

4-H Alberta

MAGAZINE

FALL 2014 // www.4h.ab.ca
VOLUME 10 – ISSUE 2

**WELCOME TO A NEW
4-H CLUB YEAR!**

READY, SET, SPEAK

page 9

LEADERSHIP 101

page 12



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4-H Alberta

MAGAZINE

Submission Guidelines

Your stories and/or photos are important to us, and we want to publish them in the next issue of the **4-H Alberta Magazine**.

Submit your articles and/or photos to magazine@4h.ab.ca, or by mail to:

4-H Branch, Alberta Agriculture and Rural Development c/o Jalisa Barnett
97 East Lake Ramp NE
Airdrie AB T4A 0C3

Tips for submitting an article and/or photos to the 4-H Alberta Magazine.

1. Articles:
 - a. Should be approximately 200 words in length.
 - b. Should include the author's name and position. (E.g. Jillian Jackson, Club Reporter, Fun 4-H Club)
 - c. Should include accompanying photos and captions.
2. Digital Photos:
 - a. Should be sent as email attachments.
 - b. Should be a large file size, 1MB or larger is preferred.

Deadline for Submissions: November 14, 2014 for inclusion in the Winter 2015 issue.

4-H Alberta Magazine

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on the cover

4-H Summer Staff and Camp Counsellors having a blast during a 4-H Alberta Summer Camp colour war.

4-H Motto: *"Learn to do by doing."*

4-H Pledge: I pledge

My head to clearer thinking,
My heart to greater loyalty,
My hands to larger service,
My health to better living,
For my club, my community
and my country.

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EDITORIAL

Nothing makes the world feel smaller than realising something you've just discovered was right under your nose for your entire life. For me, that something was 4-H. Full disclosure here, as a bona fide city-kid who's never stepped foot on a farm, I had never actually heard of 4-H until coming to work for the 4-H Branch with the Government of Alberta earlier this year.

Over the course of the last four months I've been completely immersed in all things 4-H and have come to love 4-H for all that it is. But I couldn't help but reflect on all the missed connections 4-H and I have had over the years. All those years of corndogs and cotton candy at K-days, there was a 4-H booth waiting just around the corner. And it turns out that the University of Alberta Collegiate 4-H Club meets near my usual campus stomping grounds. 4-H has always been just a few short steps away.

Past the age of being able to become a member, I take comfort in the fact that I can still be a part of 4-H by telling others about it and by sharing the stories of opportunities taken and 4-H experiences had through this issue of the 4-H Alberta Magazine.

And in the spirit of sharing, I encourage you to do the same! Check out our challenge to you on page 25 to help us make 4-H a secret no more! Read about the use of social media, your artistic talents or gift of gab to spread the word about 4-H in your community.

Casey Morey, newly minted representative for 4-H Alberta on 4-H Canada's Youth Advisory Committee, has just been selected to share her passion and years of 4-H experience at the national level of 4-H. Check out page 6 to hear about her exciting new role and her advice to younger members.

Although this past summer is still fresh in our memories, it's never too early to start thinking about how you'll put a little 4-H in the summer of '15! Check out the Provincial section of this issue to get a glimpse into magic that was Club Week 14', hear all about making the transition from being a camper to a counsellor at LTCS and to see camp through the eyes of a first-time camper in the "Top 10 Best Things About Combined Camp" piece on page 15.

As we bid sunny days and warm evenings farewell, we say hello to a new Club Year. And if I've learned anything about 4-H, it's that the best is yet to come!

Jadeke Nyege

Guest Editor of the 4-H Alberta Magazine & Summer Assistant - Communications & Marketing, 4-H Branch, Government of Alberta

CONTACT US

4-H Alberta has a number of people who would be happy to answer your questions and provide you with assistance. Below is a contact list for the 4-H Branch, the 4-H Council of Alberta and the 4-H Foundation of Alberta.

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National News & Events

THE FUTURE IS BRIGHT FOR 4-H CANADA:

LEADING THE PACK IN POSITIVE YOUTH DEVELOPMENT

BY: CHRISTINE MOSES, Marketing & Communications Manager, 4-H Canada

It's an exciting time for 4-H in Canada. After celebrating our long and successful history during our 100th anniversary in 2013, we are thrilled to now be focusing on an equally amazing future.

The blueprint for that future was revealed during the 2014 4-H Canada Annual General Meeting with the publication of the 4-H Canada Directional Overview. The overview is much more than just a document. It is a comprehensive recipe for the future success of 4-H Canada, and was created through collaboration between national staff, member associations, stakeholders, and the Canadian 4-H Council.

Through this collaboration, our positive youth development formula was born.

This honeycomb (shown below) represents the supportive structure we give 4-H'ers and the exceptional results that come from making positive youth development a priority.

Four key areas of impact were also identified to support 4-H Canada's endeavors as a leading positive youth development organization. And our work is more important than ever as today's young Canadians face a unique set of challenges. 4-H Canada is an anchor for youth, providing opportunities to overcome these challenges. It also helps youth to create positive change in their own backyards and around the world.

These four key areas of impact are the framework for 4-H Canada's operational plans and will act as a launch pad for our primary goals within each area.

IMPACT ON YOUTH

Increase our impact on youth by supporting advancement and implementation of world-class 4-H positive youth development programs with measurable impact.

IDENTITY

Strengthen and align the 4-H brand across Canada and define our role as leaders in positive youth development by maintaining a relevant voice with today's youth.

LEADERSHIP EXCELLENCE

Support capacity building of 4-H volunteers and professional staff across Canada, resulting in high quality, skilled, and engaged leadership.

RESOURCES

Secure resources that enable us to excel in our work with youth and provide us with diversified and long-term reach within the 4-H movement.

If you have questions about 4-H Canada's directional goals and plans, or would like further information, please send an inquiry to communications@4-h-canada.ca. ☘

Like 4-H Canada on  Facebook or
Follow @4HCanada on  Twitter

THE 4-H CANADA POSITIVE YOUTH DEVELOPMENT FORMULA

OUR RECIPE FOR BUILDING RESPONSIBLE, CARING AND CONTRIBUTING YOUNG PEOPLE THAT ARE EMPOWERED TO BE SUCCESSFUL THROUGH OUR SUPPORTIVE STRUCTURE.





Casey Morey putting her public speaking skills to use.

Introducing 4-H Alberta's New YAC Representative: Casey Morey

Casey Morey was a 4-H member of the Moo's on the Moo-ve Dairy 4-H Club for 11 consecutive years. She attended as many camps and programs as she could get to, Junior Staffed Club Week, traveled to Denver as a Livestock Judging Team member, was named a 4-H Alberta Ambassador, travelled to the USA National 4-H Conference in Washington, DC as a Selections trip recipient and recently joined the University of Alberta Collegiate Club. Despite her many 4-H adventures, she felt as though there was still a way that she could be more involved, particularly at the national level.

Her solution? Applying to become 4-H Alberta's representative on the National Youth Advisory Committee (YAC). Her passion as well as her extensive and varied experience within 4-H made her an excellent candidate. She is now a couple of months into her two year term as our province's representative on YAC.

So far, the experience has been exciting and eye-opening. "It's pretty interesting and I'm learning a lot," says Casey. She hit the ground running with 4-H Canada's Communication and Marketing Working Group. "[I'm] involved in the website and blog as well as the revamp of 4-H Canada's magazine, the 4-H Advantage," Casey adds.

In addition to the work she's doing with this group, Casey will also have the opportunity to travel, something she's really looking forward to. "In February we will have our YAC AGM in Ottawa at the same time as the 4-H Canada Leadership Conference. That will be my first time meeting face to face with the other members of YAC," she says.

While being a YAC member is an amazing opportunity, Casey recognizes that the role won't be without its challenges. In order to effectively represent 4-H Alberta's youth, she knows that she's going to have to get out there and talk to them about their thoughts and ideas. "I want to see what they think and how they want to get involved. And I really want to make them more aware of national opportunities," adds Casey.

Casey is quick to point out how her time as a 4-H member prepared her for her new role and gave her the leadership skills she'll need as a YAC representative. "At programs and competitions such as Club Week and Provincial Judging you can really see members develop into decision-makers, learn more about themselves and come to understand the value of shared leadership," says Casey.

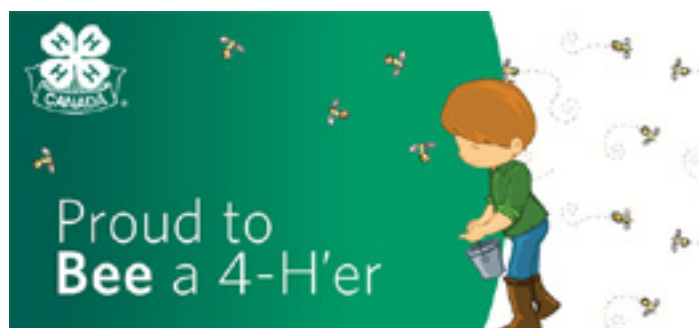
With over a decade of amazing 4-H adventures, Casey has learned a lot and experienced a great deal along the way. She encourages younger members to be actively engaged in 4-H so that they can reap the same benefits that she has. "I'd say take every opportunity that presents itself because you never know what path it's going to send you down," she says.

We couldn't agree with her more. ❀



Casey Morey helping at the 2014 Provincial 4-H Judging Competition.

Like Casey Morey on  Facebook or Follow @MoreyCasey on  Twitter



We hope that each and every one of you received your Proud to Bee a 4-H'er seed packages in the spring, then promptly planted your pack and gifted the second one to someone who didn't know about 4-H.

Although the season for growing flowers has come to an end, Fall is a great time to spread the word about 4-H! You can start a BUZZZZZZ about your club and all of the cool things that you can do because you're a 4-H member.

Tell us how you create excitement around the beginning of another 4-H club year at magazine@4h.ab.ca or on Facebook at 4-H Alberta. ❀

Outstanding 4-H Alberta Leader Recognized by 4-H Canada and CIBC

4-H Alberta Leader, Dorothy Carlson, was recognized by 4-H Canada and CIBC as one of the provincial winners of the National Volunteer Leader of the Year award.

"We are so impressed by the commitment of all our volunteer 4-H leaders and we are honoured that these dedicated people want to be part of 4-H in Canada, said Shannon Benner, CEO of 4-H Canada. We are also very fortunate that CIBC understands the importance of recognizing responsible and motivated leaders in Canada."

Dorothy was nominated by members of the Cherhill 4-H Multi Club. In their nomination, the members wrote that Dorothy is

always willing to help out the club or individual members however she can. They also stated that through all of the volunteer work that she does, Dorothy makes their entire community a better place.

Thank-you and Congratulations Dorothy! 🌟



Dorothy Carlson.

4-H Alberta Members Named National Scholarship Recipients

JOHN DEERE CANADA SCHOLARSHIP

John Deere Canada generously awarded fifteen 4-H members with fall scholarships, valued at \$1,000 each, towards a post-secondary education related to agricultural/mechanical trades, engineering, science, business, or health.

4-H ALBERTA WINNERS:

Rebecca Marie Carlson – Blackie, Alberta

Casey Morey – Rochester, Alberta

Heidi Trenson – Rimby, Alberta

CIBC SCHOLARSHIP

Members of 4-H from across Canada applied for eight scholarships each in the amount of \$1,000, generously provided by CIBC. The scholarships were open to 4-H'ers planning to pursue a post-secondary education in the field of engineering, arts, science, business, or health in the fall of 2014.

4-H ALBERTA WINNER:

Kyle Dodgson – Sangudo, Alberta



Show Your 4-H Colours Day – 11/5/14

Wear your 4-H colours with EXTRA pride on November 5, 2014!

Submit photos of you gettin' your green on by:

- Emailing them to magazine@4h.ab.ca

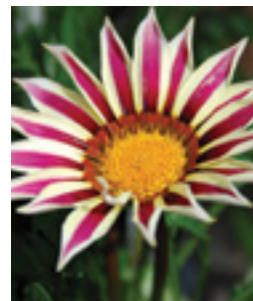
- Sharing them on the 4-H Alberta Facebook page



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Provincial News & Events



Presentation competition winners.



Public Speaking competition winners.

Ready, Set, Speak!

BY: FADEKE ADEGBUYI, Summer Assistant – Communications & Marketing, 4-H Branch, Government of Alberta

Showing confidence and experience, 40 senior 4-H members took part in the 4-H Alberta Provincial Communications Competition hosted at the Edmonton Expo Centre at Northlands on Saturday April 12, 2014. Leaving all traces of nerves at home, contestants took part in either the Public Speaking or Presentations portion of the event.

With good-natured competition in the air, the event kicked off at 12:30 PM. The Public Speaking contestants, 14 members representing all seven regions, prepared 4-6 minute speeches relating to the topic of “community”. They were also challenged with impromptu topics centered on current events. Contestants showed boundless creativity with the subject matter, some taking a local perspective and others opting to speak from a global viewpoint. Likewise, the 20 Presentation contestants representing the 7 regions, dazzled judges with 8-10 minute creative presentations on topics ranging from travel to archery.

Following an afternoon of speakers and presenters captivating their audience, the winners were revealed. In the Public Speaking category, Brody Tatttrie of Dryland 4-H Multi came in third, while Clinton Steeves of Bluffton West 4-H Beef placed second.

Makayla Wowk of Myrnam 4-H Beef & Multi came out on top with a speech titled, “It’s Bigger Than Mine”. The grand prize for the Public Speaking portion was an all-expense paid

trip to Toronto to take part in the Canadian Young Speakers for Agriculture competition at the Royal Agricultural Winter Fair set for November 8, 2014.

In the Presentation category, Louise Erskine of Coal Lake 4-H Lighthorse came in third, while the duo of Emily Murray and Aaryn Nielsen of Leslieville Trail Trotters 4-H Club were crowned second. Joel Vandervalk Claresholm of the 4-H Nimble Fingers’ Club placed first for his presentation “A Real Catch!”

“I was honoured to represent AltaLink as a judge at the communications event,” says Amanda Sadleir, Communications Advisor at AltaLink. “The level of talent demonstrated by the competitors was impressive. They have learned skills that will be beneficial to them in many aspects of life. It is clear to see how well 4-H prepares youth to be future leaders and AltaLink is proud to be part of that.”

“Confidently speaking or presenting to an audience can be a daunting task,” says Cameron Horner, Government of Alberta-4-H Specialist, “However, the poise and skill-level these 4-H members showed speaks volumes to how impactful the 4-H program truly is.”

Congratulations to all the 2014 4-H Alberta Provincial Communications Competition participants who represented their regions so well!

The Provincial Communications Competition is proudly supported by Presenting Partner: AltaLink; Partner Supporters: Agrium Inc. and Farm Credit Canada (FCC); and by Partner Host: Northlands. 🌿



4-H Branch Head, Marguerite Stark, presents Premier's Award Recipient Jess Verstappen with her award at the Selections Awards Breakfast.

To the Future and Beyond!

BY: FADEKE ADEGBUYI, Summer Assistant – Communications & Marketing, 4-H Branch, Government of Alberta

Senior members arriving at the 57th annual 4-H Alberta Provincial Selections program at Olds College on the evening of Friday May 2, 2014 were bursting with excitement and anticipation. The theme for this year's Selections program was, "To the Future and Beyond!" Throughout the weekend, delegates would explore this theme and prepare for impending realities associated with "life after high school" through a series of sessions and activities. Selections is a unique 4-H Alberta program in that delegates are also competing for huge opportunities such as award trips, ambassadorships and the prestigious Premier's Award.

Highlights of the weekend included the energizing talent show on Saturday, the nail-biting Premier's Award Group announcement on Sunday, and Monday's much awaited Awards Breakfast.

43 spots on various trips were up for grabs this year, with international destinations including Bozeman, MT, Santa Cruz, CA, Washington, DC as well as Canadian destinations including Toronto, Ottawa, the Alberta/Northwest Territories Agriculture Development Tour, the Seminar on the United Nations and International Affairs (SUNIA) and the Canadian Finals Rodeo. We wish all of the travel award recipients safe travels and broadened horizons.

Next, the 2014 4-H Alberta Ambassadors were named. Two delegates from each of the seven regions were selected based

on their strong leadership and communications skills to passionately promote 4-H. We wish the following 4-H Alberta Ambassadors all the best during their two-year term:

Southern Region:

Paige Haupt
Stephen Tokariuk

Calgary Region:

Quinci Jones
Joshua Manor

West Central Region:

Louise Erskine
Amy Belec

East Central Region:

Aaryn Lynham
Lowell Nelson

Northeast Region:

Shea-Lyn Eddleston
Amanda Palsitt

Northwest Region:

Lee Morey
Lisa Reich

Peace Region:

Jess Verstappen
Lisa White

To round out the Awards Breakfast, 17-year old Jess Verstappen was named the 2014 4-H Premier's Award Recipient. Hailing from High Prairie, Jess has made her club, the Coyote Acres 4-H Club, very proud. They know that she'll be a fitting representative and passionate advocate for 4-H Alberta during her year-long term. During this time, Jess will also have the opportunity to meet with the Premier of Alberta and the Minister of Agriculture and Rural Development.

The Premier's Award has been awarded since 1964 and remains 4-H's highest and most prestigious honour.

"It really means a lot to be recognized with the award and even if I wasn't recognized, Selections was still an amazing opportunity," says Jess.

Of the value of Selections she says, "I particularly liked the session related to moving away from home as I'm going to college this fall and it is really nice to feel a little more prepared for that." Jess will be attending Lakeland College beginning in September, studying Conservation and Restoration Ecology.

We are proud of all of our delegates and know they will represent 4-H Alberta well. Selections is proudly supported by Presenting Partners: Agriculture & Agri Food Canada and Olds College; Partner Supporters: Calgary Exhibition & Stampede Limited, DOW Chemical Canada, Northlands, Servus Credit Union. 🍀



A team of Selections delegates presenting their cardboard creativity.



SELECTIONS

MAY 1-4, 2015 AT OLDS COLLEGE

SENIOR MEMBERS' CONFERENCE (SMC)

JANUARY 30 - FEBRUARY 1, 2015
AT THE ALBERTA 4-H CENTRE

Registration Opens: October 15, 2014
Registration Deadline: February 15, 2015

This short program for senior 4-H members is all about giving them the tools and the confidence they need to feel prepared for whatever life brings after high school. Whether that's post-secondary education, entering the work force, travelling or simply becoming a more independent individual.

The added bonus of attending Selections is that delegates will also be vying for ambassadorships, the Premier's Award and one of over 40 spots available on various national and international travel opportunities!

So, are you eligible to attend?

- ✓ I am a senior 4-H member. Aka I will be 16 by January 1, 2015.
- ✓ I am able to attend for the entire duration of the program.
- ✓ I previously have attended Selections, but was not selected for an award trip.

Curious about how to register?

- Visit www.4habregistration.ca
- Sign in with your Username and Password
- Register for Selections and submit your 4-H Diaries* to your Regional 4-H Specialist by February 15, 2015

**Thank your 4-H leader for encouraging you to fill out a 4-H Diary each club year.*

See ya at Selections!

Registration Opens: October 15, 2014
Registration Deadline: January 5, 2015

This weekend-long program for senior 4-H members is planned each year by the 4-H Alberta Ambassadors. SMC is designed FOR senior members BY senior members and recent alumni.

Life isn't always easy, and the simple fact is that sometimes you have absolutely no clue what'll come at you next. Come to SMC for a weekend of hanging out and having fun with fellow 4-Hers who are in exactly the same position as you are.

The 4-H Alberta Ambassadors will have planned sessions, activities and speakers that will make you laugh, make you think, make you challenge yourself and most of all, inspire you to live your best life.

So, are you eligible to attend?

- ✓ I am a senior 4-H member. AKA I will be 16 by January 1, 2015.

Curious about how to register?

- Visit www.4habregistration.ca
- Sign in with your Username and Password
- Register for SMC by January 5, 2015

See ya at SMC!

Leadership 101



Delegates swirling under the parachute at LTCS.

BY: FADEKE ADEGBUYI, Summer Assistant – Communications & Marketing, 4-H Branch, Government of Alberta

With a cloudless blue sky and the sun shining brightly, even the weather cooperated to make this year's Leadership Through Counselling Seminar (LTCS) one of the best yet. LTCS is 4-H Alberta's leadership and counsellor preparation program, THE program where senior members discover what makes a great leader and what it takes to become an unforgettable camp counsellor.

June 29th: It's program orientation time and delegates are shorts-clad and in high spirits for a hot day, listening closely to the Summer Staff team as they all sit together on the emerald green grass at the Alberta 4-H Centre. They're discussing a common goal for the delegates for the days ahead, which is to develop the skills and capacity to be leaders both at camp and in life.

Days at LTCS are jam-packed. One moment delegates are hyped for Slip N' Slide time and the next they're broken into small groups discussing what they feel is the best way to make new campers feel welcome and at ease. Each session and activity is designed to help delegates learn the art of CCAMP – Cooperation & Communication, Attitude, Maturity, and Preparation.

"[Counselling] is a great thing to do with your summer because you really get to make a difference in kids' lives," says Sarah MacLellan, a 4-H member from the Da-She-Be 4-H Multi Club. "Sessions like Camp Counselling 101 help you learn about identifying homesickness, utilizing icebreakers, preventing bullying and even starting campfire songs!" she says.

Feelings of friendship and comradely in the air are unmistakable, and even more tangible is the appetite that each delegate has to make that transition from experienced camper to all-star camp counsellor. "I would totally recommended LTCS, it's great," continues MacLellan. "You have so much fun and really get to bond with everyone here," she adds.

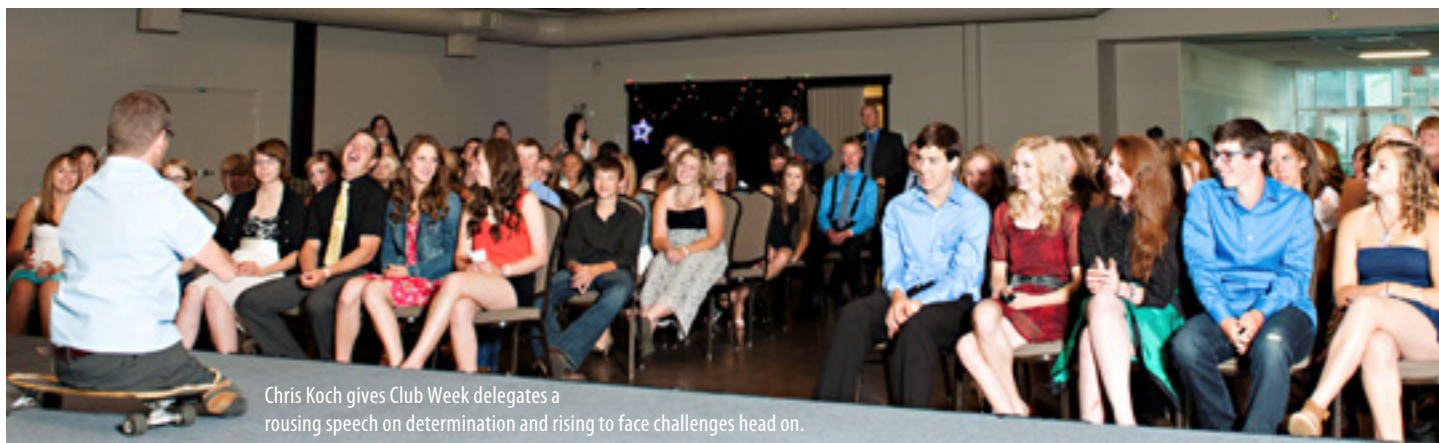
"This is my third time at LTCS, this time as a Junior Staff member. It's great to usher in the next generation of 4-H counsellors," says Paulina Chiacchia. She adds that a program like LTCS inspires youth to become people that "jump in and start helping."

Delegates who attend LTCS are encouraged to counsel at 4-H Alberta's provincial, regional and district camps and programs, and to become leaders in their local communities.

The Leadership Through Counselling Seminar is proudly supported by Presenting Partner: Penn West; Partner Supporters: Agrium Inc., Monsanto, Peavey Mart; and by Partner Host: Alberta 4-H Centre. 🍀



An LTCS delegate, gets ready to sling shot her balloon.



Chris Koch gives Club Week delegates a rousing speech on determination and rising to face challenges head on.

Club Week: A 4-H Career Highlight

BY: FADEKE ADEGBUYI, Summer Assistant – Communications & Marketing, 4-H Branch, Government of Alberta

Walking through the Olds College Campus, surrounded by the intangible Club Week spirit, it became perfectly clear to me why delegates say “Club Week was the highlight of my 4-H career”.

“There is no question in my mind, that for 4-H members who attend Club Week, it will be the pinnacle of their 4-H careers. There is a greater possibility of positive personal development resulting from this program than any other,” says Rob Smith, Volunteer Facilitator.

And after chatting with many volunteer facilitators, sponsor representatives, staff, junior staff and delegates, it became very clear that with Club Week, the program's impact is much greater than what meets the eye of a brief observer.



Our wonderful 4-H volunteers.

Sure, the delegates get to play games, have fun and enjoy leisure time. Observing Club Week in action, it's obvious that delegates are fully engaged in each and every activity or session they participate in. But what makes Club Week truly transformational and life-changing are the times throughout the program that are dedicated to reflecting on the past, looking at where you are today and working on the person you wish to become in the future. It's this focus on self-awareness, perspective and deep personal growth that has made Club Week a signature Provincial 4-H Alberta program since its induction in 1942.

Club Week is often dubbed an eye-opening experience, due both to hearing the perspectives of others and to the discovery of one's true self.

“We're getting to hear from a lot of guest speakers,” says Club Week delegate Quinn Haluche. “People telling us their stories of how they've faced adversity and overcome challenges in their own lives. We're learning a lot from both them and our fellow delegates,” continues Haluch. “We're also learning lot about ourselves. It's great!”

4-Hers aren't the only ones who see value in the program. The wide-reaching benefits of Club Week have inspired individuals and organizations to support the program. This one-of-a-kind program encourages delegates to continue down the path of self-discovery and growth, and to carry the impact of the program forward into all aspects of their lives.

“I was a delegate here last year and I was chosen to come back as a member of the Junior Staff team. It's a lot of responsibility, but it's fun getting the delegates out of their comfort zone and seeing them grow throughout the week,” says Mackenzie Lagel, a Junior Staffer at Club Week.

Club Week is proudly supported by Presenting Partner: CIBC; Partner Supporters: Agriculture Financial Services Corporation (AFSC), Agrium Inc., Canadian Association of Petroleum Landmen (CAPL), Monsanto and by Partner Host: Olds College. 🍀



A Club Week delegate gets groovy at the photo booth with some clover shades.



Triple the Fun: Junior, Combined, and Intermediate Camp

BY: FADEKE ADEGBUYI, Summer Assistant – Communications & Marketing, 4-H Branch, Government of Alberta

Year after year Junior Camp, Combined Camp, and Intermediate Camp remain summer time favorites for 4-Hers across the province! Once again this year during the months of July and August members ages 9 to 13 headed to the Alberta 4-H Centre, as well as to camp locations in various regions within the province, to soak up the sun and revel in the fun.

This summer, campers were lucky enough to be the first to participate in a new favorite camp activity – the camp colour war! With each challenge campers let their competitive spirits and creativity shine during all-out battles between teams. This colourful addition to summer camps was a huge hit amongst campers along with the new Gaga Ball Pit!

Certainly not to be overshadowed were the tried and true summer camp essentials such as slip and slide, beach time, campfire songs and snacks, games with crazy names, the dance,



Things get a little messy preparing for the colour war.

discovery sessions and other activities that helped members to develop their TLCs – teamwork, leadership and communications skills that were all smashing successes too! Who says learning can't be fun?

And while many of the elements of each of these three camps are the same, there is a lot that makes them unique! First time junior campers arrived a wee-bit nervous but left feeling exhilarated and with newfound feelings of independence after a week of hands-on activities with newfound 4-H friends.

This year, combined campers explored independence a little bit differently, through the concept of entrepreneurship. They discovered that many of the skills that help makes entrepreneurs successful are also the skills that will help them to be confident and to succeed. The growth of the combined campers and their development in these skillsets was truly immense!

"The campers were great and so into it, making camp really exciting. This is my second year counselling and I've done three camps this summer, I love getting the campers engaged in each activity," says counsellor, Mackenzie Langille.

At Intermediate Camp, campers were encouraged to build on their skills and to challenge themselves like never before. Solving problems and facing challenges head-on allowed campers to conquer their goals over the course of the week, leaving them confident and capable of facing any challenge that comes their way next.

Junior Camp, Combined Camp, and Intermediate Camp are excellent foundational camps that help transform campers into capable 4-H members who welcome a challenge and want to make a difference in their communities.

Thanks to Penn West and MEGlobal for respectively supporting the Intermediate Camp's Leduc #1 Discovery Centre trip and the Combined Camp's Ellis Bird Farm trip.

Junior, combined and intermediate camp are proudly supported by Presenting Partners: Northeast, Northwest, Peace and South 4-H Alberta Regions and Penn West; Partner Supporters: Canadian Association of Petroleum Landmen (CAPL), Canadian Natural Resources Limited (CNRL), DOW Chemical, Kubota Canada Ltd., MEGlobal, Peavey Mart and by Partner Hosts: Alberta 4-H Centre, Camp Apistotoke, Camp Artaban, Camp Mackinicholea and Moose Lake Pentecostal Camp. 🍀



Junior Campers demonstrate strength in numbers during the tug of war.

Top 10 Best Things About Combined Camp

BY: KIANNA MCGREGOR,
4-H Member of the Namao 4-H Trail Busters

My name is Kianna McGregor, I'm twelve years old and this is my third year as a 4-H member but this was my first time going to 4-H camp. My week at Combined Camp at the Alberta 4-H Centre was so amazing that I decided that I should let everyone know about it. Here are my top best things about Combined Camp.

1. Meeting new people and making great friendships that will last a lifetime. I know that it sounds a little cheesy but it is so true.
2. The Dance. The most talked-about activity at camp was the dance. The dance was super entertaining and made even more fun with games like Romeo and Juliet and line dances like the Cadillac Ranch that the counsellors taught us.
3. Beach Time. The long walk down to the beach is totally worth it. There is something for everybody to enjoy – water fights, drip-drip-drop, parachute games, tug-o-war or just hanging out on the dock with your feet dipped in the water.
4. Campfires. Even though a thunderstorm prevented us from having an outdoor campfire, the counsellors came up with a way for us to still have one! Gathered around a bunch of candles in the middle of the lodge floor, we sang silly songs and did silly dance moves.
5. Skill Sessions. There are so many amazing skill sessions to choose from. I participated in the dance, archery, canoe, arts and crafts and low ropes sessions. The dance session taught us some new moves for the dance, arts and crafts brought out our creative side and the low ropes course challenged us.
6. The Slip 'n' Slide. It is SO much fun! The counsellors pour water and tons of dish soap down it and then you just go, go, go!
7. Lunch. Where you can chat with friends and play games until it's your turn to eat.
8. Lights Out. Bunking with five other girls (in my case) involved a lot of giggling and laughing. Unbelievable bonds are formed with the people you share a room with a camp.
9. The TLCs. TLCs stands for teamwork, leadership, and communication skills. Throughout the week you do different activities that help you to develop these skills.
10. Discovery Sessions. Basically set up to be like a fun 4-H classroom, these sessions taught me so much, and it was during one of these sessions that I was inspired to write this top ten list.

In that session we were talking about getting your message across and spreading the word about 4-H camp, and I thought that this would be a great idea!

Registration for summer camps and programs opens Spring 2015. Experience 4-H camp yourself! 🍀



Good times canoeing at Combined Camp!



Canoeing on Battle Lake, AB.

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AIM delegates shooting hoops during leisure time.

AIM for the Top

BY: FADEKE ADEGBUYI, Summer Assistant – Communications & Marketing, 4-H Branch, Government of Alberta

2014 marked the inaugural offering of Aspiring Intermediate Members (AIM). Always aiming to keep things fresh and usher in unique opportunities for 4-Hers, the camp was introduced as a new option for intermediate members.

Specifically designed to open their minds and ignite their passions, AIM lets delegates choose their own path to discovery through creativity, adventure or the act of living well. This allows 4-Hers to play a role in designing their own camp experience based on their individual interests.

"We wanted them to pick their own sessions to give them the opportunity to delve into what they're most passionate about," says Katelyn Strang, 4-H Specialist – Programs, 4-H Branch, Government of Alberta. "We offered sessions such as crafting, rocket building, Zumba, yoga, cooking, orienteering, canoeing, archery, and fire building just to name a few," adds Katelyn. With such a wide array of activities to choose from, AIM delegates were thoroughly engaged for the duration of the program.



Happy AIM delegates taking in the beautiful outdoors.

This transitional camp gave members the opportunity to discuss topics such as challenges faced by rural youth and to brainstorm ideas around topics such as gainful and fulfilling youth employment and effective youth representation. An array of guest speakers gave interesting talks throughout the week including Volunteer Edmonton's Cody Simpson who spoke about getting involved in your community. Members certainly left these sessions feeling inspired to be the change they wish to see in their communities and beyond.

And what would any 4-H camp be without classic outdoor activities, toasted marshmallows and songs around the campfire and time hanging out in the eagle's nest at the low ropes course! The delegates certainly put their creativity and ingenuity to the test during a photo scavenger hunt that included grabbing captures of playing air guitar and making grass angels. The same was true for the talent show which showcased the 4-H members on stage!

"AIM has been an extremely successful camp. The delegates have been engaged and excited throughout the week" says Jared Rajotte, a counsellor at AIM. "The staff and counselling team have been absolutely phenomenal. This has been one of the best camps I've been to," adds Jared.

With resoundingly positive reviews, AIM will return to 4-H Alberta's summer camps and programs roster in 2015.

AIM is proudly supported by Presenting Partner: Gran Teirra Energy Inc.; Partner Supporters: Dow Chemical Canada, Lakeland College, MF Global, Peavey Mart, Rocky Mountain Equipment and Servus Credit Union; and by Partner Host: Alberta 4-H Centre. ♣



A 4-H delegate gets musical with his acoustic guitar.



Having a great time at the Provincial Sheep Show.

Provincial 4-H Livestock Programs – What A Week!

BY: WHITNEY STOUT, *Regional Summer Assistant, 4-H Branch, Government of Alberta*

During the first week of July, excited 4-H members from all over Alberta brought their dairy, equine, beef heifer, and sheep projects to the Provincial 4-H Dairy, Beef Heifer and Sheep shows at the Olds Regional Exhibition as well as the Provincial 4-H Equine Extravaganza at Olds College. And with plenty to participate in without a project animal, many members just brought themselves. These four 4-H programs took place in conjunction with Summer Synergy which provided additional opportunities for fun activities, learning and scholarships.

4-H Alberta's suite of livestock programs provide a place where delegates can come together not only to compete, but also to grow and learn and to have a great time. Each offer competitions and sessions where delegates gain valuable knowledge and skills for their future. This included the 'Jeopardy Bowls' where participants demonstrated their industry knowledge, the 'You're Hired' program component, presentations and demonstrations from industry experts plus much, much more.

For 'You're Hired', senior member participants submitted cover letters and resumes for fictional job postings that are based on real industry positions. One such position was the 'Manager of Grazing at Fort Saskatchewan'. During the program,

members participated in mock-interviews for the job that they 'applied' for. Feedback on their cover letters, resumes and interviews was provided by the interviewers.

Of the 'You're Hired' program component, senior 4-H member and Premier's Award Recipient Jess Verstappen said this, "I really enjoyed the process. I was more relaxed knowing that it was a mock interview, and gave me a lot of confidence for future interviews".

Industry experts were in attendance at all of the livestock programs, with several providing an educational session. A representative from the Alberta Lamb Producers held demonstrations at the Provincial 4-H Alberta Sheep Show, highlighting different feed sources, management tools and how to score body condition.

Members attending the Provincial 4-H Alberta Beef Heifer Show attended a clipping and grooming demonstration put on by Billy and Juanita Elmhurst of Ontario.

"The demonstration was of great benefit to those competing, and provided a lot of helpful information to those who just wanted to watch and learn" said Stacy Murray, Regional 4-H Specialist for the 4-H Branch of the Government of Alberta.

Judges for each of the programs graciously took the time to share their expertise with participants. One such judge was Katie Roxburgh, judge for the Equine Extravaganza, who took the time to give each and every participant individual feedback.

The Provincial 4-H Alberta livestock programs were all a great success, with all participants leaving with newfound knowledge and great memories. Berenda Helmus from Moo's On The Moo-ve 4-H Club said "Coming here helped me to learn more about 4-H and the dairy project."

The Beef Heifer Show is proudly supported by Presenting Partner: Penn West; Partner Supporters: Alberta Beef Producers, ATB Agriculture, Gas Alberta Inc., Kubota Canada Ltd., Lammle's Western Wear and Tack, WestGen Endowment Fund and hosted by Partner Host: Olds Regional Exhibition

The Dairy Show is proudly supported by Presenting Partner: ATB Agriculture; Partner Supporters: Alberta Dairy Industry, Gas Alberta Inc., Kubota Canada Ltd., Lakeland College, West-Gen Endowment Fund and hosted by Partner Host: Olds Regional Exhibition

The Sheep Show is proudly supported by Presenting Partner: Lakeland College; Partner Supporters: Alberta Lamb Producers, Canadian Co-operative Wool Grower's Association, Kubota Canada Ltd., Peavey Mart; Partner Friends: Canadian Sheep Breeders' Association, Second Chance Livestock, Southern Alberta Sheep Breeders' Association and hosted by Partner Host: Olds Regional Exhibition

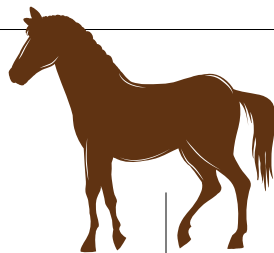
The Equine Extravaganza is proudly supported by Presenting Partner: Penn West; Partner Supporters: ATB Agriculture, Gas Alberta Inc., Kubota Canada Ltd, Lammle's Western Wear and Tack, Peavey Mart; and hosted by Partner Hosts: Olds College and Olds Regional Exhibition.

Mark your 4-H Family Calendar for the week of July 6-10, 2015 for the Equine Extravaganza as well as the Provincial 4-H Beef Heifer, Sheep and Dairy Shows. 🍀



Mentorship in action!

Provincial Equine, Sheep and Beef Advisory Committees



What do these committees do?

These committees believe in the continual enhancement of the 4-H equine, sheep and beef project experience for members and leaders across the province.

They serve as a communication link between the 4-H Branch of the Government of Alberta, the 4-H Council of Alberta and the regions in regards to all things equine, sheep and beef project related.

They are advisory groups to the 4-H Branch on project options, the development of resources as well as programs that provide networking and learning opportunities for equine, sheep and beef project members and leaders.

Policies, rules, regulations and guidelines specific to 4-H Alberta's equine, sheep and beef projects are written in consultation with the Provincial Equine, Sheep and Beef Advisory Committees respectively.

When are these committees meeting next?

Provincial Equine Advisory Committee (PEAC)

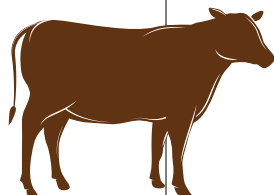
October 24th, 2014 at the Alberta 4-H Centre

Provincial Sheep Advisory Committee (ShAC)

Next Meeting Details TBD

Provincial Beef Advisory Committee (BAC)

October 14th, 2014 at the Stettler Provincial Building



Who makes up these committees?

These committees are made up primarily of volunteers who are passionate about 4-H Alberta's equine, sheep and beef projects and have a keen interest in the respective industries.

Any 4-H Alberta leader may attend these committee meetings, but each region is allotted just two regional voting representatives per committee. These regional representatives are also responsible for promoting project opportunities and communicating project-specific information within their region.

Have an idea or question in relation to these committees?

Not sure who your regional representative is?

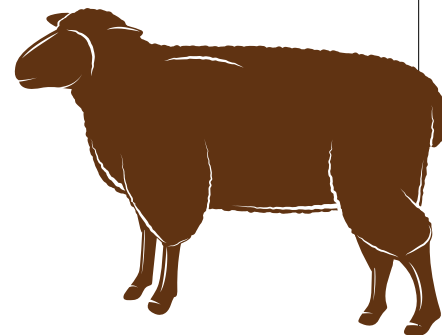
Visit www.4h.ab.ca, contact the 4-H Specialist for your region or the 4-H Specialist contact person for each committee:

PEAC – Janet Kerr

ShAC – Andrea Church

BAC – Stacy Murray

See complete contact information on page 4 of this issue of the 4-H Alberta Magazine! 🍀



BEEF AND SHEEP LEADERS' UPDATE

NOVEMBER 21-23, 2014 AT THE ALBERTA 4-H CENTRE & LAKEDELL ARENA

Registration Opens: October 15, 2014

Earlybird Registration Deadline: November 3, 2014*

Registration Deadline: November 14, 2014

Come for a day or for the entire weekend! This update provides amazing learning and networking opportunities for any 4-H leader who is involved in 4-H Alberta's beef or sheep projects and/or a stake in the beef or sheep industries. 4-H volunteers or parents who are interested in becoming a leader for either of these projects are also more than welcome.

Timely topics, engaging sessions and professional speakers make this an update that you just can't miss! Here are a few highlights:

FRIDAY NIGHT KEYNOTE SPEAKER:

Winning vs. Losing and Equal vs. Fair - Brenda Robinson

How can we challenge our perspectives on these things? How do we begin to understand that our thinking is in opposites while our day to day living is more about the common ground we share? For example, winning is the goal and losing is the learning needed to continue to achieve it. Can we have both? Renowned speaker Brenda Robinson says we must!

SATURDAY NIGHT PRESENTERS

Working With the Media - Rosie Templeton

Rosie will be discussing how to communicate accurate information and respond effectively to messages in the media and social media. Rosie currently works at AdFarm and is a 4-H Alberta alumnus and Premier's Award Recipient.

What's New at the Canadian Cattlemen's Association - Jolene Noble

Jolene will be sharing information on the Cattlemen's Young Leaders (CYL) development program, Beef Advocacy Canada as well as the Young Cattlemen's Council. Jolene currently works at the Canadian Cattlemen's Association and is a 4-H Alberta alumnus and Premier's Award Recipient.

BEEF STREAM

Grass Management - Steve Kenyon, Canadian Cattlemen Magazine Contributor

Beef Code of Practice - Karin Schmid, Alberta Beef Producers Beef Production Specialist

Pharmaceutical Drug Use and Withdrawal Times - Dr. Roy Lewis, Large Animal Veterinarian

Social Media for an Agricultural Business - Tessa Nybo, Agricultural Advocate, Speaker, Clinician and Judge.

SHEEP STREAM

Shepherding 101 - Lorna Gibson, Alberta Sheep Producer for 25 years and Retired Meat Sensory Science Biologist

Bio-Security - Norine Moore, Second Chance Livestock Company *

**Event apparel not available for pre-order if you register after this date.*

This 4-H Alberta program has been planned with input and support from BAC and ShAC.



ENGLISH JUDGES' TRAINING WORKSHOP

OCTOBER 24-26, 2014 AT THE ALBERTA 4-H CENTRE & LAKEDELL ARENA

Fill out an application form available at www.4h.ab.ca today!

This workshop is instructed by Marion Popkin and is meant for those with previous experience with basic English classes and who have a desire become more knowledgeable and to judge at the 4-H club level.

Kicking off the clinic on Friday evening will be an overview of the weekend and a session on what will be expected of you as a judge and how you can prepare for a judging assignment.

In the Saturday morning session, participants will review rules and focus on how to organize a class, score riders and give reasons. The afternoon will be spent in the arena looking at live classes. A presentation of proper equipment will follow in the evening.

The Sunday morning session will focus on setting a course, score sheets, penalties and giving reasons, followed by a practical application at the arena.

Each spring when Achievement Activities are in full swing, many 4-H clubs with equine projects are looking for judges. Judging these and other small shows are a great way for those who are interested in judging to start out and for new judges to gain additional experience. This 4-H Alberta program has been planned with input and support from PEAC.

4-H ALBERTA LEADERS' CONFERENCE

BUILDING BRIDGES

JANUARY 9-11, 2014 AT THE RADISSON HOTEL
SOUTH IN EDMONTON

Registration Opens: October 15, 2014

Early Bird Registration Deadline: December 5, 2014

Registration Deadline: December 18, 2014*

With sought-after speakers and new sessions focusing on the ideas and issues that matter to you now, this Leaders' Conference is shaping up to be one that no 4-H leader or Key Leader would want to miss.

This weekend long conference facilitates networking opportunities between attendees and focuses on the growth and development of 4-H Alberta's leaders.

Here's a sneak peek at what's in the works for the 2015 edition of the 4-H Alberta Leader's Conference:

KEYNOTE SPEAKER

Leaders as Bridge Builders – Inspiring and Shaping the Future Through the Power of Youth

This presentation will give you fresh inspiration to affirm and strengthen your ability to guide youth to shape the future. David Irvine, CEO and President of Irvine & Associates Inc., is an international speaking and consulting firm dedicated to building strong families, organizations and communities. David will also be presenting the sessions *Building Accountable Young People* and *Building Bridges of Trust*.

NEW SESSIONS

The Intergenerational Challenge for Communities

Today's world is different but working together works when we choose to work at it! Diversity builds the strength we need. Understanding differences can lead to enhanced decision making and informed processes. Listen to Brenda Robinson, with the Robcan Group, who says that celebrating differences will bring excitement and energy to the work we do.

Back to the Table

Our fast-paced lives have resulted in health issues being on the rise and knowledge about food and cooking skills on the decline. In this session with Brenda Arychuk, Registered Dietician, learn practical steps on how to make healthier living achievable and why family mealtimes are not just about food.

My Hands to Larger Service

Completing a Community Service Activity is a basic requirement of all 4-H members. This session, with 4-H Specialists Ginny Smith and Leila Hickman, will explore what community service really means plus how it can benefit your club and your community. You'll also learn about guiding members through the completion of a 4-H Diary.

These and other sessions, plus all aspects of Leaders' Conference, are sure to leave leaders feeling equipped and energized for another great 4-H year!

*Event apparel not available for pre-order if you register after this date.

Alberta
4-H

IT'S CLUB REGISTRATION TIME!

BY: CORINNE SKULMOSKI, *Electronic Systems Coordinator, 4-H Branch*

Welcome to the 2014/2015 club year! The following are a few tips that will help make club registration a breeze!

Each General Leader and Club Registrar will have received an email that includes their username and password which they use to register their club. The username and password for each individual is unique and nobody should use another person's username and password. If you are new to the position of General Leader and/or Club Registrar please contact the 4-H Registrar at 4hregistrar@gov.ab.ca.

At the first gathering of your club, hand out the 4-H Alberta Member and Leader Registration Information Forms (available at www.4h.ba.ca) to both the members and leaders in your club and have them each complete one. All of the personal information that you need to register each member and leader is collected on that form. It is really important that each member and leader provide a valid email account as 4-H Alberta uses email to communicate regularly with members, leaders and clubs on a regular basis.

Have your club's banking information handy as you'll be required to provide the name of the club's financial institution and where it is located, the account number and type, the bank transit number and the financial institution number. This information allows for the flow of sponsor dollars to your club! Also make note of your nearest UFA location and the date of your club's Achievement Activity.

In order to receive your club supplies your club must submit payment for registration. There are three ways to pay for your club registration: with a credit card online, a cheque made out to 4-H Foundation of Alberta or a phone call to the 4-H Foundation of Alberta with your credit card information.

Once you have selected your method of payment you can go straight into ordering your club supplies. When ordering supplies, identify the number of copies needed of a resource, submit that resource to the shopping cart then continue on to the next resource needed. You can always see what you have ordered under your club information.

Visit www.4h.ba.ca for more information and to access the Online Registration System tutorials which will walk you through Logging In, Changing Your Password and Leader Screening.

Your Regional 4-H Specialist or the 4-H Registrar is also available to help you through the online registration process. ❁



4-H Council of Alberta Corner

Leader Screening

Leader Screening is a crucial step in ensuring that 4-H youth have a safe place to learn and grow. 4-H leaders in Alberta have, for nearly 100 years, been mentoring youth and contributing to a program that leads to bright futures for its members.

Leaders elected or appointed by their club need to complete the Leader Screening process if they are new or the Leader Rescreening process if they are returning and have been notified to do so. New and returning leaders will need a few minutes, access to the internet and their individual usernames and passwords to complete this straightforward process.

Step by step instructions will be emailed to you, along with your username and password, upon the completion of registration. A tutorial can also be found at www.4h.ab.ca.

Need more help? The 4-H Council of Alberta is happy to provide assistance, check your status or answer any questions you may have. We're confident in the steps that have been taken to make this process easier and welcome any feedback that you may have.

December 15, 2014 is the deadline to complete the online application, have references and your Criminal Record Check submitted.

Golden Clover Applications

Now available at www.4h.ab.ca or by contacting the 4-H Council of Alberta.

Insurance

Be sure to contact the 4-H Council of Alberta with any club event insurance-related questions.

We want to hear from you!

Check out latest 4-H Council of Alberta news and updates by:

- Visiting the 4-H Council of Alberta page at www.4h.ab.ca
- Reading our post 4-H Council of Alberta meeting updates.

Provide ideas or feedback by:

- Contacting your region's Director
- Contacting the 4-H Council of Alberta's Executive Director



Welcome Cleaver Kids!

A big congratulations goes out to all of the Cleaver Kids who will graduate to being a junior member this 4-H year. There are a lot of new and exciting things to look forward to! And for those who have a six to eight year olds joining 4-H as a Cleaver Kid this year, make sure they hang onto their hats because they're going to have a fantastic time!

Cleaver Kids is a great way to introduce six to eight year olds to 4-H and all of the future possibilities it holds. Having Cleaver Kids in your club can also be a great way to introduce new families to 4-H or for younger siblings of 4-H members to get involved.

The decision around whether to allow Cleaver Kids to be a part of your club is a club level decision. The club must vote in favour of welcoming Cleaver Kids and on how and to what extent Cleaver Kids will be involved in the club. After the club has voted in favor of having Cleaver Kids, a designated Cleaver Kids Leader will need to be recruited as well as registered through the 4-H Alberta Online Registration System.

We'd recommend reviewing the Cleaver Kids Leaders' Guide prior to the above mentioned decisions being made. This guide will assist you in understanding Cleaver Kids requirements and the four areas of skill development to focus on with Cleaver Kids as well as helpful hints and information on how to work with six to eight year olds, incorporate them into your club, plus much more! The Leader Guide can be found on www.4h.ab.ca.

It's important to note that Cleaver Kids are different from 4-H members and therefore their 4-H year should be designed to look quite a bit different. We encourage clubs to let Cleaver Kids be Cleaver Kids! Let them have some fun while developing early leadership skills as they'll have plenty of time to vote at club meetings, complete their record book, give a full on speech or presentation, show a project animal or participate in district, regional and provincial events and program when they're 4-H members!

New this fall, the 4-H Council of Alberta is hosting Cleaver Kids Leader Training! The training is open to Cleaver Kid Leaders and potential Cleaver Kid Leaders. The training will take place at the Alberta 4-H Centre on November 28-30, 2014. Watch for more details and registration forms to come. For more information on anything to do with Cleaver Kids, contact the 4-H Council of Alberta at 1-877-682-2244 or email council@4hab.com.

Features

2017 Will be a Year to Remember

IN 2017 WE'LL BE CELEBRATING 100 YEARS OF 4-H IN ALBERTA!

4-H Alberta's Centennial Celebrations Committee has been hard at work planning some special events and activities to mark this momentous year in our history. Stay tuned to the 4-H Alberta Magazine for some big announcements in 2015.

In the meantime, 4-H members, leaders, clubs, districts and regions can start thinking about how they'd like to celebrate in their own way.

Is there something you'd like to do locally? Brainstorm ideas and start to make a plan to make it happen. For 4-H Canada's centennial in 2013, 4-Hers entered floats in parades, baked and decorated cakes, planned throw-back community events and much, much more. We can't wait to see what you come up with!

Don't want to miss out on the amazing provincially planned events and activities that are in the works? Mark the dates on your calendar as soon as they are announced and start talking amongst your club, councils and committees about raising the funds needed to ensure that people can attend.

4-H Alberta has a lot to celebrate in 2017, and while it seems like a long way away, it'll be here before we know it. So get excited and start planning today! ♣



4-H Alberta members celebrating 4-H Canada's Centennial!



Steer Classic Grand Champion.

CAPL: Enhancing 4-H Alberta Programs for 10 Years!

SUBMITTED BY THE 4-H FOUNDATION OF ALBERTA

For the past ten years, the Canadian Association of Petroleum Landmen (CAPL) has maintained a meaningful relationship with 4-H Alberta to enrich the 4-H experience for members across the province.

Through their sponsorship of the 4-H Alberta Regional Communications program, CAPL helps 4-H members to develop and strengthen valuable communication skills. CAPL is also one of 4-H Alberta's valued provincial member program sponsors. In addition, CAPL sponsors two 4-H scholarships that are awarded each year.

Each year, CAPL purchases the Reserve Champion steer at the Calgary Stampede Steer Classic show. A side of beef serves as the top prize for two raffles, along with other great prizes, with all proceeds forming part of the total sponsorship provided by CAPL to 4-H Alberta. We were very excited to announce for the first time that 2014 was a complete sell out of raffle tickets. Thank you to everyone who helped sell and purchase tickets this spring!

CAPL was first established in 1948. Today, with a current membership in excess of 1,500 individuals, the Association is well represented in the Canadian oil and gas industry. The Association provides networking opportunities and educational resources, materials, and programs to educate, inform and promote professionalism within its membership. CAPL activities interface with other resource-based associations, government departments and the public to facilitate common understanding of the issues, problems and solutions in the management of the oil and gas industry.

On behalf of 4-H Alberta, the 4-H Foundation of Alberta would like to once again extend thanks and gratitude to CAPL for its annual financial contribution! We are excited to announce that this is our 10th Anniversary with this amazing organization devoted to youth and the 4-H program. We look forward to the next 10 years! ♣



Members of the Golden Prairie 4-H Club working away on Operation Hummingbird.

FortisAlberta Community Cares Contest

BY: RAE-LEE PIESCHEL, *Coordinator, Corporate Partnerships, 4-H Foundations of Alberta.*

Just as in previous years, FortisAlberta partnered with 4-H Alberta for the 3rd Annual Community Cares Contest! In the spirit of offering a helping hand, the contest recognizes the efforts of 4-H Alberta Clubs that are working to improve our province by cleaning up and improving their own local community.

Living by the 4-H pledge to lend their hands to larger service, nine 4-H clubs throughout Alberta entered the contest and took on a variety of projects for community improvement. 4-Hers got collaborative and creative taking on projects ranging from gardening in a community space to sprucing up a park with a fresh coat of paint. Participating clubs went on to document their project through words, pictures, and videos and posted them to the contest Facebook page. Aside from the reward that comes with helping your community, a panel of judges provided by FortisAlberta selected four clubs to be awarded \$1,000 each for a total of \$4,000 in prizes based on certain criteria.

In the end it was the Borderline 4-H Club, the Bergen Multi 4-H Club, the Perfect Paws 4-H Club, and the Golden Prairie 4-H Club who took home the prizes!

With a project entitled “Tree Delivery”, the Borderline 4-H Club from the South region met up at Linden’s Construction in Dunmore, Alberta to hand out over 3600 trees to customers. The trees were from Alberta Nurseries. It was not only a project for helping the community, but one they felt was important for environmental reasons as well.

The Bergen Multi Club took on their “Annual Spring Clean-up”, a project they showcased through a great YouTube video. The club members came together to clean up the Bergen Hall and restore it for the upcoming summer, fall, and winter activities that their community uses it for. It was a great project that made their Calgary region proud!

The Perfect Paws 4-H Club out of the Calgary Region carried out the “High River Bloomers Project” in which they combined entrepreneurship and an amazing cause: bringing back the beauty of High River after the flood. Through hard work and dedication the Club managed to secure the funds to purchase seedlings and flowers and gave away 3300 flowers to High River Residents while simultaneously teaching children the ins and out of running a successful fundraising campaign including budgeting, planning, and marketing.

“Operation Hummingbird” was organized by the Golden Prairie 4-H Club. They created a green space by planting a garden with flowers intended to attract butterflies, moths, and hummingbirds. The Club planted a wide variety of flowers including Black Eyed Susan, Butterfly Weed, Lemon Pint, and White Clover! They also sought to educate the public about the importance of pollinators to benefit the Battle River Watershed.

We are incredibly proud of every single 4-H Club that entered the FortisAlberta Community Cares contest and all the dedicated 4-Hers that continuously strive to better their communities. When youth are actively making a positive change in the word, we’re all winners.

The FortisAlberta Community Cares Contest is on again! We know you love your community, now show us how! All clubs in Alberta are welcome to apply and four clubs will be awarded \$1000. All community cleanup/improvement projects from Sept 1, 2014 – June 1, 2015 are eligible. Projects can be submitted to the 4-H Foundation of Alberta at foundation@4hab.com or via Facebook.

The deadline for submission is June 30, 2015. ♣



Members of the Cowboy Trail Blazers 4-H Club painted fences at the High River Rodeo Grounds.



Members of the Consort 4-H Beef Club assisted the local Communities in Bloom association for the day.



Get Social With Us: 4-H Alberta on Facebook

BY: FADEKE ADEGBUYI, Summer Assistant - Marketing & Communications, 4-H Branch, Government of Alberta

Let's do a quick #throwbackthursday to 1917, when 4-H Alberta was first established. 4-H Alberta was still known as the "Boys and Girls Club" and the word "hashtag" didn't even exist. Fast-forward to 2014! While 4-H Alberta still has the same values, things have changed just a bit in terms of how we engage and communicate with members and leaders.

With over 2000 likes, the 4-H Alberta Facebook page is a great online 4-H community and place where you can go to stay in the loop about all things 4-H! Whether you like checking out photo highlights of recent events, connecting with fellow Alberta 4-Hers, finding out about all of the opportunities available or to be reminded about upcoming events, our Facebook page is where it's at.

STAY IN THE LOOP

Liking us on Facebook means that you'll be in the know about the latest and greatest in 4-H. Stay on top of event and opportunity deadlines, be the first to hear of a big announcement and have the ability to share 4-H information with a click of a button!

SUBMIT QUESTIONS

Whether you're curious about an upcoming provincial event or have a club related question, we're here to assist you! We're always a dial away by telephone and at your fingertips with e-mail, but Facebook is another way to reach us. Fire us a message and we'll find your answer or we'll find someone who can.

VIEW OUR DIGITAL PHOTO ALBUM

Check out the Photos section of our page for the latest shots of 4-Hers in action! Check out members and leaders participating in not-to-miss provincial events, taking once-in-a-lifetime trips or simply having a ball while out and about in their community.

JOIN OUR ONLINE COMMUNITY!

Our Facebook page is like an online version of the 4-H community. And just like how we encourage you to get involved in your local community, we'd like to encourage you to join and get involved in 4-H Alberta's online community! Like 4-H Alberta on Facebook and get active. Post on our wall, share our posts, leave a comment or tag yourself or someone you know in any of our photos.

Get social with us and join us in taking 4-H to a whole new level! 🍀

Want to hear a secret?

BY: FADEKE ADEGBUYI, Summer Assistant - Marketing & Communications, 4-H Branch, Government of Alberta

4-H is often referred to as the best kept secret around, and we'd like you to help us change that. Belonging to 4-H is something you're proud of, it's an opportunity that comes with so many benefits, it's fun and it's full of great people. In fact, you wish more people knew more about 4-H and could experience it for themselves.

So here are a few ways that you can let our secret slip. Before we know it, everyone will know why it's great to be a 4-H member, leader or alumnus, and that's fantastic news!

1. Via social media. Whether you're an Instagrammer, Tweeter, or a Facebooker, post something 4-H related. Reminiscing about the great time you had at Club Week? Throw a photo up on Instagram for #throwbackthursday. Take to Twitter and tweet out 140 characters of 4-H goodness to your followers. Sign into Facebook and update your status about an upcoming 4-H event that you're ecstatic about or share one from the 4-H Alberta Facebook page. Have a blog? Demystify the four "Hs" or share your positive personal 4-H experience on it!
2. Use your gift of gab. Simply talk to your friends, neighbors and co-workers or do a presentation at your school, work or another organization you're involved in. A conversation can go a long way! Remember, a presentation can be short and sweet and you don't have to fly solo, bring along

a fellow 4-Her! Share your favourite 4-H fun-fact or story or bring something you can pass around so they can really get a FEEL for 4-H! We know 4-Hers ooze creativity so don't limit yourself to our suggestions for getting your message across. Simply hearing about 4-H from your perspective could be enough to pique someone's interest in 4-H – let your passion shine through!

3. Get visual. Are you a computer whiz who can do amazing things in Illustrator, Photoshop, or Word? An artisan with a flair for sharpies and a passion for eye-catching posters? Design some 4-H themed flyers or posters and put them up at school or around your community. Have a community activities fair where people come to learn about what's out there and sign up? Create a display for your club or district. Remember to include important details and to let people know where they can go for more information.

Consider this your challenge to tell everyone you know about the little "secret" we call 4-H. Go ahead, spill the beans about it to family, friends and individuals in your community. Let the cat out of the bag and tell them all about this great organization and the countless opportunities that come with belonging to it.

And if you want to take this challenge one step further, invite people to check out an upcoming 4-H event or even better, to join as a member or volunteer! With it being the beginning of the 2014-2015 club year, there's never been a better time to let others in on our little "secret". 🍀



Partners in your community

FOR OVER 75 YEARS, UFA and 4-H Alberta have worked together to invest in future generations of Alberta leaders. This partnership highlights the importance of volunteerism, youth development and teamwork.

The 4-H pledge illustrates why this has been such a strong partnership for so long:

I pledge

- My head to clearer thinking,
 - My heart to greater loyalty,
 - My hands to larger service,
 - My health to better living,
- For my club, my community, and my country.

UFA's co-operative values – working together for the common good and investing back into the communities that support us – align to this pledge in a way that creates a partnership in which UFA takes great pride.

As a Legacy Builder, UFA directly supports 4-H Alberta by sponsoring over \$100,000 annually to many programs, including:

- 4-H Alberta Achievement Days – direct investment in 350 clubs across Alberta.
- 4-H Alberta Leaders' Conference.
- Presenting Partner for Beef Leaders' Update (BUD) and Provincial Equine Leaders' Forum (PELF) Programs.
- UFA 4-H Alberta Volunteer Alumni Service Award.
- Grassroots club support – awards, clinics, workshops and regional events.
- Presenting Partner of 4-H Alberta Key Leader's Program.

UFA also offers all 4-H Alberta club members a 15% discount for livestock supplies and tack products related to their 4-H projects.

UFA staff and members support 4-H throughout the province as volunteers, leaders, judges and more. We believe in the importance of investing in the development of Alberta's future leaders.

For more details on this program, contact your local UFA Farm and Ranch Supply store, or contact Annemarie Pedersen, Community Investment Manager at Annemarie.Pedersen@UFA.com or 403-570-4214.



UFA.com

Travel & Exchange



Selections Trip Recipients in Prince Edward Island for the National Citizenship Seminar

Our Trip to the Gentle Island

BY: PAULINA CHIACCHIA, *Selections Award Trip Recipient*

The National Citizenship Seminar, usually held in Ottawa, was one of the 150 special events taking place on the “Gentle Island” of Prince Edward Island in celebration of the sesquicentennial (150th anniversary) of the 1864 Charlottetown Conference.

The journey for seven bright-eyed and bushy tailed Alberta delegates and our brave chaperone, Ginny Smith, began on Thursday April 10th. The Alberta delegates included Melissa Palsitt, Brittany Lange, Casey Finstad, Tristan Garnet, Brooklyn Fellger, Brodie Pearson and Paulina Chiacchia. Memories were made early on, bumping into the BC delegates along the way and nearly losing two delegates in the Montreal Airport!

Once all fifty-five delegates from across Canada arrived safe and sound in Charlottetown (the birthplace of confederation), the seminar began. After a tour of Charlottetown, we jumped right into preparation for our mock debate on gender equality in the federal government.

The following day delegates learned about the various cultural groups who call PEI home. Our adventures included a trip to Lennox Island to learn about Mi’kmaq culture, followed by a tour of the Acadian Museum in Miscouche.

Day four was both exciting and nerve-racking, for it was the day of our mock debate. First though, we were taken to the University of PEI for a presentation on diversity in Canada, as well as for a scavenger hunt around the campus. Next up was a tour of Cows Creamery and a tasting of their award winning ice cream followed by a visit to PEI’s Boom Burger, a burger joint which prides itself on freshness and the use of local ingredients (including butter from Cows Creamery)!

With our bellies full, we headed to Province House for the debate we had all been preparing for. I was honored to have been elected as Speaker of the House, which allowed me to listen to the debate with unbiased ears. All members and “party leaders” conducted themselves with professionalism as they passionately

presented their arguments. In the end, the “government” won but the National 4-H staff deemed the entire mock debate a smashing success!

We concluded our time at Province House with a tour and added our insight into the discussions that took place there so many years ago. The three “party leaders”, as well as myself, the “speaker of the house”, were also interviewed for an article in the Charlottetown Guardian, which included a photo and was published the following day.

Our final day of touring was spent at the beloved Anne of Green Gables house, where we saw Anne through the eyes of author L.M. Montgomery. We also had the chance to walk along the shore at Cavendish Beach, marveling at the sandy dunes and red sandstone cliffs.

Our last full day on the island was spent on group discussions. Our minds actively absorbed information about Children’s Rights, Civic Engagement and various open space technology session topics.

The final morning was filled with tearful goodbyes, as delegates parted ways. We all learned so much over the course of that week, and had made life-long friends along the way. It was an amazing experience to visit PEI during this special year and to be a part of the 2014 Citizenship Seminar.

This trip was proudly supported through Canadian Heritage Funding from the Government of Canada and 4-H Canada National Partners. 🍀



Delegates in front of the Anne of Green Gables house.

NWT - An Unforgettable Experience



Overlooking the City of Yellowknife.

BY: JORDAN ANDERSON, Selections Award Trip Recipient

The Northwest Territories Agricultural Tour is one of the most highly sought after award trips at Selections. So when the 20 lucky delegates who were selected as award trip recipients arrived at the J. G. O'Donoghue building in Edmonton to board the bus headed up North, we were ready and excited for everything we were about to experience: a trip of a lifetime!

As we left our wonderful capital behind, we made our first stop at the Cargill processing facility in Spruce Grove. This facility is responsible for making all of the hamburger patties for McDonalds Canada, and guess what, they're not kidding when they say their burgers are made of 100% beef!

We continued heading north on the bus making stops at Peace Country Milling, a wild pig farm, and the Battle River Pioneer Museum where there is a massive collection of anything and everything from the pioneer times. There were books from the 1920s, an albino moose, tractors galore and so much more!

Oh, have I mentioned we slept in tents every night? While the prospect of camping may not appeal to some, for our group it only made the experience better! Taking a dip in the lakes and rivers that were close to the campgrounds, no matter how cold or rocky, was a favourite activity! One night, when we stayed at the Hay River Territorial Park Campground, a small group of us pulled an almost-all-nighter and laid out on the beach, hoping to catch a glimpse of the mystical Northern Lights. Fortunately for us, we did!



Award trip recipients receive a bright neon welcome into the Northwest Territories

Our first stop after reaching the City of Yellowknife was the Northern Frontier Visitors Centre. Little did we know then that we'd be back for an extended visit! But more on that later. Up next was a guided tour of the legislature building. After two days of exploring this northern city we began the journey home. Unfortunately for us and many others, the highways were closed due to the wild fires that were beginning to surround the city, and we got turned back.



Members hop aboard a retired Buffalo Airways plane.

With the circumstances being out of our control, we made the most of it and just enjoyed the extra time together. In the days of waiting that followed, we volunteered at the NWT SPCA, visited the local Farmer's Market, found a theater and had a group movie night.

Also, who can forget our stay at the Northern Frontier Visitor's Centre? With all of the campsites being full, the staff at the centre invited us to stay in the boardrooms and to use the kitchen for making our meals. The hospitality and compassion that was shown to us was truly amazing. The local news station caught wind of our predicament and the fact that the centre had taken us in, and we made the national news! We were famous!

When the highway reopened it really hit home that our time together was coming to an end. We learned a great deal about agriculture and history in northern Canada. We formed unbreakable friendships and made memories that'll definitely stay with us for years to come, and trust me, the reunion trip is already being planned!

This trip was proudly supported through the 4-H Alberta Member & Leader Travel Fund. 🍀



Seaston focused on the theme "Pieces of the Puzzle".

Definitely Worth the Wait

BY: CASEY MOREY, *Selections Award Trip Recipient*

At the beginning of April I had the privilege of traveling with fellow Canadian 4-H members to attend the US National 4-H Conference in Washington, D.C. I had been waiting nearly a whole year for this trip, since being awarded the trip at Selections 2013, and I couldn't have been more excited.

The conference gave me the opportunity to learn about 4-H across Canada, within the United States and other

countries around the world. It also helped me to enhance my knowledge of agriculture in the US. The conference started off with a state pin exchange and time for meeting your round table group. My group's topic was "The Future of Agriculture" and throughout the conference we spent time preparing a presentation that we later gave to the Deputy Secretary of Agriculture.

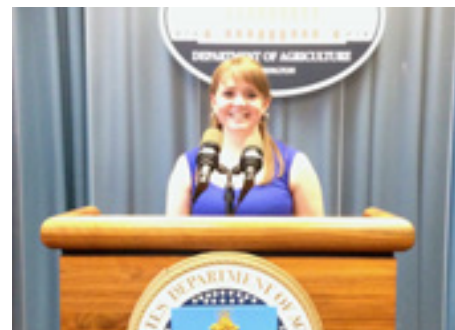
With a conference theme of "Pieces of the Puzzle", there were workshops and activities that focused on building our strengths and helping us realize where we as individuals can fit into the bigger picture. I spent a lot of time with my round table group and became really close with them. We were constantly adjusting our presentation to ensure that we portrayed our message and 4-H in the best possible way to the Deputy Secretary. The presentation we created was nearly half an hour long and touched on how we see the future of Agriculture.

At the conference we were also able to do some sight seeing. We went on a Monument Tour and were able to explore some of the Smithsonian Museums like the Air and Space Museum and the Natural History Museum. My favorite stop was the Martin Luther King Monument, a larger than life size statue of this great

man. During the last day, our Canadian delegation walked around Capital Hill and had the chance to visit the Canadian Embassy and meet the Canadian Ambassador. This was a great opportunity and certainly increased our knowledge of Canada and US trade agreements.

The trip was an extraordinary experience and I could not thank everyone enough for allowing me to represent Alberta and Canada at this conference. I encourage everyone to consider applying for this trip at Selections. Not only did I learn a lot, but I have created an entirely new family and connections across our country and the United States!

This trip was proudly supported by Agriculture and Agri-Food Canada and 4-H Canada National Partners. 🍀



Casey Morey takes the podium in Washington, D.C



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Rocky Mountain Equipment is proud to be part of your community and we're committed to helping develop youth in ways of leadership, responsibility and excellence, and the environment.

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Livestock judges and hippodogy contestants in Denver, Colorado.

That's Our Story And We're Sticking To It

BY: **MONIQUE UITTENBOGERD**, *Equine Extravaganza Award Trip Recipient*

The trek to Denver, Colorado was one to remember for eight lucky individuals. Every year 4-H Alberta sends four livestock judges and four hippology contestants, selected at Provincial Judging and the Equine Extravaganza respectively, to the Western National Roundup.

On January 9th 2014 our trip began. The first day started with an early flight for Megan B, Melissa, Megan M, Quincy, Tyson, Denton, Amy and I, plus our chaperones. Upon arriving we got our bags and a bite to eat and then caught the bus to our home for the next four days, the Denver Renaissance Hotel.

After the orientation we decided we needed to check out the hot tub ASAP. I don't know what Americans call a hot tub but it was colder than the pool! That night we stopped by Famous Dave's BBQ and got our fair share of steak, chicken, and cornbread. Their t-shirts with various quotes printed on them were pretty funny. Things like "Vegetarians are welcome...To change their ways".

The next day, us horse folk were up bright and early to catch our 7:45am bus to judge some gorgeous horses. After that part of the competition we went and did what girls do best, SHOPPING! We got matching sweaters, drooled over some horses, and looked through some very nice show shirts – all at the Stock Show. That night we got all dolled up for the banquet supper and experienced a great meal complete with a parade of flags, a comedian, and a motivational speaker. Later, we danced the night away and awaited the next stage of competition.

The next morning, it was the judging team who had to be up bright and early to catch the bus scheduled for 7:30am! We on

the other hand, got to sleep in. We did slides, quiz, identification stations, as well as team problems at a more reasonable hour. That night we headed down the street to iHop for dinner. There, we were able to find out just how much Americans love their fried chicken, evident by the "Chicken & Waffles" selection of the menu.

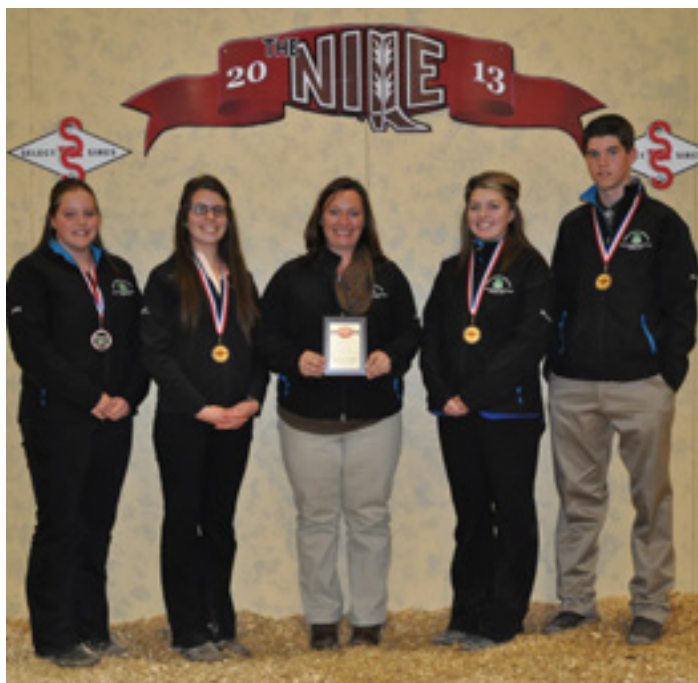


The dance at the Western National Roundup.

The last day was full of prizes and ribbons as we dressed up for our breakfast banquet and were recognized for our hard work. The hippology team managed to get 9th overall and the livestock judging team wrangled up the top overall hog team judging award. We quickly stopped by the Stock Show (again!) for a few hours before we headed off to the airport for the flight home.

The trip was an amazing experience for everybody, with fun people, good food, and the chance to represent 4-H Alberta. Oh, and for next year's competitors, we told everyone that it took us eight hours to get to the airport by dogsled and we live in igloos – stick to that story at all costs!

The Hippology Team was proudly supported by Penn West and the Judging Team by ATB Agriculture. 🍀



Provincial Judging Trip Recipients at NILE with chaperone, Leila Hickman (centre)

Judging with Style at NILE

BY: BAILEY SHANDRO, Provincial Judging Award Trip Recipient

Last Fall, Anke Hermus, Cole McMahon, Brooke Bablitz and I embarked on a road trip chaperoned by Leila Hickman to Montana's largest city, Billings. We were en route to judge at the Livestock Evaluation Contest at the Northern International Livestock Exposition.

On our first day we got to know each other better as we headed towards Havre. After two full days of driving we arrived in Billings. We circled the entire city, admiring the Yellowstone River, Rimrocks and the small ranches around the city.

The morning of the judging competition we woke up bright and early to arrive at the Rimrock Auto Arena. At the judging competition we discovered it was every bit as cold as they promised and that navy blue corduroy jackets were considered stylish by the FFA members. Throughout the morning we were challenged with judging Simmental Heifers, Feedlot Steers, Maine Heifers, Rambouillet Ewes, Replacement Guilts, Market Goats, Angus Spring Heifer Calves, Hamp Ewes, Market Hogs, and Performance Angus Bulls with three oral classes. Along with the livestock judging, the American members also competed in a marketing competition in which they had to "sell" customers a tractor which best suited their needs.

We watched the All Breeds Junior Open Show and observed the impressive sheep, pigs, and cattle stalled. That afternoon we discovered that our team had not only placed 4th in Sheep, 2nd in Hogs, 3rd in Beef, and 3rd in reasons, but had also been awarded 3rd overall with Brooke leading the pack in 5th place!

On Thursday we treated ourselves by shopping and dining on some delightful American food. As we drove by mountains and through the gorgeous Lewis and Clark National Forest, we experienced our first snowfall of the season. After getting lost again in Great Falls on our way to Shelby, we agreed that none of us could compete in the Amazing Race!

On Friday we said our goodbyes as we made our way home to celebrate with our families. Thank you for the opportunity to broaden our agricultural world views.

This trip was proudly supported by ATB Agriculture. 🍀

The Interprovincial Youth Exchange Program is Back!

4-H Canada is happy to announce the return of this exciting program that gives 4-H members and chaperones the opportunity to travel to a different province in Canada. As part of this reciprocal exchange, participants will also host the members and chaperones who will travel to their home province.

Apply now for the opportunity to experience the culture of a province that's you've always wanted to visit! Gather a group of 10 interested members, and two chaperones, and visit <http://exchange.4-h-canada.ca> to begin the application process to participate in the Summer 2015 exchange!

Deadline for applications is October 31, 2014

Please Note:

Groups from easterly provinces travel west July 8-18th, 2015.

Groups from westerly provinces travel east August 5-15th, 2015.

Montana 4-H Leadership Forum: Inspiration for Everyone

BY TERRIE REUM, Leadership Development Award Trip Recipient

On September 26th, 2013 4-H Members Melissa Sanderson, Teresa Russian, Janice Hoover and Terrie Reum headed to Miles City for the Montana 4-H Leadership Forum.



We kicked off the forum with Friday's Keynote Speaker, Dr. Elaine Doll-Dunn. Elaine beat cancer at age 56, ran 26.2 marathons in 2000, became Mrs. South Dakota at age 61, and completed a PhD in Psychology. For us leaders she was incredibly inspiring and motivating.

Saturday was a jam-packed day that included workshops and educational tours. Workshop topics included Marathonng Made Manageable, Come SET the Leadership Table, Sewing Quick & Easy, Navigating My World, and Outdoor Cooking. Due to the wide range of topics, there was something for everyone.

We put on our walking shoes for the Historical Walking Tour of Miles City. Miles City is full of history, wonderful architecture, and interesting people. And what town is complete without a ghost or two?

We also visited the Fort Keogh Research Station, a former United States Army Post. Fort Keogh is named for Captain Myles Keogh who died at the Battle of the Little Bighorn. In 1900, it became an army remount station and is now a USDA Range and Livestock Experiment Station. Fort Keogh is 55,000+ acres situated on Yellowstone River at the mouth of the Tongue River.

With the exception of the high winds, the drive through Montana was beautiful!. Overall, the trip provided a host of opportunities for networking, learning, and of course shopping. 🍀



Members having a laugh with chaperone Ginny Smith.

Leader Travel Opportunities – Apply Now!

Application forms are available at www.4h.ab.ca

For more information on any of these opportunities or how to apply, contact Katelyn Strang – 4-H Specialist – Programs, 4-H Branch, Government of Alberta by email at katelyn.strang@gov.ab.ca

DEVELOPMENTAL OPPORTUNITIES:

National 4-H Leadership Conference

Dates: February 12-15, 2015

Location: Ottawa, ON

This professional development opportunity will provide a stimulating and insightful forum for learning, sharing experiences, and contributing to a growing 4-H movement. Programming is organized into focus areas and streams with participants selecting daily sessions to attend based on their educational needs and personal development goals.

Application due by: December 1, 2014

Ontario Leadership Conference & Annual Meeting

Dates: March 27-29, 2015

Location: Waterloo, ON

This is a three day event that provides leaders with the opportunity to learn, enhance skills, and make valuable connections with 4-H volunteers from across Canada and Ontario. You will meet other 4-H volunteers who share your values and passion for youth engagement – through workshops, breakout sessions, social activities, and more. 2015 will make the 100th Anniversary of 4-H Ontario!

Application due by: December 1, 2014

Lakeland College Friday & Saturday October 24 & 25



Both campuses, both days!

HOUSE 2014

Apply to Lakeland College in person or online during Open House & pay **NO APPLICATION FEE.**



Tours • Program info
Hands-on activities • Open door classes
www.lakelandcollege.ca/open-house



4-H Alberta leaders and 4-H Branch staff in attendance at WRLF 2014.

Honor the Past, Celebrate the Present and Explore the Possibilities!

SUBMITTED BY HELEN ANDREWS AND STACY MURRAY,
WRLF Attendees

Each year the Western Regional Leaders' Forum (WRLF) is hosted by one of the western states. And each year, for the past 40 years or so, they have invited guests from Alberta. Two leaders are selected by 4-H Alberta to attend as a developmental opportunity, but any leader is encouraged to attend on their own. This year, there were nine attendees from Alberta for the conference in Billings, Montana.

It all began with the Opening Ceremonies on Thursday, March 27th. The evening's entertainment featured native dancing performed by Red Cloud, with his wife and three lovely children. An explanation of each dance's meaning and history was given by Red Cloud before he started playing the music that accompanied each one.

"Honor the Past, Celebrate the Present, and Explore the Possibilities" was the theme for WRLF 2014. Over the course of two days we each participated in six - eight sessions, choosing from 30 possibilities. Many sessions regarding 4-H were attended by delegates to pick up new information to share with colleagues at home. These included topics such as Not Your Mama's Volunteer Experience, Turning Aspirations into Action and Making Meetings Fun.

Of Making Meetings Fun, Haley Nelson said, "There are so many creative people in the organization to exchange ideas with, there is no excuse for boring meetings ever again! Learning how to handle the different personalities of each member was an education to remember."

WRLF also included a silent auction, a "Country Store" complete with items for sale by various Montana clubs, a share fair complete with a display promoting the 2017 WRLF in Alberta!

Guest Speakers included Dr. Richard Lerner, a published author of many books on Developmental Psychology;

Dr. Martha Couch who spoke on the importance of leadership skills for youth; and Dr. Waded Cruzado, President of the University of Montana, speaking on the Land Grant University System. Following the Saturday evening banquet, several 4-H leaders were honored for their 30+ years of service to the 4-H program and dance entertainment was provided by Kyle Shobe (a 4-H alumnus) and the Walkem Boys.

Sunday's breakfast, followed by the closing ceremonies and final speaker, wrapped up the conference. While some delegates did some post-conference shopping, others attending the conference debriefing in preparation for our hosting in 2017.

We each learned new skills, renewed and made new acquaintances, and generally had a great time. There is always a new strategy for teaching our youth, a new idea for us as leaders, or a new resource to be shared. Making 4-H fun for the members brings them back each year. The conversations and feedback in the sessions, and the discussions with other leaders between sessions, helps underline why 4-H is important to each of us and ensures we learn from each other. "It's not just the kids that make 4-H friendships that last, it's also the leaders", says Nelson. Marion Van Sluys adds, "I encourage everyone to attend as it will recharge your 4-H batteries!"

WRLF 2015 will be a virtual conference, hosted by Oregon State. This conference will be presented over three evenings. Watch for more information as everyone is welcome to join in to hear the speakers and take part in the discussions. Start planning now to join WRLF 2016 in Alaska. We would love to have a large presence to help promote WRLF 2017 in Alberta! 🍀

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Regional, District and Club News & Events

Upcoming Opportunities for the Peace Region

NOVEMBER 1ST 2014	Regional Meeting	9:30 coffee, 10:00 meeting at the Fairview Regional College Room AC 144. We ask that each district sends two members and two leaders as representation.
NOVEMBER 29TH 2014	Fall Leaders Forum	This forum focused on leadership conversations will give 4-H leaders the opportunity to learn more about their very important role within the organization. Fun and networking are a guarantee!
NOVEMBER 29TH, 2014	Frosty Fest	This one day workshop for junior and intermediate members will be one for the books! Come out and learn a little more about 4-H and yourself and of course, participate in some awesome games!
JANUARY 3RD 2015	S.W.A.T- Senior Weekend at Training	Exclusively for senior members in the Peace Region, SWAT is the perfect event for connecting with senior members across the region and gaining some new knowledge to take home and apply to their clubs and everyday lives.
JANUARY 9TH-11TH 2015	Leaders' Conference	The Peace Region is hosting this premier provincial program for 4-H leaders across the province in Edmonton. Register early!
FEBRUARY 6TH-8TH 2015	Junior Winter Camp	The two-night Junior Winter Camp is the perfect opportunity for a mid-winter 4-H retreat! Connect with the friends you met at summer camp or try camp for the first time. Good times are guaranteed!
FEBRUARY 6TH-8TH 2015	Intermediate Winter Camp	This is your chance for a Saturday night dance- 4-H style!! This year Intermediate Winter Camp will be a two-night event with a FULL length dance on the second evening!

Upcoming Opportunities for the Northwest Region

NOVEMBER 1ST 2014	Horse Play	The 3rd Annual Horse Play will be full of learning and fun for members, leaders, and parents at the Villeneuve Hall. Registration includes workshops, games, speakers, booths, prizes, and lunch.
NOVEMBER 15TH 2014	Regional Council Annual Meeting	Villeneuve Hall at 9:00 a.m., followed by lunch and the Regional Project Committee Meetings. All meetings are open to any interested parties, but each district should have three voting representatives in attendance at the morning meeting.
JANUARY 9TH 2015	Regional Council Fee Deadline	The regional fees of \$40/club + \$12/member are due from each district to the Regional Council Treasurer.
JANUARY 30TH -31ST, FEBRUARY 1ST 2015	Frosty Fun	Camp Nakamun will again be the location for the annual Frosty Fun weekend. Contact Stacy Murray if you are interested in being a part of the planning committee for this year's event!

Upcoming Opportunities in the Northeast Region

NOVEMBER 1ST 2014	Regional Meeting & Leader Update	Vegreville Train Station, 10:30 – 2:30. Open to everyone, this is an excellent opportunity to provide your input into regional level happenings. Lunch will be provided and an update for general leaders will follow immediately after. We'll walk through the Fall information package and do some idea sharing!
DECEMBER 5TH & 6TH 2014	Fall Fling, Hosted by the Lamont District	Back by popular demand, our overnight Junior Camp is an excellent way to introduce your young members to the structure of a camp setting. This program is open to all junior members (9 -11) in the NE.
DECEMBER 5TH-6TH 2014	Something To Say	This fantastic overnight program with a focus on communication will be held at the same date and location as Fall Fling. It is open to all intermediate members in the NE and promises to be a great time.

Upcoming Opportunities for the East Central Region

OCTOBER 17TH - 18TH 2014	Something to Say	Something to Say is back. This "one sleep" program focuses on improving public speaking and presentation skills for members ages 13 to 16 (as of January 1, 2015). This program is for the East and West Central Regions, to be held in Stettler. Application forms are available at www.4h.ab.ca .
NOVEMBER 21ST 2014	Regional Council Meeting	Castor (Tentatively)
NOVEMBER 30TH 2014	Regional Horse Committee Meeting	Castor (Tentatively)
JANUARY 24TH 2015	Bull Congress 4-H Program	Hosted by Camrose District
FEBRUARY 14TH 2015	4-H Night at the Red Deer Rebels	Red Deer Centrum
FEBRUARY 15TH 2015	Multi Species Judging	McGowan's Arena, Killam
FEBRUARY 20TH - 22ND 2015	Winter Camp	Circle Square Ranch, Halkirk

Upcoming Opportunities in the West Central Region

OCTOBER 17TH, 18TH 2014	Something to Say	Something to Say is back. This "one sleep" program focuses on improving public speaking and presentation skills for members ages 13 to 16 (as of January 1, 2015). This program is for the East and West Central Regions, to be held in Stettler. Application forms are available at www.4h.ab.ca
NOVEMBER 2014	Regional Record Book Competition	Districts may enter one junior, intermediate and senior record book in each of the competition categories. To qualify for the Regional Competition, the record book must be the best book from their district. For more information visit www.4h.ab.ca .
NOVEMBER 22ND 2014	Regional Council Meeting	Lacombe Memorial Centre
NOVEMBER 29TH 2014 (TENTATIVE)	Executive Workshop	Camrose District Hosts
JANUARY 17TH 2015	Regional Horse Workshop	Lacombe Memorial Centre
JANUARY 24TH 2015	Bull Congress 4-H Program	Hosted by Camrose District
JANUARY 20TH 2015	Horse Committee Meeting	Kozy Korner, Lacombe
JANUARY 28TH 2015	Regional Council Meeting	Lacombe Memorial Centre
FEBRUARY 7TH 2015	Multi Species Judging	Calnash Centre
FEBRUARY 14TH 2015	4-H Night at the Red Deer Rebels	Red Deer Centrum

Upcoming Opportunities in the West Central Region - Continued

FEBRUARY 17TH 2015	Horse Committee Meeting	Kozy Korner, Lacombe
FEBRUARY 27TH – MARCH 1ST 2015	Winter Camp	Alberta 4-H Centre
MARCH 4-8, 2015	Alumni Ski Trip	Our annual ski trip is back! This opportunity is open to all senior 4-H members. We'll be going to Fernie this year, so mark your calendars and watch for more details.

Upcoming Opportunities in the Calgary Region

NOVEMBER 1ST 2014	Judging Basics Workshop	Registration is at 8:30 a.m. at the Airdrie Ag Centre. This workshop will give you the confidence you need for your next judging competition. You'll learn why we judge, the basics of multi-judging and apply what you learn. For beginners or those needing a judging refresher.
NOVEMBER 5TH 2014	Regional Council Meeting	7:00 p.m. at the Airdrie Ag Centre.
NOVEMBER 15TH 2014	Judging Beyond Basics Workshop	Registration is at 8:30 a.m. at the Airdrie Ag Centre. This workshop will help take your multi-judging performance to the next level and offers a more in-depth look at techniques and terminology and will help with the presentation of your reasons.
NOVEMBER 28TH 2014	Financial Management Workshop	Airdrie Ag Centre. This workshop at the Airdrie Ag Centre is for leaders, council members and club treasurers.
DECEMBER 5TH 2014	Calgary Hitmen vs. Edmonton Oil Kings Hockey Game	7:00 p.m. at the Calgary Saddledome. Mark your calendars, more information on purchasing tickets will be available closer to the date.

Upcoming Opportunities in the South Region

OCTOBER 18TH 2014	Regional Learning Day and Celebration	Register at 1:00 p.m. at the Taber Community Center for an afternoon full of fun sessions for members, and information sessions for leaders and parents. Doors open for the Evening of Celebration at 5:30 followed by dinner and the recognition of members, leaders and Friends of 4-H.
DECEMBER 6TH 2014	Regional Council Meeting	10:00 am Lethbridge Research Station.
FEBRUARY 13TH – 15TH 2015	Snowfest Winter Camp – Organizers Needed!	We're currently seeking a few adults to look after the organization of this wonderfully popular winter weekend camp and ski/snowboarding weekend for junior and intermediate members in Elkwater! Contact Ginny if you are interested this opportunity.

West Central Alumni Ski Trip March 6-8, 2015

The annual ski trip is back and we're headed to Fernie! This event is organized by the West Central Alumni and is open to all senior 4-H members. Save the date and watch for more details. 🍀



Participants of the Regional Sheep Workshop.

4-H on Parade Sheep Committee Hosts Regional Sheep Workshop

BY ELLIE WOODS, Foothills 4-H Sheep Club

On a snowy Sunday in March all the 4-H Sheep Clubs in the Calgary region gathered together in Airdrie, Alberta for a regional sheep workshop, the first of its kind for our area. Eighty-six members worked on basic sheep knowledge and skills needed for day to day work on the farm as well as in the show ring. Each group was broken down by age group so kids were taught skills that were age appropriate.

The day consisted of six classes. The skill based classes were taught by special guests. One of these classes was sheep trimming with Steven Jones. Here we learned how to card, trim and prep for show with pasture animals. That means the lamb has never been washed or sheared and is fresh out of the field. We will put these skills to good use at our club shows and 4-H on Parade. We were also taught the do's and don'ts of showmanship by Echo Ashbacher. She taught us basics like always smile and never get between your sheep and the judge. As well, she share little secrets to give us an edge - like how to swap spots with people in line and what side to stay on if the judge is directly in front or behind the sheep. The last skill class we took part in was sheep care with Jennifer Woods. Here we learned things that every sheep owner needs to know, from banding lambs to tying slip knots. They were all very important skills for every sheep 4-H member to know.

The whole day wasn't about work though - we participated in sheep based games hosted by the clubs themselves including an Ovine Knowledge Bowl which required members to test their knowledge about various sheep related topics. There was also a sheep farmer obstacle course where members weaved in and out of barrels, jumped over bales and walked across narrow beams.

We enjoyed a tasty lunch of beef on the bun prepared by Airdrie Beef and Multi Club Susan Markus from ARD and Dr. Kathy Parker educated us on sheep nutrition and health care. We also had an awesome raffle table full of sheepy prizes! Everyone walked away from our first regional sheep clinic with new friends and new skills.

We want to thank all our sponsors who donated items for the raffle tables but especially Three Cross Feedlots for letting us use their indoor facilities that kept us out of the snow! 🍀

Lights, Camera, Action!

BY: ASHLYN MCCORMICK, Member of the Consort Creative Hands 4-H Club

This year I chose Performing Arts as my project. We did a play called *The Way Home*, a story of love, loss, and learning to move on. It was written by our drama leader Janine Funk, affectionately known as the 'Mistress of Funk'. In addition to writing the play, Janine was the director, designed the costumes, and even designed the sets!

For the practises we had to bring our playbook and our voice. For the first several months we were at Janine's house learning our lines and how to speak with a British accent. We started practising at Consort School's Fine Arts Center when we got closer to opening night because we needed to get accustomed to using the stage and moving about our sets.

Our set had a hand-made wooden background that was painted on one side and had wall paper on the other side. The panels on the background could be flipped up or down quickly to show wallpaper or paint depending on the scene. There were also hand-made raised floors with stairs, bread baskets, doctor kits, wine, and much, much more. Our entire group helped out with the set, it really made our play look like a fancy production!

Renting the school and buying the props cost a fair bit of money. My dad and I set up a table at the Consort Gun Show in April to help raise some funds to help our group with the costs. We sold professional passport and gun license photos, taken on the spot and printed in fifteen minutes. All we needed for this was one of Dad's cameras (and his expertise), his laptop, our ink-jet printer, printing supplies, and a white background for the customers to stand in front of. We charged \$15.00 per photo and our cost to produce each photo was under \$1.00. We raised almost \$400.00 for our performing arts project that weekend and received great feedback from our customers.

The actual performances were kind of scary, but they turned out really well. There weren't many people in the audience on the first night, but there were almost a hundred people there for our second performance! The reporters from the local newspaper were there on the second night, too.

I learned many things participating in this play like memorizing lines, projecting my voice when speaking on stage, and talking with an accent. It also helped me get to know some fellow 4-H members better, and even got me thinking about the performing arts as a career. I most definitely want to do more of these plays in the future because they are so much fun. I also enjoyed fundraising for this project. I can't wait until next year to participate in performing arts again. 🍀



Members of the Consort Creative Hands taking a bow for their outstanding performance!



Members of the Beauties vs Beast Relay for Life Team.

Fantastic Fundraising

BY: AVERY DONALD, KAYLYN DONALD, MELISSA BENNETT, GABRIELLE TREBB & NICOLA SCHATZ
BEAUTIES VS. THE BEAST RELAY FOR LIFE TEAM,
INNISFAIL NAILS, NEEDLES & NOSES 4-H CLUB

In 2011, leaders and members in our club, the Needles and Noses 4-H Club, decided to create a team to participate in the Canadian Cancer Society's Relay for Life event.

We started recruiting people who were interested at the beginning of the 4-H club year. We met each month to discuss what we wanted to do, chatted about fundraising ideas, ordered hoodies to wear for the event, and made decorations for a campsite at the relay.

Relay for Life is a 12 hour event where participants collect pledges and donations to fight cancer. The members of our team were to take turns walking around a track all night. At least one member of the team must be on the track during the entire twelve hours. We made up a schedule so we knew which hour we were responsible for walking. We start walking at 7PM and we are done and ready for bed at 7AM the following morning! We started the relay as a team and finished as one too.

Our team has carried out many fundraising activities in the past. We organized bake sales, hot dog sales, sold crafts and handed out shelter belt trees to name just a few of our endeavors. With each passing year we get more creative in ways to raise money for the causes we believe in.

For Relay 2014 our team raised over \$5400.00 to donate to the Canadian Cancer Society. When you add that to our previous fundraising totals, in four years our team has raised over \$21 000.00!

Not only is Relay for Life an amazing cause, it is also a lot of FUN! Every year is a little bit different but we have watched movies, had our faces painted, gotten air brushed tattoos, danced on the track at 4 AM, ate WAY too many cookies, decorated our campsites, and laughed lots. It is a GREAT excuse to stay up ALL NIGHT with your friends!

We challenge you to start your own team and join a relay near you. If our team can raise \$21 000.00 in four years just imagine what we could do with more 4-H teams working together! 🍀

The 5th Annual "Why 4-H is Great" Contest

ATB branches and 4-H members, clubs, and districts across Alberta partnered together for the fifth annual year to compete for an opportunity to host a 4-H District Community Concert headlining Gord Bamford, renowned Canadian country music star.

Some outstanding audio visual contest submissions were received this year. **The winner of the 2014 "Why 4-H is Great" community concert is Drumheller 4-H District.** Second place finalist was the Ponoka 4-H District. This year entries were required to highlight "Why 4-H is Great" or "Why 4-H loves Alberta".

Drumheller 4-H District's fabulous grand prize will be to host the 2014 Gord Bamford community concert on Friday, November 21 at the Badlands Community Facility in Drumheller, Alberta. The concert will serve as a fundraiser for their local 4-H District, with 15% of the concert proceeds being contributed to the 4-H Alberta Legacy Fund. All members of the Drumheller 4-H District will also receive a private Gord Bamford mentoring session on the day of the concert. Tickets can be purchased for \$25.00 each through a Drumheller 4-H District Member or at the following local ATB Financial branches and agencies: Linden, Drumheller, Hanna, Strathmore, Three Hills, Trochu, Carbon, Morrin, Rockyford, Standard, Deila, Irricana and Big Valley.

In addition to this valuable fundraiser, the "Why 4-H is Great" contest also proudly showcases some of the outstanding local 4-H musical talent each year. This year's winner of the Musician's contest is The Cats and the Fiddles.

Thank you to ATB Financial and Gord Bamford for continuing to make this contest a success and a highlight of the 4-H Alberta program. Over the past five years, in excess of \$68,000 has been raised for Alberta 4-H through this contest! 🍀



Taryn Stauffer, 4-H alumna, performing at the 2013 concert.

CONGRATULATIONS TO ALL THE 4-H ALBERTA CLUBS THAT PARTICIPATED IN ELECTRONICS AND TIRES RECYCLING COLLECTIONS!

SUBMITTED BY: 4-H FOUNDATION OF ALBERTA

You are making a difference and earning funds to support your clubs and it's many projects. Way to go!

Some clubs are also doing an awesome job filling out the required forms. All the I's are dotted, the T's are crossed, and addresses, phone numbers and signatures are in place. Now the data can be compiled on spreadsheets and the forms and spreadsheets are submitted to ARMA for payment.

Incomplete forms and forms that raise questions do cause delays that may affect the speed of payments to clubs. When your club registers for this fundraiser, Information Packages are emailed to your contact person and these have all the details you need to know. Please read and share with all involved.

Here are the things that most commonly delay processing of forms and payments:

- Missing phone numbers, addresses and/or names (privacy is protected as per legislation) ;
- Missing signatures (the donor, the landfill and club representatives all must sign);
- Comment is required if more than 100 tires collected from one donor;
- Collections of tires from some businesses that sell tires are occasionally allowed but must be pre-approved (contact the 4-H Foundation of Alberta office);
- Each large collection of electronics from a business, school, et cetera requires that your club also collect from 10 individuals;
- Old Electronics forms were used; the new forms have just 5 categories (please return any older forms with 8)

Remember to:

- Make a motion to participate as described in the Information packages.
- Register for each quarter in which your club is participating.

- Keep accurate signup sheets for each day you participate.
- Contact your landfill as requested or at least one week prior to each drop off date.
- Be safe!
- Have fun!
- Send your evaluation comments and photos, PLEASE.

We hope these reminders will help us all keep the program moving forward without any pesky delays, other than crazy amounts of snow, cold, rain and other fun Alberta weather issues. Your efforts are appreciated and we want your club to have the funds it deserves as soon as possible. The future definitely looks brighter due to your collection efforts. KEEP CALM AND RECYCLE ON.

Want to participate? Need more information? Call the 4-H Foundation of Alberta at 1-877-682-2153 or find more online at <http://www.4h.ab.ca/NewsEvents/fundraisers.html>. Be a part of it!

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Saskatoon	Hwy. 16 & 71st St.	306-934-4686
Unity	Hwy. 14	306-228-2686

Longview 4-H Beef Club Giving Back to the Community with their Donation Steer

BY CLAIRE MCPHERSON, Club Reporter, Longview 4-H Beef Club

For the past eight years the Longview 4-H Beef Club has raised a steer to donate to a worthy cause. This year the money went to the High River District Health Care Foundation. Oreo was this year's donation steer. Oreo was donated by the Brent and Neil MacLeod families of Durness Angus and by the High River Veterinary Clinic which is owned by Dr. Brent MacLeod. Oreo was cared for by Keaten (club member), Art, and Paula Cox. The feed was donated by Victory Canola.

On the sale day, Oreo weighed in at 1260 lbs and was purchased by the Eastern Slopes Philanthropists for \$16.25/lb. Oreo was then donated back for resale and purchased by John and May Lockhart for \$4.10/lb. \$25,663 was the total raised by the sale. In addition, Taryn Robertson's steer was donated back and resold with the proceeds going to the Foundation.

This year's club's goal was to raise as much money for the Foundation as possible. We feel we were successful in achieving this goal and helping our community. At our last 4-H meeting Scott Forbes (patient spokesperson for the cancer centre in the High River hospital) and Michael Brown (from the High River District Health Care Foundation) came to talk to us about where the money is going and how it will help our community and individuals and their families who are suffering from cancer. The Foundation's goal is to raise one million dollars. It is great for the members of the Longview 4-H beef Club to be part of this community project. 🌱



At the 4-H on Parade Raffle Draw.

4-H on Parade: Giving Back to the Ronald McDonald House Northern Alberta

BY WHITNEY STOUT, Regional Summer Assistant, 4-H Branch, Government of Alberta

The 4-H on Parade Livestock Sale took place June 1st and featured a charity steer raffle, a new addition to the parade. In past years, the charity steer was auctioned off. The steer was generously donated by the Nixdorff Family of YV Ranch and fed by Herman Van Genderen of You 1st Enterprises. The raffle was organized by the Irricana 4-H Beef and Multi club, and tickets were sold for ten dollars with the help of other beef clubs in the region. Michelle Dahl of Airdrie won the steer and, it cut and wrapped by Balzac Meats. Coleman Nixdorff, who raised the steer, deemed the raffle a great success. "It secured the buy," he says.

The steer raised ten thousand dollars in total for the Ronald McDonald House Charity. The Irricana 4-H Beef and Multi Club chose the Ronald McDonald House Charity, because a club member was born premature and their family had stayed there. Additionally, as a whole, the club was touched by the stories they had heard of the charity making a huge difference in the lives of families with children staying at the hospital. The Ronald McDonald House provides temporary and affordable accommodations meals, activities, and support to families whose children are being treated in one of Edmonton's medical facilities. The event was not only an exciting 4-H event but an amazing opportunity to support a wonderful cause that provides families with a home-away-from-home. 🌱



Members of the Longview 4-H Beef Club present a cheque to the High River District Health Care Foundation.

4-H Alberta's Partnership with the Ronald McDonald House

In 2011, 4-H Alberta partnered with Alberta's three Ronald McDonald Houses (Edmonton, Red Deer and Calgary) to build a legacy of kids supporting kids. More than \$14,961 was donated by the clubs last year to help out-of-town families with sick children stay together at Ronald McDonald House. Participating clubs are recognized through the "4-H Champions of the House" recognition program.

Families of 4-H know the importance of working together and the strength in community. The Irricana 4-H Beef and Multi-Club decided to try something new with their donor steer this year; they decided to sell raffle tickets instead of selling the steer in a live auction. Club members spent many months in their community selling tickets and raising awareness about the House. The Club raised an outstanding \$10,000 in raffle ticket sales in support of Ronald McDonald House® Southern Alberta in Calgary. They emulated the importance of community and team work; they proved how coming together as a team, and working together with their community, helps keep families together at the House!

We are immeasurable grateful for the support 4-H Alberta has provided the House, they are not only 4-H Champions of the House, but extraordinary youth in our community.

There are number of ways 4-H Club members can support their local Ronald McDonald House including:

- Collecting pull tabs from aluminum cans for the Pull Tab Program
- Donating funds from the year end steer auction
- Purchasing items from the House wish list
- Participating in Ronald McDonald House signature fund-raising events throughout the year
- Asking parents and leaders to participate in the Home for Dinner Program and prepare a meal for the families

For more information on this program and how you can get involved with any of our Houses, please contact Shonna Lavery at shonna@rmhsouthernalberta.org or 403-240-3000 ext. 112.

Thank you to all the 2013/2014 "4-H Champions of the House!" 🍀

ATTENTION ALL 4-H CLUBS AND/OR INDIVIDUAL 4-H MEMBERS!

The 4-H Foundation of Alberta would like to invite the Calgary 4-H Region, Districts, Clubs and/or individual 4-H members to participate in the **4-H Showcase and participate as a Sponsor Host** at the **4th Annual 4-H Alberta Corporate Partnerships Appreciation Evening** taking place at the Strathmore Civic Centre on **November 19, 2014**.

The Corporate Sponsor Appreciation Evening will be dedicated to an engaging and energetic 4-H Showcase. Participants will have the opportunity to showcase their talents and accomplishments. Participants will also be asked to engage and interact with our Corporate Partners throughout the evening as table hosts.

To help with our event we are looking for club contribution and support in various areas such as:

- Venue greeters/ Welcome Committee
- Sponsor Engagement
- Table Centrepieces
- Photos
- Take Down
- Table Hosts
- 4-H Showcase
 - Interesting and interactive 4-H related demonstrations
 - Fun events that your club did over the year
 - Your clubs projects
 - Your club members' Provincial 4-H Experiences (pictures, samples of projects, video etc.).
 - Sponsor appreciation, how have you used sponsor dollars?
 - Anything that makes your club unique!

This is a great occasion for 4-H Alberta to demonstrate the benefits and outcomes from the commitment of financial support, volunteer hours, resources and expertise that have been provided by our Corporate Partners. It is a chance for 4-H Alberta to thank our dedicated Corporate Partners, as well as to provide a firsthand opportunity for our partners to engage directly with 4-H members and leaders in order to fully grasp the benefits and value of the 4-H program.

Each 4-H participate is invited to join us for dinner as well.

If you are interested in participating in this unique occasion, please contact the 4-H Foundation of Alberta. Space is limited and will be reserved on a first come, first served basis.

For additional information please contact:

Rae-Lee Pieschel

Corporate Partnerships Coordinator

4-H Foundation of Alberta

(E) Pieschel@4hab.com

(P) 587.999.2244

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East Central Rodeo Series Wraps up in Tees, Alberta

BY PADDY STOREY, *General Leader, Tees 4-H Wranglers*

Our club was lucky enough to be able to host the last rodeos in the East Central 4-H Rodeo Series this year. It was our first time running a 4-H rodeo and nearly everything went off without a hitch. We had members attending the rodeo from 9 clubs. Events included Barrels, Poles, Keyhole, Goat Tying, Break-away and Team Roping and Steer Riding. We also had a Cleaver Rodeo Obstacle Course which was fun for our young members.

Some of the highlights of the finals weekend included the dance and games on the Saturday night, warm weather, good sportsmanship and of course the Year End Awards. Jr. High Point went to Denim Ross, Int. High Point went to Hailey Ries and Sr. High Point went to Desiree Kelts. There were buckles for these winners as well as for all Event Series Champs. There were halters and spurs for the Reserve champs and coolers for reserve high point.

Our club feels very fortunate to have been able to add a rodeo to this series and have our kids participate in the other rodeos put on by the Halkirk Hicks, Stettler Silver Stars and Neutral Hills 4-H Rodeo Wranglers. Everyone works hard to make sure the kids have a safe and fun time. A huge thank you to the prize sponsors, rodeo sponsors, volunteers and 4-H families for making this series a success! Good horsemanship and sportsmanship are key and the members are proving themselves to be great ambassadors for the sport of rodeo! 🍀



Lined up for the singing of the anthem.

4-H Takes Flight!

BY MORGAN HUTCHISON, *Club Reporter*

Lacombe 4-H Outsiders Multi Club took flight in a fantastic experience sponsored by COPA (Canadian Owners and Pilots Association) For Kids Aviation Program. Eleven kids from the club participated in this event organized by Danny Munro on May 24th, 2014 at the Lacombe airport. The program is designed to get kids 7-17 interested in aviation and experience in the cockpit. Pairs of participants were able to get a Bird's-eye view of central Alberta and even handle the controls for a true hands-on feeling. Member Camryn stated how amazing this experience was: "It felt like I was a bird!"

The club sends their thanks to Don Warner, Ron Wright, Leonard Bardick, Dave Scott, and their awesome planes! 🍀



Members of the Lacombe 4-H Outsiders 4-H Multi-Club participated in the COPA For Kids Aviation Program.



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Touring the Edmonton base for STARS.

Head, Heart, Hands & Health

BY ERIN WELLS, General Leader, Elk Point 4-H Beef Club North East Region

Fourteen members of the Elk Point 4-H Beef Club had a tremendous end to the club year.

As a new club, the members wanted to start a tradition that they could carry with them for years to come, and that was to raise a calf for charity. A chosen beneficiary for this year's calf was to go to the STARS Foundation. With the help of Shamrock Valley Enterprises that donated a calf to the club and 7 Pillars Ranch that donated the cost of feed, Elk Point Beef Club raised a fabulous Angus steer ready for market. Unknown to the club as all members led their prize steer into the sale ring at the St. Paul District Show and Sale, there was a buyer waiting in the stands to purchase the calf at a very generous price of \$12.50 per pound. Ronco Oilfield Services of Medicine Hat, Alberta purchased the steer for a little over \$18,000!

On June 21st all the members of the beef club hand delivered the proceeds to the STARS Foundation. They also had the privilege of taking a tour, lead by a twenty year veteran pilot, of the Edmonton home base. They learned first-hand what it takes to keep STARS in the sky from efficient staff, practice simulators, maintaining equipment and the dollars it takes to respond to one emergency call, which is roughly \$10,000. The club really felt they made a worthy contribution.

The generosity didn't stop there. A first year junior member, Levi Quist, decided to show his club what 4-H means to him. Levi received the highest dollar amount for his steer in the club, but wished to only receive market value for his steer. He donated \$800 to his club for future projects and requested the remaining amount to be donated, in the name of the Elk Point 4-H Beef Club. \$800 to be given to the Baptist Church in supports for community relief funds like natural disasters, and the final \$800 to be given to benefit sick kids. This young man's selfless action is a reminder to us all the true meaning of 4-H's "Head Heart Hands & Health". He is a true role model for us all! 🍀



Hey look! There's the 4-H Canada logo!

Beefin' it Up!

BY GINNY SMITH, *Regional 4-H Specialist - South*

I have to say that one of my personal favorite parts of my job is when I get to spend time with happy members and fantastic volunteers.

Once again, the Southern 4-H Regional Beef Learning Day and Heifer Show refreshed me. There is nothing better than getting out of the office and seeing the light bulbs glow, as members add something to their own bag of skills and abilities – be it using their own hands to build a new neck rope, or demonstrating their confidence with their calves for the showing. Even better – seeing them smile as they do it all!

Attendance was up this year for both parts of the day in Taber, showing an increase in the desire to learn and desire to be part of Alberta's own beef breeding industry. Cheryl Domolewski, our hardworking committee chairperson sums it up nicely:

"The breeding program is an excellent opportunity for a young member to join 4-H who is not comfortable with selling the project at the end for the year. With it actually being a 3 year project it gives the member a more realistic view of the cattle industry. They will have to make decisions on when to breed the heifer, and what the best breeding mate may be. They will then see the result of their decisions and will decide what to do with the offspring, and then make these decisions again the next year. Many 4-H members have started their own beef herd with these breeding projects, an investment that has paid off very well for them."

This was the second year of our "First Timer" Class, encouraging members, who had never before experienced showing at our Heifer Show, to give it a try in a fun and less daunting atmosphere.

Beef project members, mark your calendars for May 16th, 2015 for another great day at the Taber Agriplex! Bring yourself and your parents for the diverse morning learning sessions, and bring along your heifer projects for the afternoon! 🍀



Proud participant in the Southern 4-H Regional Beef Heifer Show.

IF YOU'RE GOING TO LEAVE THIS....



It'd better be to celebrate this.

Farmfair International is proud to support 4-H programs that help bring agricultural appreciation and awareness to future generations. 4-H Family Day will feature several exciting opportunities for members and their families to learn new skills, meet people and check out exciting programs. **Definitely worth the trip.**

farmfairinternational.com #FARMFAIR

NOVEMBER 8, 2014

EDMONTON EXPO CENTRE

Registration opens September 1



TAKE NOTE



REGISTER TODAY

PROVINCIAL EVENT	EVENT DATE	REGISTRATION DEADLINE
English Judge's Training Workshop	October 24-26, 2014	October 10, 2014
Interprovincial Youth Exchange	Summer 2015	October 31, 2014
Beef & Sheep Leaders' Update	November 21-23, 2014	November 3, 2014 – Earlybird November 14, 2014 – Final
Leaders' Conference	January 9-11, 2015	December 5, 2014 December 14, 2014
Senior Members Conference	January 30 – February 1, 2015	January 5, 2015
Selections	May 1-4, 2015	February 15, 2015

ACHIEVEMENT ACTIVITY RIBBONS



Together, the 4-H Branch of the Government of Alberta, the 4-H Council of Alberta and the 4-H Foundation of Alberta have made the decision that 4-H ribbons will no longer be available as a Club Supply item.

We collectively believe that this change will benefit the 4-H club, interclub, district and regional activities and events where ribbons are given. By purchasing 4-H ribbons through the 4-H Foundation of Alberta or a ribbon supply company, organizers will be able to customize their ribbons and their order to the activity or event that they will be utilized at. We understand that this will be an additional cost incurred by the group organizing the event, and encourage you to take this into consideration when budgeting for the activity or event.

4-H Alberta believes in the importance of recognizing and celebrating the achievements of our members, and thanks you for continuing to do so.

To access the 4-H Foundation of Alberta's Ribbon Order Form visit www.4h.ab.ca or contact them at 1.877.682.2153 or foundation@4hab.com. Please note that the deadline for placing a Ribbon Order with them is January 15th, 2015.

MARK YOUR CALENDAR

Club Registration Deadline

December 1, 2014

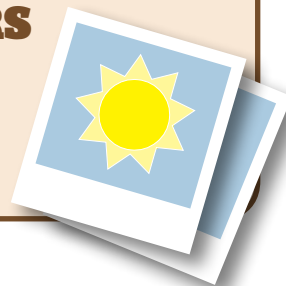
Leader Screening Deadline

December 15, 2014



CALLING ALL BUDDING STORYTELLERS AND PHOTOGRAPHERS

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