Graph 2 - Average Total Weekly Food Cost (\$) 2009^{(*),(r)} by Age/Gender Group^(a) - Edmonton

Boy 2-3 years	26.98
Girl 2-3 years	26.42
Boy 4-8 years	34.79
Girl 4-8 years	34.79
Male 9-13 years	46.81
Male 14-18 years	68.72
Male 19-30 years	66.82
Male 31-50 years (b)	60.21
Male 51-70 years (b)	57.91
Male over 70 years (b)	57.24
Female 9-13 years	39.87
Female 14-18 years	48.07
Female 19-30 years	51.33
Female 31-50 years (b)	50.70
Female 51-70 years (b)	43.92
Female over 70 years (b)	43.92
Pregnancy 18 years & younger (c)	54.44
Pregnancy 19-30 years (c)	55.35
Pregnancy 31-50 years (c)	54.07
Lactation 18 years & younger	56.31
Lactation 19-30 years	59.44
Lactation 31-50 years	58.16

(*) Based on Statistics Canada's - 2008 National Nutritious Food Basket.

(r) Revised

(a) Add 10% of total to cost of basket to cover condiments, baking supplies, tea, coffee, soft drinks and supplements, etc.

(b) A daily Vitamin D supplement is required for adult men and women over 50 years of age as recommended in Eating Well with Canada's Food Guide. (c) A daily iron supplement is required for pregnant women.

Source: Alberta Agriculture and Rural Development, Economics and Competitiveness Division, Statistics and Data Development Branch

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