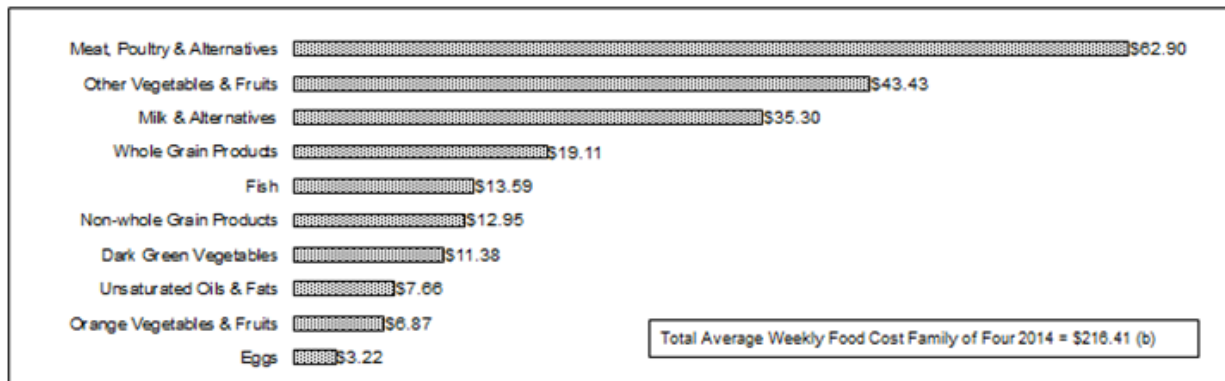


**Graph 3 - Average Weekly Food Cost by Category 2014<sup>(\*)</sup>**  
**Family of Four<sup>(a)</sup> - Edmonton**



(\*) Based on Health Canada's 2008 National Nutritious Food Basket.

(a) Composed of a man (31-50 years), a woman (31-50 years), a boy (9-13 years) and a girl (4-8 years).

(b) Add 10% to Total Average Weekly Food Cost to cover condiments, baking supplies, tea, coffee, etc., Vitamin D supplement for adult men and women over 50 years of age and iron supplement for pregnant women.