



**The 4-H Motto**  
**“Learn to do by Doing”**

Learning through experience a key objective of 4-H. At all levels of 4-H members are encouraged to learn through participation.

**The 4-H Pledge**

I pledge  
My **head** to clearer thinking,  
My **heart** to greater loyalty,  
My **hands** to larger service,  
And my **health** to better living,  
For my club, my community, and my country.

**Our Mission**

To develop youth as self-reliant, contributing individuals with marketable skills.

**Our History**

4-H has been an integral part of Alberta communities since 1917, with deep-rooted history and tradition that stems back to the efforts of individuals that formed the very first club for boys and girls (later called 4-H) in our province.

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# Alberta 4-H



**More than you ever imagined...**





## What is 4-H?

**4-H is a youth organization** committed to developing outstanding leaders with marketable skills to succeed in today's society.

Through the efforts of a dedicated provincial network, 4-H offers programs, trips, awards and scholarships for members and families.



## 4-H is also a great place to grow...

For over 90 years, we've understood that youth want to be involved, accepted, valued and heard. That's why 4-H clubs are great places for youth to learn and grow.

In 4-H, youth run the show. 4-H clubs typically meet once a month as a large group, where youth of all ages take on different leadership roles to make decisions and plan events. Clubs organize fun outings, achievement days and fundraisers, and participate in various activities within their communities.

## Fun and Friends

Hanging out with friends and participating in fun activities is the perfect combination. By following the motto "Learn to do by Doing", you'll not only make long-lasting friendships, but also take part in activities that meet your interests, increase your knowledge and develop your life skills.

## Family

When everyone is busy, it just makes sense to belong to an organization that brings the whole family together. 4-H clubs rely on family support and volunteer leadership from each adult and 4-H member—that's how we make things happen!



## The 4-H Benefit

### Projects

Whatever your interests or hobbies are, 4-H has projects to match them. Not only can you enjoy working on your favourite things, but you can also earn rewards for doing them in a fun and friendly atmosphere. With over 30 projects available, choosing just one or two can be a real challenge.

### Programs

If you ask members what the best thing in 4-H is, the large majority will say camping and programs. 4-H camps and programs truly are the highlight of the 4-H year for those who attend them.

So why attend these programs? The answer is simple. They are a great opportunity to meet new friends, take part in fun activities and learn new skills and abilities. They really define what 4-H is all about.



## Awards and Scholarships

Through the generous support of corporate partners, private donors and district and regional councils, Alberta 4-H is able to offer its members who are entering into post-secondary schooling the opportunity to realize up to \$2000 in scholarship funds. In the 2008/09 club year, 104 members were afforded more than \$83,000 in support of their goals and aspirations.

## Trips and Exchanges

Through a variety of means every year 4-H members hit the road, touring across the country, across North America, and even across an ocean or two. With travel comes perspective; with perspective comes wisdom and with wisdom comes confidence, maturity, introspection and curiosity, which are attributes that the 4-H program aims to impart to its members.