Graph 3 - Average Weekly Food Cost by Category 2014(*) Family of Four(a) - Edmonton

Meat, Poultry & Alternatives	962.90
Other Vegetables & Fruits	000000000000000000000000000000000000000
Milk & Alternatives	188888888888888888888888888888888888888
Whole Grain Products	000000000000000000000000000000000000000
Fish	000000000000000000000000000000000000000
Non-whole Grain Products	BBBBBBBBBBBBBB\$\$12.95
Dark Green Vegetables	00000000000000000000000000000000000000
Unsaturated Oils & Fats	8888888888888\$\$\$,57.66
Orange Vegetables & Fruits	Total Average Weekly Food Cost Family of Four 2014 = \$216.41 (b)
Eggs	\$3.22
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- (*) Based on Health Canada's 2008 National Nutritious Food Basket.
- (a) Composed of a man (31-50 years), a woman (31-50 years), a boy (9-13 years) and a girl (4-8 years).

 (b) Add 10% to Total Average Weekly Food Cost to cover condiments, baking supplies, tea, coffee, etc., Vitamin D supplement for adult men and women over 50 years of age and iron supplement for pregnant women.