Edmonton Nutritious Food Basket - Weekly Average Cost for a Family of Four September 2007

Meat, Poultry & Fish	\$35.83
Cereal & Bakery Products	\$28.52
Dairy Products	\$28.28
Other Vegetables	\$14.89
Other Fruit	\$11.89
Citrus Fruit & Tomatoes	\$6.91
Fats & Oils	\$6.22
Potatoes	\$5.97
Meat Alternatives	\$3.07
Sugar & Other Sweeteners	\$2.11
Eggs	\$2.09