

**Business Fitness Centre**  
**Questions Management Should Be Asking at Least Annually**

- What is the competition up to?
- What could be their next move?
- Where are you vulnerable?
- What is your next move?
- Are you over your head in any part of your business?
- Where are you treading water?
- Can you keep it up?
- Is there anywhere you are spinning your wheels?
- Where have you hit roadblocks?
- Where is there progress?
- Where do you need to push to get things going?
- Where are your current stress points?
- What is weighing heavily on your mind?
- Are you making time for you and your family?
- Are you on the run all the time?
- Are you running around in circles?
- Are you in it for the long haul?
- Are you moving at the right speed?
- Are you taking time to stop and smell the roses?
- Do you feel like things are coming at you from all sides?
- Are you in control?
- Can you delegate responsibilities?
- What hurdles do you need to get over?
- What obstacles stand in your way?
- Are keeping a healthy balance?
- Are able to overcome barriers?

For more information on this document please call 310-FARM (3276)