



Company Name	Contact	Contact Information	Bison/Elk/Game	Beef	Lamb/Sheep/Goat/Alpaca	Pork	Sausage & Smoked Meats	Fish	Fowl/Eggs	Potatoes	Tomatoes	Mushrooms	Herbs/Microgreens	Vegetables	Fruit & Berries	Grains	Peas, Beans, Lentils	Gluten-free products	Beverage	Dairy Products	Honey/Pollen	Condiments/Deserts	Product Description & Comments on Delivery	Product Availability
Canada Goose Wild Rice	Nicole Brorg, Ruedi Boner	Location: Fort Assinboine PH (780-584-2686) FAX() Email: canadagoosewildrice@live.com Website:																					Premium quality Alberta wild rice Delivery: Please contact to make arrangements	Year Round
Chapman's Fresh Produce (Distributor)	Barbara Chapman/Judy Chapman	Location: Edmonton PH (780-463-4766) FAX(780-485-8868) Email: bjchap@telus.net, j_chap@telus.net Website: n/a										X											Leaf items, broccoli, cauliflower, reg produce items Delivery: Mon-Fri	Negotiable
Chickadee Farm Herbs	Roswitha Marenholtz	Location: Flatbush PH (780-681-2430) FAX(780-681-2430) Email: cferbs@telus.net Website: chickadeefarmherbs.ca									X	X					X						Herbal teas, culinary herbs, shallots. All products certified organic by Ogranic Producers of Manitoba Delivery: Edm delivery or mail order	Year Round
Double C Wapiti	Sandra Websdale	Location: Millet PH (780-387-4169) FAX(780-387-3617) Email: sandrawebsdale@gmail.com Website:	X									X	X										Elk Meat (all year), Fresh garden produce, carrots, beans, potatoes, onions, raspberries, apples. Vegetables/fruits available in season. U-Pick Herbs Delivery: Negotiable	Year Round or as available
Easy Ford Cattle Company Ltd./Easy Ford Meats	Dan Walton	Location: Edmonton PH (780-479-1714) FAX(780-447-1028) Email: darlene@easyford.com Website: www.easyford.com		X	X	X	X																All Natural & local Beef, Pork, Lamb/Sheep/Goats as well as a wide variety of Sausage/Smoked and processed meats. Delivery: self - Edmonton and area	Year round
Fins Seafood Distributors	Doug Sauve	Location: Sherwood Park PH (780-449-3710) FAX(480-449-3714) Email: doug.sauve@finsseafood.com Website:					X																Alberta Whitefish, Alberta Pickerel, Alberta Pike, also carry a wide variety of other species Delivery: Self	Negotiable
Four Whistle Farm	Marius deBoer	Location: Millet PH (780-387-2333 or 499-2726) FAX(780-387-2333) Email: fourwhistlefarm@yahoo.ca Website:		X	X			X															Lamb, fresh or frozen, all cuts, all natural; Beef, all natural, all cuts; Chicken, all natural, all cuts; turkey, all natural, all cuts Delivery: Delivery with refrigerated van	Year Round
Full Course Strategies Inc.(Distributor)	Lori Menshik	Location: Edmonton PH (780-413-9266) FAX(780-414-6274) Email: lori@fullcourse.ca Website:	X	X	X	X		X															Pork, beef, lamb, bison, poultry, elk products, rabbit Delivery:	Year Round
Greens, Eggs & Ham Family Farm	Mary Ellen or Andreas Grueneberg	Location: Leduc PH (780-986-8680) FAX(780-986-8680) Email: greenseggsham@xplornet.com Website:				X		X	X		X	X											Naturally produced, odd,unusual and heritage vegetables. Free range duck, Cornish game hens, guinea fowl and turkey.Processed duck and turkey products are gluten, lactose and pork free. Duck eggs available for those sensitive to chicken eggs and also provide incredible loft when baking. Year round production of mixed heritage greens, edible flowers, spinach and herbs. Delivery: Tues & Thur - Edm; Wed-south to Red Deer; other areas upon rquest & min. order	Year Round or as available
Hog Wild Specialties	Earl Hagman	Location: Mayerthorpe PH (780-786-4627) FAX(780-786-4627 786-4843) Email: dhagman@hogwild.ab.ca Website: www.hogwild.ab.ca	X		X	X																	Hormone free, naturally raised, federally inspected, fresh/frozen/processed "boxed" cuts of meat. Jerky, smokies, proscuitto hams, westphalen hams, loin & belly bacon, made to order products, Wild Boar. Federally & provincially inspected Delivery: Let us know when & how you wish it delivered	Year Round
Inner Garden Wheatgrass and Living Foods	Mouna Wilde	Location: Edmonton PH (780-432-3424) FAX(780-665-6202) Email: innergarden@shaw.ca Website: www.innergardenwheatgrass.com										X				X							Organic wheatgrass, buckwheat, sunflower, broccoli, pea, red and green diakon radish greens grown in soil. White popcorn and pea also soil grown. We will grow, by request, any soil grown plant. We grow indoors year round. Delivery: We can deliver the plant growing in the soil or harvested	Year Round
Inspired Gardens & Country Store, Carvel AB	Gwen Simpson	Location: Carver PH (780-968-4648 or 1-877-874-4455 Store 780-968-4455) FAX(780-963-8965) Email: info@InspiredGardens.ca Website: www.InspiredGardens.ca										X	X							X			100+Varieties of Herbs; 40+ Varieties of Edible Flowers in all Colours; Dried edible flowers available in dessert or dinner blends; Gourmet Salads. Naturally & sustainably raised (no chemicals, additives, or non-organic sprays or fertilizers of any kind). Delivery or Shipped. Delivery: Regular & event deliveries. Chef faxes request 48 hours prior to delivery	May - Sep



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Irving Farm Fresh Meats	Nicola Irving	Location: Round Hill PH (780-672-2787) FAX(780-672-2787) Email: irvingfarmfresh@xplornet.com Website: www.irvingfarmfresh.com			X	X											X						Fresh pork sausage -many varieties. All products MSG free. Special dietary requirements (wheat/milk/gluten free)& custom made sausage. Our pork is from rare breed Berkshire Pigs raised in a free range pasture system. Traditional Dry Cured Unsmoked Back Bacon-British style bacon. Delivery: Self	Year Round
Jordan Valley Farm	Rosemary Jordan	Location: Leduc PH (780-387-4869) FAX(780-387-4840) Email: Near_A_Way01@hotmail.com Website: http://www.nearawaystable.com/wagyu.html	X		X																		Raise own gov't inspected, all beef cuts: steaks, roasts, etc. Hamburger - 1lb pkg., sausage, naturally grown Wagyu beef - freezer packs available Delivery: Free within 30 miles; pickup at Capilano mall-Sat.	Year Round
K5 Ranch	Roy Kelm	Location: Tiger Lily PH (780-674-4784) FAX(780-674-6196) Email: hdkelm@hotmail.com Website:	X		X																		Galloway Beef - naturally raised, no hormones-no antibiotics. All beef sausage- no msg-no fillers, very lean, all vegetable casing. Pepperoni, garlic coils, smokies, salami, garlic salami, beef jerky. Some grass finished beef Delivery: Self	Year Round
Kickin' Ash Buffalo Meat Products	Paul Kolesar	Location: St. Albert PH (780-460-8696) FAX(780-454-0948) Email: cabi1@telus.net Website:	X		X																		Kickin' Ash sells products aged min. 21 days. All animals raised at their own ranch - no antibiotics, and hormone free. Stakes, roasts, ribs, smokies, ground burger, patties, wieners, vac sealed and 1/2 and whole sides. Approximately 40 different products. Delivery: Free, same day delivery to St. Albert and Edmonton area restaurants. 100% satisfaction guarantee	Year Round
Lakeland Wild Rice Ltd.	Alice Ptolemy	Location: Athabasca PH (780-675-4148 (H) 780-675-7075 (W)) FAX(780-675-7071) Email: Website:																			X		Alberta grown Wild Rice Delivery: Usually mail smaller amounts or will make other arrangements with customer	Year Round
Lizzees Berry Farms	Liz Pallas	Location: Calmar PH (780-985-3909) FAX(780-9850-3709) Email: lizzees@xplornet.com Website:											X										Frozen saskatoon berries 10 lb bags; fresh Saskatoon berries (in season-Jul) Delivery: Need 2 days notice	Year Round
Lola Canola Honey	Patty Milligan	Location: Bon Accord PH (780-921-3657) FAX(780-921-3623) Email: pattymilligan@albertacom.com Website: lolacanola.com																		X			Liquid, creamed, or raw local honey; dandelion honey; summer honey; honey-fruit fusions; honey-herb infusions; comb honey; pollen. Delivery:	Year Round
LT Farms @Kimmitt Korner's	Liz Tobola	Location: Aldersyde PH (403-601-2642) FAX() Email: omasgarlic@platinum.ca Website:									X												Oma's gourmet garlic Delivery: Free delivery for orders 10lbs+to Calgary & area. Negotiable in Edmonton	Oct- Feb
Manyhills Ranch	Arved Benefeldt	Location: Busby PH (780-674-7564) FAX(780-674-7569) Email: mhbison@mcsnet.com Website:	X		X																		Bison meat, bison sausages, etc. Delivery: Self	Year Round
Meteor Lake Bison	Dennis Fitzgerald	Location: Morinville PH (780-939-2423) FAX() Email: buffitz@telus.net Website:	X		X																		Naturally Raised Bison (no chemicals, antibiotics or feed additives). All cuts of bison as well as smoked products (jerky, pepperoni, smokies, garlic sausage) italian sausage, breakfast sausage, bacon, ribs. Delivery: Only in the Edmonton area	April-Dec, other months negotiable
Mo-Na Food Distributors Ltd.	Michael Avenati	Location: Edmonton PH (780-435-4370) FAX(1-866-427-4256) Email: info@monafood.ca Website: www.monafood.ca									X		X	X		X					X		Fresh, dried and frozen wild and domestic mushrooms. Frozen wild berries. Wild rice. Gluten free mushroom soup mix. In season - sea beans, wild leeks, wild fiddleheads Delivery: Customer's choice on delivery	Year Round
Peas On Earth Organic Garden	Ruby or Eric Chen	Location: St. Albert PH (780-973-6680) FAX(780-973-6685) Email: contact@peasonearth.ca Website: www.peasonearth.ca						X		X	X												Arugula, Basil, Beans, Beets, Bok Choy, Broccoli, Cabbage, Carrots, Cilantro, Corn, Cucumbers, Dill, Gai Lan, Garlic, Kohlrabi, Onions, Parsnips, Peas, Potatoes, Radish, Spinach, Spring Mix Lettuce, Squash, Swiss Chard, Yu Choy, Zucchini. Check website. Delivery: Buyers can pick up their orders at one of 4 sales locations. Request orders 48 hrs before pick up time	Year Round



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Tawatinaw Valley Bison	Helmut Roeben	Location: Athabasca PH (780-675-5142) FAX() Email: tawatinawvalleybison@gmail.com Website: http://tawatinawvalleybison.googlepages.com/	X		X																				Roasts - Sirloin, round, chuck, cross rib; Steaks - sirloin, striploin, ribeye, tenderloin; whole loins optional; stew, burger, patties (4,5,6 oz); jerky Delivery: Self	Year Round
TK Ranch Natural Meats	Colleen Biggs	Location: Hanna PH (1-888-857-2624) FAX(403-578-2414) Email: colleen@tkranch.com Website: www.tkranch.com		X	X	X	X																		Natural Grassfed Dry Aged AAA Agnus Beef - all cuts and chemical, nitrate & gluten free processed meats and artisan sausages. Natural free range pork - all cuts & chemical, nitrate and gluten free bacon, back bacon and artisan sausage; Natural grassfed lamb - all cuts. Natural free range chicken - whole as well as cuts Delivery: Deliver with our own portable freezer truck every two weeks into Calg & Edm	Year Round
Willow Creek Ranch	Dennis or Anja Donkers	Location: Barrhead PH (780-674-9663) FAX() Email: ddonkers@telus.net Website:			X																				Lamb and goat- barley fed Delivery: Barrhead Trucking; to be arranged	Year Round
Winter's Turkeys	Darrel Winter/ Corinne Dahm	Location: Dalemead PH (403-936-5586) FAX(403-936-5586) Email: darrel@wintersturkeys.ca Website: www.wintersturkeys.ca				X	X																		Whole turkey (free range and organic), breast and thigh roasts, banquet breasts, ground turkey, smoked turkey,smokies, luncheon meats, turkey parts Delivery: Self or Robyn's	Year Round
Zinter Brown	Joanne Zinter	Location: Edmonton PH (780-487-9334) FAX(780-487-9334) Email: jzinter@zinterbrown.com Website: www.zinterbrown.com																					X		Sauces, salsa, seasonings, condiments, spices, rubs, chutneys, vegetarian antipasto, hot pots - red pepper, garlic pepper, jalapeno, roasted garlic & onion, horseradish. Gourmet sea salt & pepper, Greek rub,seafood antipasto, peach & mango chutney, cranberry sauce, peach pepper pot, raspberry pepper pot. Delivery: Self/Can Par	Year Round