoth

## Jerry Bremner and Family

*What was the highlight of the mentorship program for you and your family?*

The highlight for me was to see how enthusiastic they were to be involved and how they became part of the team and the excitement when we raced. Also the buckle presentation seemed to top it off for them.

*Do you see the 4-H members that you mentored this summer or future participants becoming future employees of yours?*

I don't think it would be out of the question that some day a 4-H member that participated in this program would work for myself or some other wagon driver. The 4-H program instils good values into these members. They were all very polite and fun to be around.

## Shane Cartier and Family

*What was the highlight of the mentorship program for you and your family?*

The enthusiasm that each different 4-H kid showed for the program was exceptional. They had such interest in what we are doing. It was really refreshing!

*What was the main thing that you wanted to teach the 4-H member?*

Just an appreciation for what goes into what we do behind the scenes to make our team a success and to help put on the races each night.

## Will the WPCA 4-H Mentorship Program be available again in 2007? The answer is YES!!!

The planning process is under way for 4-H members to join a WPCA driver and their team at one of the 10 Dodge Pro tour stops in the summer of 2007. Contact the 4-H Foundation of Alberta for more information (1-877-682-2153).

Alberta 4-H Members can apply if they are 12 years and older, currently an active 4-H member in any project, able to perform manual labour, experienced with horses, able to demonstrate initiative and interested in the sport of Professional Chuckwagon Racing. 4-H members are required to present follow up information after the completion of their experience.

### How to Apply:

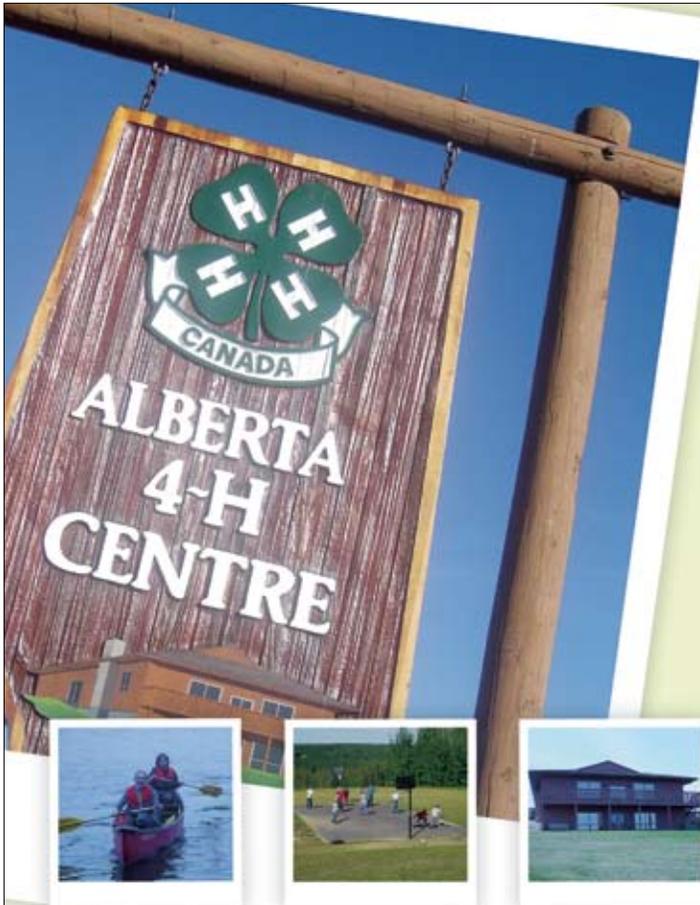
Submit an essay (300-500 words) detailing why you would like to participate. Be sure to highlight any previous experience with horses and why you should be selected. Also include your name, club, address, phone number and email.

### Deadline:

April 20, 2007

Accepted by: Mail, fax, and email.

4-H Foundation of Alberta  
RR # 1  
Westerose AB TOC 2VO  
Fax : 780-682-3784  
Email: foundation@4hab.com



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Fax: (780) 682-3784  
Email: foundation@4hab.com  
www.4hab.com



## Standardbred Project Received a 10 out of 10

BY 4-H MEMBERS IN THE STANDARDBRED PROJECT

Ten enthusiastic members took part in the Standardbred project, and all ten agree that it was well worth the time. Each year, Standardbred breeders donate yearlings to the program, which become the responsibility of the 4-H members to raise and train until the year-end sale. The club (made up of members from across the province) gets together for meetings, track days, farm visits, and the yearling sale. It is necessary for members to complete levels 1-3 horsemanship before enrolling in this project to ensure that they can handle and train the yearling properly.

Some personal experiences from the members in this year's project...

**Chelsea Schnurer** - I have been involved in this project for three years because it is fun, enjoyable, and informational. At track days, we go to Northlands Park in Edmonton and get paired up with breeders and trainers. We learn how the breeders schedule their mornings and even get to go on the track and jog a horse. Thanks to Liz's incredible efforts in this program. This is definitely a program to check out.

**Michelle Kelly** - This program is incredible with many learning experiences. This was my third year and I am still learning lots about the racing industry. Our day spent at the track was loads of fun as was the camp out at Liz Hennessey's farm. The sale was also an exceptional opportunity to meet many new people, including owners and potential buyers. I



Members and leaders of the Standardbred Project

am glad that I have had the chance to be involved in this interesting industry.

**Janelle Cameron** - I am 15 years old and a fifth year member of the Porto Bello Buckaroos. This was my first year in the Standardbred Project. I have enjoyed working with my colts and anything to do with horses. I am having tons of fun in this project. Thank you to everyone who has helped out and to all the breeders.

**Lucas Grover** - I have been a 4-H horse member for years, where I have taken projects ranging from ranch horse to jumping. I have learned about handling, feeding, training and health programs. I thought it would be great to try this project to learn about the racing industry. As I plan to become an equine veterinarian, this experience has helped me learn so much more about the health and feeding programs of racing animals.

**Erica Lee** - This is my second year with this project, and my 6<sup>th</sup> year in 4-H. I belong to the Big Valley Outriders 4-H Horse Club. This year I was very lucky to be working with a colt named Zippy Delivery, which I enjoyed greatly. My year with the Stan-

dardbred Project has opened my eyes to a whole new area of the equine industry and I am very thankful for it.

**Monica Lee** - I am currently a member of the Big Valley Outriders 4-H Horse Club. This is my ninth year in 4-H and my second year in the Standardbred Program. I had the great opportunity to work with a colt this year named "No Not Tonight". I would like to take this opportunity to thank all the breeders and representatives involved in the Standardbred Program for this wonderful opportunity.

**Jessica Ruskowsky** - I love working with young horses and challenging myself to do the best job of teaching them, according to their personalities. I decided to further my training experiences with young horses, by joining this project. This past year has helped greatly increase my knowledge about a variety of aspects of the equine industry, which will help me work toward my goal of becoming a veterinarian.

**Kelly-Dawn Clarahan** - I was given two projects this year and was responsible for the care and handling of both. I was also exposed to the unique world of harness rac-

ing and was able to meet breeders, trainers and owners. I learned more about racing athletes and was even able to get into a sulky and jog horses out. Thanks go out to Daphne Schnurer, Brandy Moerk, Rod and Liz Hennessy and Ed James for all your support.

**Jessica Williams** - I have been in the 4-H horse project for 6 years. This year I decided to try something different so I joined the Alberta 4-H Standardbred Project. I learned so much about the Standardbred industry and had a lot of fun. I appreciate all the hard work that leaders have put into this club. It is a great experience. If you want to learn more about Standardbreds then I recommend joining this club.

**Randi Ashbacher** - I just completed my second year in this project. I have raised three yearlings, the first of which just raced his first start. Out of all my experience with 4-H so far, this program has been my favorite. The highlights include riding in the starting truck, jogging and training racehorses and seeing your project grow up and become a racehorse. Being a part of the industry provides great insight into the business of racing. 🌟



Becky and Lee planning Senior Members Conference

## Ambassadors in Action

BY BECKY ZADUNAYSKI

NORTHWEST REGION AMBASSADOR

Like most people, my summer was filled with time spent enjoying the heat, and trying to pack as much as possible into two short months of relaxation and fun. For the newly selected 2006 4-H Ambassadors, summer provided us with the perfect time to network with each other and get to know the second years. With many 4-H related events happening throughout the province over the summer, we took the opportunity to lend a helping hand wherever possible. Many Ambassadors attended the WPCA Chuckwagon Finals in Red Deer, where we helped to promote the 4-H program and inform the youth in attendance what 4-H is really about, and the many opportunities available through the program. Other Ambassadors kept busy by setting up displays and information booths at local fairs to promote 4-H, both within their district and throughout their region. Cleaver and his sidekick Ambassador took part in an event at Capital Ex at Northlands called "Monday Morning Magic", where the exhibition grounds are open for disabled children and many entertaining mascots. 4-H Ambassadors could be seen at both the Calgary Stampede as well as Wainwright Stampede, passing along some 4-H spirit. With the warm days of summer long gone, the Ambassadors are excited to start helping 4-H clubs kick off 2007. Contact your Regional Specialist or Ambassadors directly if your club needs a hand.

### Don't miss one of the biggest Ambassador sightings... Senior Members' Conference in January 2007!

This October, a small group of dedicated Ambassadors got together to plan the exciting and informative weekend designed especially for senior 4-H members. The conference happening in January is designed to help older members learn more about post secondary education as well as placement in the workforce. Whether you were at SMC last year or not, you won't want to miss 2007! New speakers, new activities, new prizes...and marshmallows in the middle of winter?! ❄️

## Being Prepared for a Meeting

It's more than just grabbing your jacket and heading out of the door. The more time you spend preparing for your District Council meeting (or any meeting for that matter!), the more productive the meeting will be. There are several things you can do before the meeting:

1. Talk to your club before the District Council meeting. You will want to gather information on the issues or ideas that were presented at the last District Council meeting. Prepare your written report to be handed into the council secretary.
2. Take time to read the agenda. Make notes about the topics you wish to speak about or to.
3. Take time to read the minutes of the last meeting. Write down any comments or questions that you have on what was discussed at the last meeting. Follow up on anything you agreed to do from the last meeting. Note any discrepancies in the minutes and be prepared to correct it at the meeting.
4. Bring paper or notebook and a pen to write down information.
5. If you sit on a committee and are making a report to the meeting, bring a written copy to submit to the secretary. Remember to keep a copy of your report to refer to during the discussion.
6. Arrive at the meeting location early:
  - Pick up and review any reports that are available at the meeting.
  - Settle into your meeting space – coat hung up, meeting items ready, etc.
  - Turn off cell phones and pagers.
7. Be ready to participate fully at the District Council Meeting.
  - Actively participate in the meeting by listening attentively, keeping an open mind, and offering meaningful input.
  - Encourage the participation of others, and respect their views.
  - Volunteer to take on responsibility in areas that you can contribute.

**4-H Building Councils would like to thank Agriculture and Agri-Food Canada and Apache Canada for their generous support of this project. ❄️**

## Weekend Spent at SALTT

BY JESS HAINSTOCK

4-H MEDIA RELEASE COORDINATOR

Geographic distance did not stop participants from spilling into the Alberta 4-H Centre for the 2nd annual 4-H Small Animal, Life Skills, Technology and Trade (SALTT) conference, with representation from B.C. to Ontario.

Events started early on Friday afternoon, with the highlight being Battle River/Wainwright constituency MLA Doug Griffiths' presentation on Rural Renewal, titled "Thirteen Ways to Kill a Community." Sessions ran concurrently on Saturday, which insisted that participants make some difficult choices between various topics. Woodworking to "crafty corner" to animal planet to clothing and fashion, the weekend's options were abundant. All delegates were in attendance for a presentation by Sherry Dechant, who is the writer of 4-H's new "Exploring 4-H" project manual. Exploring 4-H is a 2006 initiative that gives members the option of trying a variety of projects, and clubs the opportunity of exploring a number of different projects before settling into one.

Rose Reisman, CityLine personality and McCain spokesperson, presented on "Living Healthy Balanced Lives." Being that 4-H leaders are volunteers who typically have jobs, families and social lives in addition to running a club, relaxation and balance are foreign commodities.

A community project, headed by 4-H staff member and club leader Debbie Zongor, of making 50 no-sew fleece blankets was an ongoing project for Saturday. Thirty blankets were donated to the Edmonton Youth Emergency Shelter Society (YESS) and 20 baby blankets went to Edmonton's WINHouse, whose program mandate is to further "non-violent relationships for women."

The weekend is aimed at creating awareness and cultivating ideas for leaders whose clubs are based more in the life skills, technology and trade component of 4-H projects.

From digital photography to Ag Tourism, participants had a weekend of diverse presentations and learning experiences. For more information on leader conference opportunities, visit [www.4h.ab.ca](http://www.4h.ab.ca).



Nicole Paziuk and Dorothy Carlson carving pumpkins as a team

### FUN FACT

"Stewardesses" is the longest word that is typed with only the left hand

## What's New on [www.4h.ab.ca](http://www.4h.ab.ca)?

BY CORINNE SKULMOSKI

4-H DESKTOP PUBLISHER



What is the age requirement for the Key Member program? Where is the fabulously exciting Provincial 4-H Leaders Conference? It is your job this year to plan your 4-H club's communication activities - where can you find this listing? Where's a great place to start your job hunt for next summer? Where can you go to ask a question of anybody in the 4-H community? Is there a way to tie school and 4-H together?

The answer to all of the above questions and any more you have is . . . the Alberta 4-H web site [www.4h.ab.ca](http://www.4h.ab.ca).

### Answers:

Senior 4-H Members ages 15-20  
[www.4h.ab.ca/about/leadership.shtml](http://www.4h.ab.ca/about/leadership.shtml)

Nisku, January 12-14, 2007  
[www.4h.ab.ca/cgi-bin/calendar/view.cgi?mode=day&year=2007&month=1&day=12](http://www.4h.ab.ca/cgi-bin/calendar/view.cgi?mode=day&year=2007&month=1&day=12)

Impromptu Topics  
[www.4h.ab.ca/resources/communications.shtml](http://www.4h.ab.ca/resources/communications.shtml)

Job Board  
[www.4h.ab.ca/jobboard.shtml](http://www.4h.ab.ca/jobboard.shtml)

Message Board  
[www.4h.ab.ca/cgi-bin/forums/viewTopics.cgi?MessageBoard](http://www.4h.ab.ca/cgi-bin/forums/viewTopics.cgi?MessageBoard)

4-H and CTS  
[cms.4h.ab.ca/moodle/](http://cms.4h.ab.ca/moodle/)

I hope you have a chance to enjoy surfing the 4-H web site. A monthly e-mail is sent out highlighting the latest changes to the 4-H web site. If you are interested in receiving this, please send your e-mail address to Corinne at [corinne.skulmoski@gov.ab.ca](mailto:corinne.skulmoski@gov.ab.ca) and you will be added to our e-mail listing. Your comments about the Alberta 4-H web site are always welcome.

# South Region

BY GINNY SMITH  
4-H PROGRAM ASSISTANT

Summer finished as it had begun, with fun and hard work, by a multitude of 4-H members from across the Southern Region. Although many projects gear down slightly during the summer, the equine project seemed to pick up the pace, as far as regional events went.

The regional trail ride in July was small but successful. Jim Erickson, leader of the 49'ers 4-H Club led approximately 15 members and leaders up, down and all around Writing on Stone Park. Reviews were very positive for this regional event that is back up and running after a few years on hiatus.

The Southern 4-H Regional Horse Show was a 4-day successful extravaganza in Claresholm on August 13 - 16. Approximately 130 members and horses from across the region competed in a broad array of classes. The Parade of Clubs and Costume Classes were held on Sunday evening to lighten up the class load of the following day and it helped immensely! The members were finished their classes early each evening, allowing



How do you measure success in 4-H? In every smile you see!



South Key Members: Amanda High, Liz Pittman, Melodie Holthe, Kelsey St Amour, Clay Brower, Emily Puch, Caitlin Gillen, Jesse Baron, Colten Bodie; Missing: Katarina Oczkowski, Erin Friesen

them time to socialize with other equine members from across nine different districts. Each day, members competed in Western, English and an assortment of gymkhana and cattle events, with every member attaining success somewhere along the way. The main show judge, Mr. Pete Fraser from High River, was assisted by other judges in the Showmanship, Trail and Dressage classes to ensure that the schedule flowed smoothly and the addition of a very mobile announcer, Steve Dalgleish added fun and efficiency to the show's success. Congratulations to Chantelle Rivard from the Fort Macleod Midnight Riders for winning the Harold Seymour Sportsmanship award for the second year in a row and congratulations to all of the volunteers. They are the backbone of this successful show, and their dedication consistently helps to make this an event to remember – every time.

The Cactus Country District Invitational 4-H Rodeo attracted 38 ready riders from across the region to compete in a multitude of events on August 26<sup>th</sup>. It was a great day for all of the attendees. Be sure to mark your calendar for the 2007 big day – August 25<sup>th</sup>.

Level 1 to 3 “Tweaking and Twaining” session for equine leaders was in Claresholm on Thanksgiving weekend. Leaders learned the ins and outs of how to teach beginner riders with the assistance of instructor Muffy Knox. Unfortunately, the level 4 to 7 “Stretching, Not Straining” session had to be cancelled but it is guaranteed to happen in spring 2007!

Clubs are gearing up to go and many clubs are reporting an increase in membership already this fall. We're looking forward to great things in the new club year. Isn't “7” as in 2006/2007, everyone's lucky number? Don't miss out on using a valuable resource within your district, your KEY MEMBER. They are trained and ready to assist with all your club needs. 🌟

### South Events

- DEC 7**  
Southern Regional Council Meeting
- DEC 16**  
4 H Livestock Handling for Youth Workshops
- JAN 6**  
Regional Judging
- JAN 13**  
Regional Hurricane Hockey Night
- FEB 3**  
Regional Celebration and Friends of 4-H Awards Night
- MAR 15**  
Southern Regional 4 H Council Meeting
- MAR 17**  
Regional Public Speaking

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# Calgary Region

The Calgary Region welcomes its new slate of Key Members. All districts are fortunate to have at least one Key Member at their 4-H service for the next year. Be sure to call your Key Member for workshops, presentations, competition assistance, judging, and all other club or committee events. For Key Member contact information, call the Regional 4-H Office in Airdrie. 🌱



Calgary Key Members: Jerrid Driedger, Ethan Gosling, Randi Lyn Giles, Addy Bayes, Rita Leask, and Myranda Stewart; Missing: Jennifer Miller

## Calgary Events

**JAN 6**

1st Annual 4-H Workshop Day

**JAN 28**

4-H Livestock Handling for Youth Workshops

## FUN FACT

The hundred billionth crayon made by Crayola was Periwinkle Blue

## Raising Funds for 4-H

BY GREG HAWKWOOD

Casino Calgary had a 4-H buzz on August 21 and 22, 2006. On these hot summer days there were 26 4-H volunteers that assisted at Casino Calgary. They held positions of general manager, banker, cashier, chip runners and count room personal. The funds raised by working this casino will be contributed to the Alberta 4-H Centre for upgrades and maintenance. On behalf of the 4-H Foundation of Alberta we would like to thank the following people for donating their time.

Carol Arntzen  
Bruce Banks  
Della Burke  
Tim Church  
Stan Eleiniak  
Linda Gooch  
Fred Graham  
Verna Graham  
Jerry Hall  
Margaret Hall  
Nancy Hall  
Janice Hawkwood  
Todd Hawkwood

Megan Hawkwood  
Les Lyster  
Eran Machan  
Jane Mason  
Barb Oatway  
Lorraine Parkinson  
Taryn Parkinson  
Pat Pringle  
Bert Pringle  
Maryanne Sandburg  
Julie Ulseth  
Henry Wiegman  
Wendy Williams

# East Central Region

BY JANET KERR

REGIONAL 4-H SPECIALIST

## Winter Camp

East Central 4-H Winter Camp will be held February 23 – 25, 2007 at Circle Square Ranch near Halkirk. The cost is \$ 75.00 per person, which covers meals and accommodation. The camp has been lots of fun for members aged 9 – 12 and promises to be lots of fun this year too. The camp starts on Friday evening and finishes with lunch on Sunday. Applications are available from club leaders or on the 4-H website ([www.4h.ab.ca](http://www.4h.ab.ca)) and are due in the Stettler office by January 19, 2007.



## Regional Public Speaking and Presentations

Regional Public Speaking and Presentations will be held as follows:

**Public Speaking** – March 17, Flagstaff District Hosting

**Presentations** – March 18, Stettler District Hosting

Exact details regarding times and locations will be sent to Districts in February.

Thanks to AltaLink for their support of this event.

## Regional Fun Day

Regional Fun Day will be held on Saturday, January 6, 2007. The event has been tentatively set for Stettler and the exact location will be sent out to clubs in December. There is no cost for members to attend. Registration will be from 9:00 to 9:45, with opening remarks at 9:45 and then there will be two rounds of select-a-sessions before lunch and two rounds after lunch. The day finishes with an ice cream social.

Thanks to Crape Geomatics for their support of this event.

**The East Central Region's Key Members are trained and ready to go. Call them for all your workshop needs!** 🌱



East Central Key Members: Cole Andrew and Nichole Johnson; Missing: Stephanie Danielson and Monica Lee.

## East Central Events

**JAN 20**

Canadian Bull Congress

**JAN 6**

Fun Day 2007

**FEB 24-26**

Junior Winter Camp

**MAR 10 (TENTATIVE)**

Multi Species Judging Competition

**MAR 17**

Regional Public Speaking

**MAR 18**

Regional Presentations

**MAR 30**

Regional Council Meeting

## West Central Events

**JAN 20**

Canadian Bull Congress

**JAN 23**

Horse Committee Meeting

**FEB 27**

Horse Committee Meeting

**MAR 2-4**

Junior Winter Camp

**MAR 10**

Regional Presentations

**MAR 17**

Regional Sr. Public Speaking

**MAR 18**

Regional Int. Public Speaking

**MAR 31**

Regional Fun Day

## Regional Fun Day

West Central Regional 4-H Fun Day will be held on Saturday, March 31<sup>st</sup> at the Alberta 4-H Centre. The Wetaskiwin District is hosting the event and more details will be available in the new year. Watch for them.

Thank you to Crape Geomatics and Fortis for their support of this event.

Be sure to get in touch with your district Key Member for assistance within your club, committee or council. 🌟



West Central Key Members: Jonathan Prichard, Michelle Hand, Nichole Jones and Luke Wrubleski

# West Central Region

BY JANET KERR

REGIONAL 4-H SPECIALIST

## Winter Camp

West Central Winter Camp will be held March 2 – 4, 2007 at the Alberta 4-H Centre. The camp has been lots of fun for the members who attend, and this year will not be any different. The camp starts on Friday evening and finishes on Sunday at lunch time. Application forms are available from club leaders or on the 4-H website (www.4h.ab.ca). The cost of the program is \$55.00 per person and applications are due in the Stettler 4-H office by Friday, January 19, 2007.



Thanks to Crape Geomatics for their support of this event.

## Regional Public Speaking and Presentations

West Central Regional Public Speaking competitions have been planned for:

Seniors - March 17, Camrose District Hosts

Intermediates - March 18, Lacombe District Hosts

The West Central Regional Presentation Competition will be held on Saturday, March 10<sup>th</sup>, with Ponoka District hosting.

Thanks to Alta Link for their support to these events.

### SUDOKU CORNER

Try your hand at the new rage in games. The aim is to fill in the grid so that each row, each column and each 3 x 3 box contain the numbers 1, 2, ... , 9. Simple as that!

Beginner

2	7				1	3	
		9					6
				3		5	9
	8		4	1	9	6	
	1		2	6	4	8	
				9		7	4
		6					2
1	3				8	9	

Solutions on page 30

# Northeast Region

JASON BOORSE

REGIONAL 4-H SPECIALIST

## Key Members and Key Leaders

### Who are you going to call?

When you have a question about 4-H you need answered or a workshop you need planned, yes your 4-H specialist is a great resource. But don't overlook the local source of information in the form of the Key Members and Key Leaders.

### Key Members

There have been a lot of questions regarding what the Key Members are and why they are there. These members are in place to help clubs in a large number of ways. We train and provide Key Members with resources to handle many types of workshops (from multi-species judging to presentation workshops). They are basically here to make general leaders' lives that much easier.



Northeast Key Members: Morgan Bergo, Amber Gulevich, TJ Fenton and Kari Bergerud; Missing: Yolanda Gamier

### Key Leaders

Our Key Leaders in the Northeast are some of the most 4-H passionate and incredible people available. We are excited that all the Key Leaders are returning this year and are able to share their vast 4-H knowledge. Key Leaders have a collection of workshops to share this year, all of which are available to help make your club/district the most efficient and effective it can be.

## 4-H Forum

The St. Paul District had the grand honor of hosting the 2006 Northeast Regional 4-H Forum. This year's event was held on November 18<sup>th</sup>, at the Elk Point F.G. Miller Jr/Sr High School. Sessions this year included a 4-H Foundation presentation on Club Fundraising and Scholarships, Multi-species Judging, Leadership Training, What's New in 4-H, Martial Arts Demonstration, Christmas Craft Making, and Theatre Games.

Ten senior members received the Platinum Award of Excellence, the highest member award granted in the Alberta 4-H program. Leadership pins were presented to 46 leaders for

three years of service, 24 leaders received the pin and certificate for 5 years of service, 9 leaders were recognized for 10 years, 4 Leaders for 15 years and 1 long time leader was presented with a pin and certificate for 20 years of service. Project Book winners were also recognized for their thorough and accurate record keeping skills, as well as their pride of their 4-H project.

New this year, all the scholarship winners from the Northeast were also recognized. The two new \$500 Northeast Regional Council Scholarships were awarded to Crystal Arneson from Edgerton 4-H Multi and Evan Wisniewski from Willingdon 4-H Multi.

In addition, one special person, Ms. Margaret Scott of Bonnyville, was presented with the 2006 Award of Distinction for her contributions at a local, district, and regional level and to the Key Leader Program.

A huge note of thanks to the organizing committee from the St. Paul District for doing such an amazing job, and to ATCO Electric for sponsoring this event.

## Fall Fling – Happy, Hopping, Holiday Hootenanny!

Smoky Lake was the scene for this year's event that saw over 100 junior members from across the Northeast region attend on December 1 & 2. This was the first taste of camp for many 4-H members, and being just an overnight event provided the opportunity to meet friends, take part in fun activities, and not be away from home for too long.

Our Junior Staff came out in full force to provide the delegates the best camp they can get, so big thanks goes out to this year's team, and of course to the Smoky Lake District Committee members that put tireless hours of planning into the program.

## Upcoming Events

### You Be The Judge (February 10, 2007)

The Mannville 4-H Multi Club will host this one-day event to prepare members for judging multi-species.

### Regional Communications Competition (March 10, 2007)

The Lac La Biche District will host this year's competition for first place district speakers in both the public speaking and presentations.

### Western Canadian Judging Competition (March 16, 2007)

Held at the Lakeland College Vermilion Campus, this annual judging competition is a great opportunity for both training and competition. This event is the qualifying competition for the Provincial Judging Competition in Olds.

### Spring Fling (March 30 – 31, 2007)

Calling all intermediate members looking for fun, friendship and a night away from home! This terrific spring event will be hosted by the Wainwright District. Keep your eyes open for more information. 🌸

## Northeast Events

DEC 1-2

Fall Fling

JAN 20

Regional Council Meeting

JAN 20 - 21

4-H Livestock Handling for Youth Workshop

FEB 10

You Be The Judge

# Northwest Region

BY JOCELYN MCKINNON

REGIONAL 4-H SPECIALIST

## Key People in Your 4-H District

4-H Key Leaders and 4-H Key members will be doing their best to involve the district councils in recognizing the Year of the 4-H District Council. Short workshops of interest to council members will be presented at council meetings and events.

In the second year of the 4-H Key Member program half of the districts in the region have selected senior members to work with the other 4-H members to promote the many 4-H programs and encourage participation in them. If you are in the Barrhead, Parkland, Evansburg, Drayton Valley, Westlock or Lac Ste Anne districts, Key Members are currently in place. Two other districts are presently selecting their Key Member.



Northwest Key Members: Sarah Reich, Cayli Mocarski, Greg Borduzak, Krista VanSickle, and Jessica Rempel; Missing: Kelly-Dawn Clarahan, Michael Schatz, Alyse Zatorski

## Focus on 4-H Survey

In the September club package were copies of a survey asking families to answer a few questions about a regional multi project, multi activity event. Questions included: identifying the value of having such an event, the time of the event, and what it would take your for your family to attend, and if not interested, the reasons why. As of November 1<sup>st</sup>, 14 clubs responded but the committee would like to hear from the remaining 60 clubs. The survey is also on the website under regional Northwest news.

## Frosty Fun Weekend

February 16 to 18, 2007 will find several Northwest 4-H members enjoying the winter wonderland at Camp Encounter. More members than ever can attend the Northwest winter camp as the age eligibility has expanded to members 12 years and older. The Northwest 4-H Alumni started in October to develop a program. It is sure to involve lots of outdoor fun and group activities. The application form will be available in early December.

## Northwest Scholarships

The Northwest Region is offering a new scholarship in 2007. The scholarship will be presented in memory of Tony Lefebvre, a former member of the Northwest Scholarship Committee and treasurer of the Northwest 4-H Regional Council. He was instrumental in developing the criteria for the first Northwest Region Scholarship and was a member of the selection committee since the Northwest Scholarship and Northwest 4-H Safety Scholarships were established. Details will be in the 2007 provincial 4-H scholarship application form.

## Northwest 4-H Fair

The Leduc and Drayton Valley districts combined their skills and energy to organize the 2006 Northwest 4-H Fair. On December 9<sup>th</sup> in Warburg were sessions on everything from quilted pillows, picture puzzles and tole painting to wood and mosaic glass items, scrapbook pages, canine toys, and a jean pocket holder. Christmas themed items included Christmas snack treats, a decorated stocking and personal gift ideas. The

day kept both members and adults discovering hidden talents. This annual program is sponsored by the Lifeskills and Other Animals Projects Committee and organized by the districts on a rotational basis. The sponsorship of Fortis Alberta is much appreciated as it enabled a lower registration fee and a greater variety of sessions being offered.

## Northwest Events

**DEC 9**

NW Regional 4-H Fair

**JAN 27**

Stick Horse Competition

**FEB 15**

NW 4-H Safety Grant

**FEB 16-18**

Frosty Fun Weekend

**FEB 24**

Regional Presentations Competition

**FEB 28**

Regional Council Executive Meeting

**MAR 10**

Regional Public Speaking Competition

**MAR 17**

Regional Council General Meeting

## FUN FACT

At one time, Donald Trump had \$900 million in personal debt, and nearly \$3.5 billion in business debt

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# Peace Region

BY STACY MURRAY  
REGIONAL 4-H SPECIALIST

## Livestock Handling Workshop

The region's livestock handling workshop, originally scheduled for Oct 28, was postponed. Information about the new date will be sent to each of the clubs and posted on the website after the regional meeting.

## Programs

Planning is underway (or completed by the time you read this) for our three major winter programs. Frosty Fest (Nov 25) and winter camp (Feb 2-4 for 9-13 yr olds and Feb 9-11 for 14-16 yr olds) are enjoyed by all. This will be the first year we've run two winter camps so if you have members (over 16) who are interested in being junior staff at these camps, remind them to get their applications in.

For both regional and provincial programs, check out the program booklet and the website for application forms. If you can't find what you're looking for, call the office in Fairview and we'll try to get one to you.

## Scholarship Winners

Congratulations to the members from our region who won provincial 4-H scholarships. All the best with your studies go to:

LEAH SALLIS – ALBERTA BEEF PRODUCERS  
LAURA POLASEK – ANDY LITTLE MEMORIAL  
FRITZ HOSTETTLER – EARL CHRISTOPHERSON MEMORIAL  
BECKY MCCORKLE – EARL CHRISTOPHERSON MEMORIAL  
GREG HEARN – EDITH TAYLOR MEMORIAL  
CHRISTA HOSTETTLER – GEORGE PIMM MEMORIAL  
SHARON MILLER – GRANDE PRAIRIE & DISTRICT CO-OP  
CAITLIN RIDLEY – KEN EDGERTON MEMORIAL  
CHRISTY MCPHILLAMEY – NORMA JEAN GRAY  
KRISTEN YANISHEWSKI – NORMA JEAN GRAY  
TRENA SCHWERDT – THOMAS CARYK MEMORIAL

The 4 regional scholarships and 10 bursaries will be awarded at the beginning of December.

Don't forget to call on your new Peace region's Key Members for assistance in your clubs and districts! ❄️



Key Members: Lorne Howey and Heather Polasek; Missing: Ashley Lieverse

## Peace Events

- JAN 12-13**  
Peace Country Beef Congress
- FEB 2-4**  
Winter Camp #1
- FEB 9-11**  
Winter Camp #2
- MAR**  
Peace Country Agri-Classic Show
- MAR 17**  
Regional Communication Competition
- APR 7-8**  
Regional Casino
- APRIL 21**  
Regional Meeting

## SUDOKU CORNER

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Solutions on page 30



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Sometimes, you need a little extra help to learn to do by doing.



# 4-H Summer Staff Opportunities



During the summer of 2007, 4-H requires many summer staff to assist with a wide variety of programs and services. Employment period is from approximately May 1 to August 31, 2007 (may vary with position). This is a great way to get paid to do something you will love!

Log on to [www.4h.ab.ca](http://www.4h.ab.ca) and click on "Job Board" to view all the mandatory qualifications and an in depth description of each position.

**Deadline for applications is January 15, 2007.**

## **Provincial 4-H Summer Program Project Coordinator in Airdrie - 1 to 2 positions**

- Lead summer staff team with program development, delivery and evaluation of various week-long provincial 4-H member programs. Requires individuals to work at various program sites throughout Alberta.

## **Provincial 4-H Summer Program Assistant in Airdrie - 4 to 6 positions**

- Assist summer staff team with program development, delivery and evaluation of various week-long provincial 4-H member programs. Requires individuals to work at various program sites throughout Alberta. Lifeguard positions are available.

## **Alberta 4-H Outdoor Adventure/4-H Summer Program Assistant/Lifeguard at Alberta 4-H Centre - 2 or 3 positions**

- Assist with the planning and coordination of Foundation programs and assist summer staff team with the delivery of various week-long provincial 4-H member programs. May require individuals to work at various program sites throughout Alberta.

## **Provincial 4-H Summer Travel Coordinator in Airdrie - 1 position**

- Assist with the planning and coordination of 4-H travel and exchange programs.

## **Provincial 4-H Summer Program Media Release Coordinator in Edmonton - 1 position**

- Assist various program specialists and staff to publicize provincial 4-H summer programs.

## **4-H Program Assistant in Barrhead/Fairview and Airdrie/Stettler - 2 positions (one for each location)**

- Assist with regional summer programs and provincial livestock events. These positions will work closely with the 4-H Specialists responsible for these events to plan and implement a variety of activities.

## **Provincial 4-H Summer Marketing Assistant at Alberta 4-H Centre - Number of positions TBD**

- Assist with building public awareness of 4-H program and provide an organized approach to 4-H member and leader recruitment. Will work at various events throughout the summer.

## **4-H WPCA Merchandise Coordinator at Alberta 4-H Centre - 1 position**

- Assist in planning, coordinating, delivering and evaluating the operation of the WPCA Merchandise Trailer. Will work at various locations throughout the summer.

An updated copy of the Gifts and Awards Catalogue Order Form is on the 4-H website.

Don't forget to order judges gifts and other great 4-H merchandise!

**FUN FACT**

A person weighing 150 pounds on Earth would weigh two tons on the sun

**FUN FACT**

50 billion – the number of e-mails dispatched every day worldwide

**SUDOKU CORNER**

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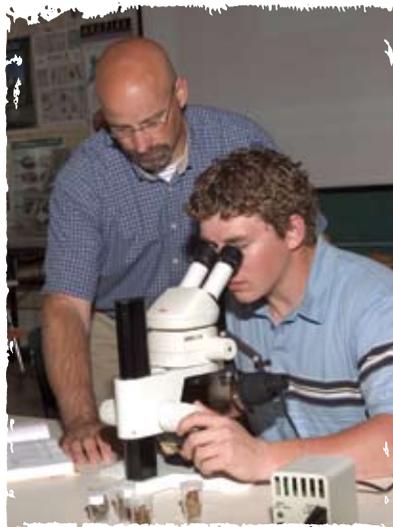
Solutions on page 30



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# Travel & Exchange

## 4-H...California Style

BY RYAN HODGSON AND BRIANNE BERGERUD

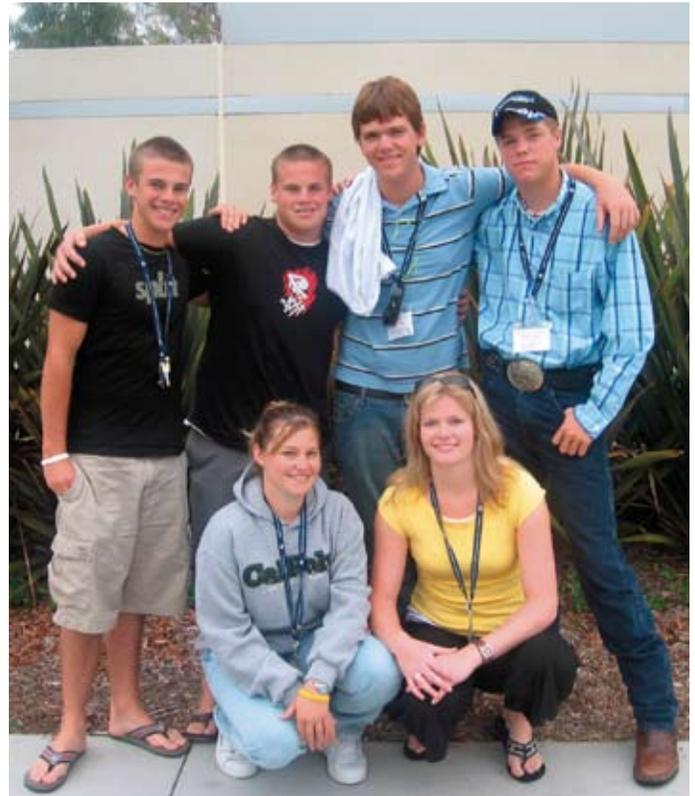
2006 DELEGATES

In recognition of our achievements in the Alberta 4-H program, we, Brianne Bergerud and Ryan Hodgson, traveled to San Diego, California from August 7 – 13 to partake in the annual State Leadership Conference (SLC) as well as visit the area while staying with a host family. The week flew by with plenty of exciting activities, fantastic weather and the creation of awesome friendships.

Upon arrival, we were greeted by our host families and quickly got down to business – after all we did have a tan to work on! We spent the day around the city of San Diego as well as getting to know our host families. Although we were placed in different towns, we had the opportunity to do a group tour at Sea World with other local 4-H members, leaders and their families. We were fortunate to get a special behind the scenes look at the animals as well as an opportunity to see the “Shamu Show.” What a great time!

SLC began on Thursday morning and continued until Sunday. At this conference we had an amazing opportunity to connect with California 4-H members and share knowledge about our 4-H program, province and country. It was quite humorous when the American members admitted that we “didn’t talk different” than them. We were asked many bizarre questions, and needless to say, we had a lot of fun tricking them into thinking that our lives were totally opposite of theirs (red means go and green means stop in Canada... right Ryan?!). Throughout the conference we were treated to fun activities and many educational workshops and sessions. The weekend focused on the theme “Leaders, Heroes and You,” allowing the delegates to discover their inner leadership qualities and learn how to utilize their unique talents to influence others. We were also invited to partake in the special “All Star” activities – a program for outstanding 4-H members in the California program. The weekend continued with a formal dance on Saturday night.

Upon returning home, we were very tired, but excited about the fantastic friendships and memories that we made with those involved with the California 4-H program. Many of our friends are excited to come to Canada to experience our unique and fantastic 4-H program. So, senior members, if you have the chance to attend the Alberta 4-H Selections program in the future, consider ranking the California exchange trip high on your list. You definitely won’t regret this awesome experience! 🍀



Ryan and Brianne with California 4-H Friends



University of San Diego campus where SLC was held

## Alberta Represented Well

BY MARK SHAND

4-H SPECIALIST, PROGRAMS

Eight 4-H members, armed with clipboards and livestock manuals traveled down to the Northern International Livestock Exhibition Judging Competition in October. Held in Billings, Montana, the competition featured a 4-H judging component that saw sixty-seven delegates from eighteen teams from across North America. Peter and Lori Sereda chaperoned the group of members, which included Cody Hoy, Carrian Johnson, Cody Radcliffe, and Megan Tannas from the North Team; Mat Bolduc, Jennifer Miller, Nick Sereda and April Stanko from the South Team. Both of the Alberta teams did very well, with all delegates producing a top 25 placing in at least one area.

Highlights include Alberta’s South team placing 6<sup>th</sup> overall and the North team placing 9<sup>th</sup> overall. Placing in the top twenty of the sixty-seven delegates were Cody Radcliffe, with a very commendable fourth placing and Jennifer Miller, with a placing of sixteenth.

Great job Alberta judges!

# Becoming a Leader is Just the Beginning

BY LYNDA HAND

BLINDMAN 4-H LIGHT HORSE CLUB

4-H in Alberta is full of opportunities, but how many leaders realize those possibilities extend to them? We tend to get involved first because of our own children joining a club, become active parents and then pick up a role as assistant leader. Rarely do we think of the many advantages that leadership can bring to ourselves.

Every January in Red Deer, many leaders in Alberta take part in the Alberta 4-H Leaders Conference, where sessions are most often aimed toward general club responsibilities. I also regularly attend the Provincial Equine Leaders Forum where the sessions are more specific to the actual projects, but with the same high caliber of presentators and information. This is an excellent forum for leaders of similar project interests to develop new skills and share information. Regardless of your project type, there is a provincial conference to strengthen your project skills.

But how many leaders are aware of the travel opportunities outside of our province? Last fall I received a phone call that I was nominated for a Leader Travel Opportunity and chose to travel to Winnipeg, Manitoba to attend their Leaders Conference in November. The focus of their conference was the Quality Equation, and directed its attention to the learning styles also know as Multiple Intelligences. Returning from Manitoba with many newfound friends, I look for familiar faces as I attend other provincial programs. I also am more eager to mingle with delegates from other provinces and learn more about their 4-H program.

The skills from leader conferences continue to strengthen and rejuvenate the 4-H spirit within me. Anyone interested in experiencing an out-of-province opportunity should review the Alberta 4-H Magazine or contact his or her region's specialist for more information. 🌱



Leader chaperones on the Alberta/NWT tour in July 2006

# Fundraising

## 90 for 90

BY JESS HAINSTOCK

4-H MEDIA RELEASE COORDINATOR

Remember when your club celebrated its 25<sup>th</sup> anniversary, and you had a fantastic party? Or the time that you and some of your fellow members went on an interclub exchange that you all still bring up memories about? How about when your club went to a specific event that was club-related? Did you know that the Alberta 4-H Legacy Fund potentially contributed funding to all of those events?

Starting this year, the Legacy Fund will benefit 4-H even more. Resources from this fund are now allocated to go directly to District and Regional Councils. An objective for the Legacy Fund is that through the “**90 Dollars for 90 years Campaign**,” individual clubs would soon see an annual allotment similar to Districts and Regions, given to them to use as means of creating a richer, more enhanced experience for 4-H members.

What is the “**90 Dollars for 90 years Campaign**”? It is an initiative organized to celebrate Alberta 4-H's 90<sup>th</sup> birthday. As a result of the amazing support, the willing volunteers and the relentless enthusiasm exemplified by the 4-H family, a target of \$90,000 in donations has been set. This money contributed by you, 4-H members, leaders, clubs, councils and alumni, will hopefully have another \$90,000 added to it through the support and donation of 4-H's corporate and private financial partners.

That explains the logistics of where the money will come from, but how will this enable the Alberta 4-H Legacy Fund to provide annual, club, district and regional support?

One word—Interest.

Just as the Alberta Legacy Fund sees to the fostering of 4-H member's interests, the 4-H Foundation of Alberta, who manages the Legacy fund, uses the year-to-year interest that accumulates on the account's balance to provide 4-H members with increased opportunities, enhanced club experiences and improved resources. All Alberta 4-H members, leaders, clubs and councils own this fund and so it makes sense that these would be the groups that the Legacy Fund would benefit.

For more information on the “**90 Dollars for 90 years Campaign**” or to contribute, please contact:

**4-H Foundation of Alberta**  
RR #1, Westrose, Alberta  
Phone: 877.682.2153  
Fax: 780.682.3784  
e-mail: [bruce.banks@4hab.com](mailto:bruce.banks@4hab.com)

## 4-H in Ukraine

BY JOCELYN MCKINNON

REGIONAL 4-H SPECIALIST

From September 29 through to October 14 I had the opportunity to travel to Ukraine as part of a project to introduce a 4-H program in four Oblasts (provinces) in the country. The prairie province's 4-H programs are cooperating under the FARM program (Facility for Agricultural Reform and Modernization) to encourage 4-H and youth leadership development.

In Kyiv on October 2 and 3<sup>rd</sup> I presented a workshop to newly hired 4-H staff, extension specialists and leaders and school principals. This workshop provided an opportunity for sharing how Alberta 4-H operates and identifying the different components of the program. The participants had the opportunity to then do some planning for each of their oblasts.

The schools in the villages offer after school activities for the students. In most cases the 4-H clubs formed are existing clubs converted into 4-H clubs. The teachers are often the leaders of the clubs. Some have started as recently as September. They meet to do their project work one to three times per week. Most of the clubs have 12 to 30 members.



*The National Tree of the Ukraine being planted at a school in Myl's'k in honour of Jocelyn's visit*

Volyn Oblast in northwest Ukraine has three communities with 4-H clubs. The Myl's'k village clubs have vegetable gardening, flowers plants and trees, and an embroidery project. Those interested in marketing vegetables, flowers and seeds have support from the FARM extension program with seeds, seedlings and technical help in growing their horticulture projects. In Topil'no village they are concentrating on beadwork projects while in Kopachivka many examples of straw pictures and embroidery were displayed.

Rivne Oblast, the next province to the east of Volyn had two clubs started, one in the village of Derazhne in Kostopil'sky rayon (region) and the other in the town of Kvasyliv. Their projects include beadwork, painting, straw creations, embroidery and nature crafts. The members spoke about their projects, their club's activities and are most interested in learning about the Canadian 4-H clubs through letters between 4-H members.

Dnipropetrovsk Oblast in the south part of Ukraine, has two very active clubs. In the village of Debalzeve in the Vasylykivsky rayon, they have a 'green' school where horticulture, plants, a healthy environment and cleaning up their village are emphasized. The two projects in the club are floral art and green-scape. They have many plans to add embroidery, knitting, baking and other projects to their club. In the village of Katerynivka, in Pokrovsky rayon, the projects include embroidery, dough art and bead work.

Sumy Oblast in Northeast Ukraine started with two clubs in September. At the first club is in the village of Vorozhba in the Lebedin rayon 4-H members showed me their embroidery, knitting and crochet projects. In

the neighbouring village of Ryabushku the 18 members in the club are aiming to improve their school orchard, leadership and dancing skills.

The 4-H Members in Ukraine would really like to connect with Canadian 4-H clubs. Most of the 4-H members are

in grades 5, 6 and 7. They hope to learn about clubs in Canada, how clubs with similar interests operate and gain a greater understanding of the 4-H program goals. Anyone interested can contact me at the 4-H office in Barrhead. (jocelyn.mckinnon@gov.ab.ca or 780- 674-8250). ❁



*Jocelyn being given a ceremonial loaf of bread*

### The Pfizer DECTOMAX<sup>®</sup> Recycling Program is back for 2007!

Raise money for your local 4-H Club by recycling your used DECTOMAX containers.



Pfizer will make a donation of \$5-\$10 per container to participating 4-H club based on container size.

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## Memories Made in Montana

BY DANA ZADUNAYSKI

4-H LEADER

In late September four fearless 4-H leaders bravely set off on an adventure to the unknown, each leader proudly representing a region in this fair province of Alberta. Their destination was Missoula, Montana. None of the four had ever met, or visited this area of Montana. The only common thread was that each had a keen interest in 4-H and an avid interest in how the program was run in different areas. Nora Paulovich, Dana Zadunayski, Heather Driedger and Kate Puch had been chosen by their respective regions as delegates to the Montana 4-H Leaders Conference. This year, the conference was held in Missoula, which led to the awesome experience of driv-

ing down through the fall coloured mountain ranges from Fernie, B.C. through Kalispell and then reaching the western city of Missoula. Once in Montana, the four Alberta ladies were met by the most gracious hosts organizing the convention. They were taken out for a delicious B.B.Q. meal and then to the Rocky Mountain Elk Foundation's new facility for the opening ceremony of the conference.

Saturday was a busy day, attending sessions at the conference from which we learned a great deal. In the morning we had the privilege of listening to the most moving speech by Bruce A. Vincent, whom is currently Executive Director of the

Provider Pals™ cultural exchange program. He inspired us to feel good about being farmers and providers of raw products and everyone enjoyed his speech immensely. The rest of the day was spent in sessions of our interest. 4-H is a very large organization in Montana and they have adapted many of their projects to suit members from small towns and cities, as well as rural areas. The day left a little free time for some important shopping and relaxing before heading back to the University of Montana campus for a wonderful meal and an interesting evening performance and dance.

This was truly an experience of a lifetime. The four leaders from Alberta learned a great deal from each other, and have made some wonderful friends in Montana. The hospitality in Montana

could not have been better, a more gracious host we could not imagine. We strongly encourage leaders from our province to apply for this conference exchange opportunity. Only four of the seven regions sent delegates to this event, and we hope that seven out of seven go next year. We would all do it again in a heartbeat. 🌱



Kate Puch, Dana Zadunayski, Nora Paulovich, Heather Driedger

# Awards, Scholarships & Grants

## Western Producer Develops Scholarships for the Prairie Provinces

The Western Producer, Canada's largest agricultural weekly newspaper, is pleased to announce the creation of a scholarship for high school students in Alberta, Saskatchewan and Manitoba. For Alberta applicants, the scholarship will be included in the Alberta 4-H scholarship application form.

Starting in the 2007 academic year, \$1,000 will be awarded to a first-year student entering a post-secondary diploma or degree program related to agriculture, agribusiness or the rural economy of Alberta.

Eligible recipients will have been members of an Alberta

4-H club for the last three years. Academic history and involvement with 4-H and the local community will also be considered when determining the recipient.

The scholarship is part of a double benefit program recently launched by The Western Producer. The newspaper also offers an opportunity for individual 4-H members to sell subscriptions or renewals and win prizes. Some proceeds from these subscription sales will be used to increase the value of the scholarship offered. Watch your mailbox for more details about this part of the program.

The Western Producer was established in 1923 and continues to serve the informa-

tion needs of Western Canada's farmers, ranchers and agri-businesses. Its support of the 4-H program is part of that commitment, and the newspaper is proud to play a role in helping youth continue their education. 🌱

### FUN FACT

Orlando Bloom's first job was as a clay-trapper at a pigeon shooting range

THE *Western Producer*

# Club & District Articles

## Millarville 4-H Multi Club Has Final Meeting

BY STACI ARKES

MILLARVILLE CLUB MEMBER

On July 22, the members of the Millarville 4-H Multi Club and their families got together at the Moss's home and held their end of the year Bar B-Q. After a few days filled with rain the members were blessed with a beautiful day. For dinner everyone sat down for a hamburger and many different salads. After having ice cream sundaes, the awards were handed out.

For Senior Public Speaking, the first place trophy was presented to Staci Arkes. For Intermediate Public Speaking, first place went to Candice Moss and second place went to Olivia Moss. And for Junior, the first place Public Speaking trophy went to Kaelyn Moss. For Junior Cooking, Record Book first place went to Kaelyn Moss; Intermediate Cooking Re-

cord Book first place went to Candice Moss and second went to Olivia Moss; Senior Cooking Record Books saw two firsts handed out to both Jordan Thompson and Staci Arkes. The club would like to say a big thank you to our Book Judge, Lisa Willis, for judging our books.

At the end of the night all of the members were given a final gift bag that contained their end of the year gift, their member certificate, a ribbon for completing the 4-H year and they also received their cooking aprons that they made on the club's Fun Day. This year we will unfortunately be saying good-bye to a member who has been in 4-H for 11 years. Staci Arkes will be retiring as a member because she will be over the age of 20. But she has decided to come back

next year as a project leader, and we can't wait to see what project she will lead. The club would also like to say a big Thank You to our leader, Wendy Arkes, for once again leading us through another 4-H year. We can't wait till next year! 🌸

### FUN FACT

Lightning strikes about 6,000 times per minute on this planet

## Jumping Pound 4-H Club Raring to Go

BY TAYLOR GILES

Our club is up and rolling for another great year with 20 members, 19 steers and 13 heifers. We enjoyed our first meeting and elected the following positions: President – Chantelle Birchall, Vice President - Katie Kraemer, Secretary - Amy Kraemer, Treasurer – Randi Lyn Giles, Historians - Dereka King, Travis Jozwiak, and myself as club reporter. This year we are looking forward to mini judging workshops at our club meetings.

## A Scary Day for Local Horse Club

BY HALEY SWITZER

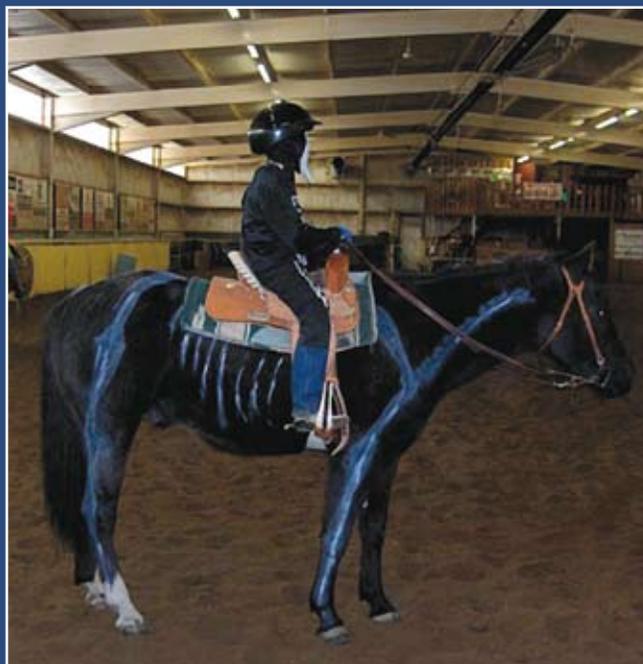
The Medicine Hat 4-H Light Horse Club held a combination Halloween party and Riding Clinic at the Diamond T Arena on October 29<sup>th</sup>, 2006. It was a windy, snowy day, but all the members were warm with excitement and in great spirits in spite of the cold.

With a Cowboy and an Indian... a Run Away Bride and a Jockey ... a Pumpkin and a Witch, a Vampire

and a Fairy...a Scott and a Scream....it was an interesting assortment of costumes and each one seemed to be just right for the member wearing them.

We started the riding clinic with a Parade of Costumes, followed by a game of Matched Pairs. After lunch, the MHLH4H Efficiency Awards 2006 were presented to Pam Ringrose (Sr), Regan Gustavson (Int) and Lori Hart (Jr)... then on to some Gymkhana Events such as Keyhole, Barrels (with a twist), Pumpkin Poles, Pole Bending, and Charades.

Thank you to our Project Committee, for putting on a fun afternoon in celebration of Halloween!



Ryder Graveline was a "Scream" on his Skeleton



Big Hill West 4-H Light Horse Club Members

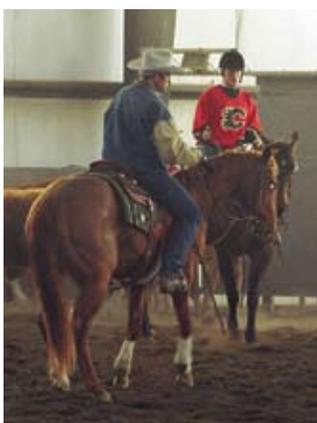
## Big Hill West 4-H Light Horse Club

BY REBECCA WALTERS

CLUB REPORTER

This past year was my first as a member of the Big Hill West 4-H Light Horse Club in Cochrane. With 16 members, our club participated in making candles as a Community Service to raise money for World Vision, doing our yearly highway clean up on Highway 22, and participating in Gary Cooper's cutting clinic.

Making candles as a group at the beginning of the year was fun. It was a chance to get to know one another, especially for those members who had just joined Big Hill West. We worked hard cleaning up 16 kilometers of highway in the spring. I think it's a good way to show people that we need to keep the environment around us clean so we can enjoy it together. Everyone in the club enjoyed the Gary Cooper Clinic sponsored by the Cochrane Ropers Club. It was a chance for us to learn the proper ways for handling our horses, first working with an electric cow and then a herd of heifers, while cutting a cow out of a herd.



Gary Cooper and Amber Beeby

A highlight of my year in 4-H was our Achievement Day Musical Ride choreographed by Ruth Fowler. We are very happy to have Ruth as our Club riding instructor as she helped us all achieve at least one mounted level this year.

I am looking forward to this next year being as much fun, meeting more 4-H members throughout the province at camps or events and especially riding with the other members in my Club! 🌟

## Come and Join the 4-H Fun

BY JONI PITZEL

ALDER FLATS MULTI LEADER

Leaders from the Alder Flats Multi Club, the Winfield Beef, and the Winfield Gait Riders served hot dogs, juice, and cookies free of charge to the students and staff at Buck Mountain Central School in Buck Lake on September 19, 2006 as a recruitment event for their respective clubs.

The clubs were able to do this thanks to the 2006 Canada Safeway 4-H Club Future Building Sponsorship program administered by the 4-H Foundation of Alberta.

For the event, which was called, "Come Join the 4-H Fun", each club also set up a display and had leaders available to answer questions. As a result of the event, each club attained new members.

Club leaders would again like to thank Canada Safeway for this new sponsorship program. 🌟



Dora Sharp, Ruth Maciborski, Meghan Maciborski, Connie Kluczny, Sherri Rooyakkers, Brenda Schenk, and Joni Pitzel

# SUDOKU SOLUTIONS

Beginner

2	7	4	9	6	5	1	3	8
3	5	9	1	8	2	7	4	6
8	6	1	7	4	3	2	5	9
7	8	2	4	5	1	9	6	3
6	4	3	8	9	7	5	2	1
9	1	5	2	3	6	4	8	7
5	2	8	3	1	9	6	7	4
4	9	6	5	7	8	3	1	2
1	3	7	6	2	4	8	9	5

Intermediate

1	3	5	2	9	7	8	6	4
2	6	8	1	4	5	7	9	3
9	7	4	3	6	8	5	2	1
4	1	3	8	5	6	2	7	9
5	9	6	7	2	4	1	3	8
8	2	7	9	3	1	4	5	6
6	5	9	4	8	2	3	1	7
3	4	1	5	7	9	6	8	2
7	8	2	6	1	3	9	4	5

Advanced

1	3	5	2	9	7	8	6	4
2	6	8	1	4	5	7	9	3
9	7	4	3	6	8	5	2	1
4	1	3	8	5	6	2	7	9
5	9	6	7	2	4	1	3	8
8	2	7	9	3	1	4	5	6
6	5	9	4	8	2	3	1	7
3	4	1	5	7	9	6	8	2
7	8	2	6	1	3	9	4	5

puzzles from [www.123sudoku.com](http://www.123sudoku.com)

# Features

## 4-H Experience Turns into an Experience of a Lifetime

BY JESS HAINSTOCK

4-H MEDIA RELEASE COORDINATOR

Much like eating your vegetables, being a member of 4-H is good for you. It opens doors, imparts skills and introduces you to the possibilities that exist within the hobby, the lifestyle or the interest that you are currently pursuing with your 4-H club. What started out as a 10-year 4-H career as a member with the Usona 4-H Dairy Club has translated into worldwide opportunities for travel for Rimbey dairy farmer, Markus Helhi.

To say that Markus has remained active in the dairy industry since his 4-H stint ended would be an understatement. He has been to various shows and expos in Utah, Idaho and British Columbia, grooming and preparing the cattle for their respective shows. The beginning of October saw him at the World Dairy Expo in Madison, Wisconsin, to only return home and attend the Westerner Championship Dairy Showcase in Red Deer, which is where I finally caught up with him.

Trust me—this is not an easy guy to get a hold of but with his having been to Switzerland twice, and being on his way to the southern hemisphere in the new year, it makes sense. Markus has been chosen to represent Canada in the 2007 Canada/Australia-New Zealand Young Adult Exchange Program.

“I will arrive in Australia for their International Dairy Week and then spend the next month travelling around the country, working on various dairy farms,” Markus comments. “I do basically the same tour in New Zealand for what will end up being a three month trip in total. Ultimately I will be promoting Canada and its dairy industry all the while learning about their industry and developments.”

While this will be an awesome experience, it required quite an involved application process. “In the preliminary round, applicants have to submit a short write-up that explains your background and experiences, as well as your resume and a one-page essay that addresses what the applicants think about the future of dairy farming in this country.” At this stage in the process, there have typically been about 15-20 people who have applied.

“It is narrowed down to 6 applicants based on our essays and resume and these six have to do a conference call interview with a panel of 2-3 judges, who then select the winner.” Considering Markus’s long list of accomplishments and skills—showmanship, judging, public speaking, leadership, and a member of the 1999 4-H team that competed in the National 4-H Judging Competition at the World Dairy Expo—all of which he achieved while obtaining his Bachelor of Science in Agriculture with a major in Animal Science, he is a well-suited representative.

"A lot of what qualified me for this exchange were the experiences and the knowledge that having been a 4-H member provided me with. Being apart of 4-H gave me my base, and I have just proceeded to build on it." And build on it he certainly has, with having won various scholarships, awards, trips, and recognition. Markus has truly been making the most out of his 4-H experience.

For more information on different 4-H opportunities, visit [www.4h.ab.ca](http://www.4h.ab.ca).

## It's a Zoo in Here!

### 4-H Entrepreneurs Turn a Project Into a Business

BY JESS HAINSTOCK

4-H MEDIA RELEASE COORDINATOR

Ever see something and think, "I should do that"? Ten years ago, that exact thought flitted through the minds of past 4-H members Theresa and Manda Maggs. Instead of just thinking about it, they put their idea into action. "We actually had the idea before we knew about the 4-H Business Cents project. We would always go to fairs when we were young and would end up spending hours at the petting zoo. We noticed though, that the petting zoos were only ever at the big fairs, and so we decided to make one for the smaller fairs," remembers Theresa.

But what started as being a smaller scale, turned into a five-year long, almost every weekend spoken for, type of commitment, to the extent that one Canada Day had three bookings. In 1996, at ages 15 and 12 respectively, Theresa and Amanda penned a letter to the town of Grimshaw, AB, asking if they could use the empty lot that faced the highway and therefore got a ton of drive-by traffic and visibility. "We had a pretty basic stock of animals then," comments Theresa. "That afternoon, we had an open house of sorts, giving out homemade business cards and information brochures and pony rides." The same day, Grimshaw's vet approached the two sisters, wanting to know if they could work the following weekend—and the rest writes itself.

The year that "Dreams Can Come True Ponies and Pets Traveling Zoo" launched coincided perfectly with Theresa and Manda's club, the Berwyn 4-H Multi Cover-alls' starting the Business Cents 4-H project. "We only ever had to take out one \$1000 loan, which we used to buy panels to divide the animals with," remembers Theresa. In the first year of Theresa and Mandas' petting zoo, it really was just the bare bones. Their family had the ponies that were necessary for the rides, but for the most part, the Maggs sister's realized that to make money, you have to spend money. First, a baby goat and lamb were purchased. "The following year, we bought female goats and lambs so that we would have baby animals every summer because they are always so popular."

The Business Cents project is still in existence today. Mary Lundgard and her husband are leaders of the Fairview 4-H Business Club. Mary is very proud of her club, its delegates and how she has seen her members grow into more confident and able individuals. "There is definitely a commerce component to what we do—the older members are in charge of books and accounts, intermediate members study depreciation whereas the younger members are versed in being able to identify an idea that will be market viable. All members however, are responsible for the selling of the product, and it is in this part of the project that I think there is the most learning and development."

As the Maggs' sisters worked through their 4-H project, they made some beneficial decisions along the way, such as adding a used one-tonne truck and trailer to their fleet and hiring some extra help. Throughout the zoo's life, Theresa and Manda employed over 25 people. "Business Cents was a great project for teaching us how to self market and to run a business. When I was 17, I was hiring people for our shows—we learned very quickly about business and what worked and didn't work."

Mary has had much the same experience with her members. "We had a member who wanted to produce a CD for his band, and while he realized that it wouldn't work because of high costs and distribution issues, it is the fact that he tried it and learnt things along the way, rather than have someone just say "no."

Over 25 employees, 2 potbellied pigs, an acquired llama, a carousel full of ponies, a flurry of ducks, some small rabbits, a gathering of baby goats and lambs, a petting-zoo-goat-turned pet named Peggy and one rooster—not a bad collection of animals for a petting zoo that was intended to circulate through some of the smaller fairs in northern Alberta. Moving away for school and busier lives meant that running the business in its current form was no longer an option, but Theresa comments, "If I got the chance, I would do it again for sure. There are many opportunities for youth entrepreneurs, and there are many rewards for having gleaned that sort of knowledge at a young age."

For more information on the 4-H Business Cents project, contact your Regional 4-H Specialist or visit the Resources section on [www.4h.ab.ca](http://www.4h.ab.ca).



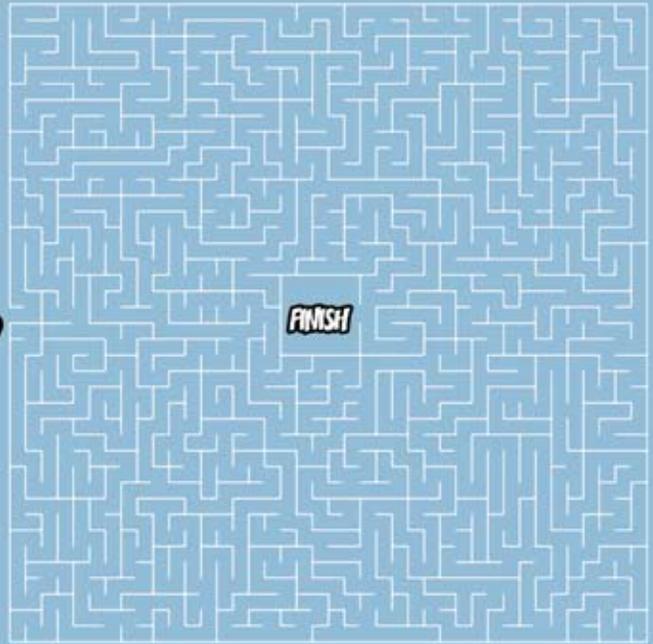
Phil the goat



Going for a ride on "May" the Welsh pony



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Lammle's proudly sponsors the provincial 4-H Equine Program. We also accept local requests for donations and sponsorships of your club. Please talk with the Lammle's Store Manager in your area for support.



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## EnCana Helping 4-H On The Road

Alberta 4-H and EnCana are pleased to announce they are taking another step forward with their partnership. Over the next two years, EnCana will support Alberta 4-H's new recruitment and retention program called EnCana Helping 4-H On The Road.

Watch for On The Road teams at summer fairs, community events and school wraps ups throughout Alberta. Recruitment teams will promote 4-H opportunities, highlight success and recruit members and leaders for the following 4-H year.

For more information visit [www.4h.ab.ca](http://www.4h.ab.ca)

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