

## On Line Supplement to the Alberta 4-H Magazine

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Thank you to all who submitted articles to be published in the spring edition of the Alberta 4-H Magazine. Keep up the great job sending in articles. Due to a limit in the size of the magazine the following articles could not be published in the spring version.

Camp Creek Multi Club News . . . . .	1
Cherhill 4-H Multi Club . . . . .	2
Claresholm 4-H Beef Club . . . . .	2
Foothills Performing Arts 4-H Club . . . . .	3
Grande Prairie 4-H District Report . . . . .	4
Happy Birthday Stetsons! . . . . .	4
Jumping Pound Jumps Into Action . . . . .	5
Lakedell 4-H Lighthouse Club . . . . .	5
Milk River 4-H Multi Club . . . . .	6
Mountain View 4-H Dairy News . . . . .	6
Rimbey 4-H Club . . . . .	6
Rollyview 4-H Dairy Club . . . . .	7
Shortgrass 4-H Beef Club . . . . .	8
Come Snore with the Dinosaurs! . . . . .	8
South Country Judging Club Having a Great Year! . . . . .	10
Springbank Rawhides 4-H . . . . .	10
The Starlite 4-H Multi-Club of Edmonton Annual Report . . . . .	11
Western Wranglers . . . . .	11
Westwind 4-H Horse Club . . . . .	12
Denver Livestock Judging Team . . . . .	13

## Camp Creek Multi Club News

BY KOLTON NORD

*Club Reporter*

My name is Kolton Nord, I am 10 years old and this is my 2nd year of 4-H. Our 14 member club has been busy this year. We participate in both beef and horse projects and have been doing a lot of learning about our projects. I'm in Beef and like most of my club we are trying to break my calf for leading. So far he is winning. At our Christmas party on December 28 we had our calf tour with everyone meeting up at the Kluin farm plus we went tobogganing.

In January at our meeting Kristina Huisman did a presentation for Public speaking, thanks again Kristina. Our Public speaking competitions were held at the Camp Creek Hall February 24 and districts were on March 1.

At our district winter fun day on January 26 we had a lot of fun. There were clubs from all the districts in attendance. We had snow events which included a team of horses and a sleigh that I kept getting pushed off of but it was loads of fun, thanks to Barry and Sandy Hennessy. There was also a dog sled demonstration and a skijoring demonstration by Sue from Pet Adventures. We ended the evening with a chili supper by the fire followed by a movie and of course popcorn. I just want to say thank you to the T and M for organizing it, and the district for supporting it. Also thank you to George and Judy Andrews for bringing a computer and a projector for our movie and to John Deere for supplying the Popcorn maker.

That is all for now, I hope everyone is having as much fun in their club as we are in ours.

## Cherhill 4-H Multi Club

BY JUSTIN DOUGLAS

Club Reporter

We had a great start to our club this year as we welcomed 13 new members. Beef weigh in was held in late November and a couple of members from our club along with a few members from another club set up a display in the Darwell School to celebrate National 4-H month. December's activities included learning how to make halters, discussions on feed rations, a sleigh ride and a Christmas potluck and gift exchange.

January's focus was public speaking and presentations and our senior members also held workshops to teach us about judging. In February our club hosted district presentations where everyone did very well and then we learned how to make ice cream.

The members in our club participating in wood working have finished their tool boxes and are now making their various final projects. The horse members worked hands on with their horses and going over some basics while quilting members were putting together some of their squares. Those participating in foods mixed up some delicious snacks and deserts while the beef members held another workshop to go over the parts of a cow, haltering and grooming and veterinary sciences enjoyed some volunteer days at the clinic as well as in clinic demonstrations. At our next meeting we will be doing more multi judging and planning some farm tours.

The year is passing quickly but we still have a lot we want to do and are having a lot of fun learning by doing things together.



*Members of the Cherhill Multi Club learning the finer aspects of haltering.*

## Claresholm 4-H Beef Club

BY JORDON BAPTIE & SHANNON CHISHOLM

Our club has been busy starting with a short workshop by veterinarian Rob Chisholm, who was speaking on 'your animal's health' on December 6. Then on December 22, we had our Christmas curling party at the Claresholm rink followed by a district judging and fun day. We went to the Stavely auction market to judge bulls, tea towels, and aged geldings. After the judging was done we had hotdogs for lunch and then we went to the Stavely skating arena to continue the fun.

On February 7, Councillor Earl Hemmaway presented to us at a workshop on operations and functions of the Municipal District of Willow Creek. Earl talked about land locations, what his job is like and what the district is responsible for. Then on February 8, we went to the Lethbridge Enmax Centre to watch a hockey game between the Lethbridge Hurricanes and the Medicine Hat Tigers.

Our district awards night was at the Granum school on February 29, and on March 1 we held our club speeches. Our members had been busy preparing their speeches and presentations and many of them moved on to districts the following weekend.

We are looking forward to our mock show and the Chinook Jr. Stock Show. We are going to have a busy couple of months.

## Foothills Performing Arts 4-H Club

BY JERRID DRIEDGER

They can fill your basement, take up unwanted space, collect dust and be a real pain. You know what they are, old, unused computers and TV's. For a month last fall the Foothills Performing Arts 4-H Club, currently in its first year with 11 members, worked on a making a dent in the staggering number of unwanted electronics. Gathering unwanted televisions, computers, monitors, and printers, the club turned other peoples' junk into a fun and successful fundraising project.

The fundraising project not only brought over \$300 to the club, but it helped the environment. We found that many people who donated items had been keeping them in the basement unsure of what to do with them. As some members may be uncomfortable selling an item or raffle ticket to someone, collecting old electronics eliminates any awkward feelings that can arise during fundraising projects. The club put up posters, talked to friends, family and neighbours and

received a huge number of donations. For their November meeting we arrived early to collect more drop off items. Although this fundraiser was very successful we found that it took quite a bit of work and time to get the message out and collect all of the electronics. We still have people coming up to us asking 'so are you still doing that electronics recycling, because I have some...'. One family who collected from the neighbours still comes home on occasion to find a few electronics sitting in the step.

Despite the fairly large amount of work required for the activity we found it very worthwhile and it was one of the most fun fundraising projects completed. Anyone looking for a fundraising project that benefits the community, the environment and the

4-H club then this project is highly recommended. We look are looking forward to the rest of our year and hope that maybe next year we can achieve an even higher level of success.



*The Foothills Performing Arts 4-H Club did an outstanding job gathering unwanted electronic as a fundraiser for this first year club.*

## Grande Prairie 4-H District Report

BY JODI ROSS

This year, the Grande Prairie 4-H District has 10 clubs with a wide variety of projects, including beef, light horse, small engines, foods, crafts, canine, small animals, woodworking, drama, outdoorsman and a new project called exploring 4-H. Our District has been focusing on promoting 4-H by participating in community events such as the Santa Claus Parade, and the Farmer's Market Christmas Craft Sale in November. The parade was a lot of fun, even though it was a cold day! Luckily, we had a warm shop to do the decorating in, at Eveready Industrial – thank you!

Our members are now busy practicing speeches and presentations, and are looking forward to showing off our skills. We held our District Public Speaking Competition on March 1 at Peace Wapiti Academy High School in Grande Prairie. Presentations are getting to be quite popular, and can be fun to do with a friend. We'd like to thank our judges who come out every year to judge us and give ideas on how to improve.

Our District is also looking forward to District Bowling and our Annual Friends of 4-H Banquet and Dance, where we recognize community members and businesses that have helped our 4-H clubs. In addition, 4-H members and leaders receive their Awards of Excellence and Leader Pins. Then it is fun times at the dance!

Our members would like to invite the public out to our Achievement Days, in May and June. Come and see what 4-H is all about! We "Learn to Do By Doing".

## Happy Birthday Stetsons!

BY CARLYNN STOUT

Formed in 1982 the High River Stetsons is in its 25th year as a 4-H Club and we look forward to a banner year in celebration of this special anniversary.

The Stetsons have always been a vibrant part of the High River community and have welcomed many area residents as part of its membership over the years. Several of our instructors and clinicians have spent their 4-H careers in the Stetsons – and have then come back to share their experience and knowledge with current members.

Our Club is recognized for its activity in the community as we share our members' varied talents with residents of the local Seniors' Centre, pick up our share of garbage during Highway Clean-up, tidy up the Agricultural Society grounds after the rodeos, and ride the Lil Britches Rodeo Parade route each spring.

As a Light Horse Club our focus, of course, is on our horses and our horsemanship and we are lucky to have the opportunity to participate in a variety of equine activities including both English and Western riding lessons, Jumping and Gymkhana, Ranch Horse Versatility and Western Trail, as well as Trail Rides, Horse Shows and Parades.

Out of the saddle we also enjoy the many activities 4-H has to offer such as Public Speaking, Multi-judging, Curling, Camps and Conferences, Paintball or Laser tag, Lip Sync and workshops such as Natural Horsemanship, Backcountry Outfitting and Clicker Training.

As part of our Anniversary Celebration we are looking for High River Stetsons Alumni to join us in the Lil Britches Rodeo Parade in High River on May 19. Bring a horse or join those on the float - we would love to share this celebration with you!

We have all grown through our 4-H experience and thank those who, back in '82, put the time and effort into organizing the Stetsons as well as those leaders, parents and sponsors who over the last 25 years have supported the Club and made it into what it is today.

Here's lookin' at 50!

## Jumping Pound Jumps Into Action

BY MEGAN McLEOD

Club Reporter

This year is flying by so quickly! Jumping Pound 4-H Beef Club has had a tremendous amount of fun in the past couple of months including Weigh-In, our Christmas Party and of course Public Speaking and Presentations. We had a great time at Public Speaking!

At the end of the day only thing that mattered was that everyone had fun.



Jumping Pound 4-H Beef Club members had a great time during their public speaking and presentations competition

## Lakedell 4-H Lighthouse Club

BY ISABELLA de GOEIJ

Club Reporter

Like every other year this year has been busy for the Lakedell 4-H lighthouse members. Like many others, we joined in the West Central Regional Fun day at Battle Lake 4-H Centre in December and the Bull Congress in Camrose in January. Our club grew this year from 16 members to 29. Further to our usual organizational meetings and clinics we had an introductory and horsemanship clinic from Susann Stone

and an English riding clinic with Michelle Filan. Our Public Speaking event on February the 10th in Lakedell Hall was a success. Judge Darcy Allen from Ponoka commented that the speeches were performed extremely well and most adults would not be able to do what we were doing! That was a big compliment. For now members have to work on their goals and prepare for Achievement day. I would also like to take this opportunity to thank our leaders and senior members for the excellent work they did to make this year a well spent year for our members.



Lakedell 4-H Lighthouse Club members participating in jumping and riding clinic



Lakedell Lighthouse Public Speaking Event Award Winners: Top from left to right: Jessica Ruskowski (senior) Janelle Cameron (senior), Jennifer Wrubleski (intermediate), Justice McDonnel (intermediate), Emily Atchison (intermediate), Bridgit Gauvreau (Senior). Bottom all juniors: Isabella de Goeij, Katie Miller and Amy Belec.



*The Rimbey 4-H Club did an outstanding job distributing bulbs in and around Rimbey.*

## Rollyview 4-H Dairy Club

**BY KEITH KOZAK**

*Club Reporter*

The Rollyview 4-H Dairy Club got off to a great start this year. We started out with a meeting to appoint new executive members followed by annual awards night and potluck supper at the Rollyview Community Hall where awards were handed out recognizing the top members in our club. We would like to thank all of the sponsors who generously sponsored all of the awards for our club.

We held a judging workshop the end of December at J&W Dairy in Hay Lakes that gave everyone a chance to practice our judging skills before changing their focus to public speaking in January. The first place winners of our annual Public Speaking Competition on

January 31 at the Rollyview Community Hall moved on to the District competition on Sunday February 3 in Warburg. Congratulations to Katelyn Kozak who placed second at the District competition. We would like to thank all the judges for donating their time to come and judge our club competition. They all did a great job and offered some very helpful comments to our members. Everyone put in a lot of hard work and the speeches were very well presented. The results of the competition are as follows:

As a fundraiser for our club this year we participated in the computer recycling and oil filter recycling programs. For a community activity our club volunteered to help out with the Alberta Winter Games so on February 17 we cleaned up the Calmar Arena after the games concluded. Future activities planned are more judging workshops and competitions, a clipping workshop and showmanship workshop.

## Milk River 4-H Multi Club

BY GRACE OSWALD

Club Reporter

Milk River 4-H Multi Club has started its third year with four new members bringing out total to thirteen. We held our public speaking competitions February 11, and we were all pleased to have such a good turnout with great results. Our clubs projects include horse and sheep with two members in horse and thirteen in sheep. We will start raising our sheep at the end of April and sell them at the end of June at the Taber Show in the Agri-Plex. Around the same time at the end of June we are also looking forward to attending a ewe show.

We hope that the rest of the clubs out there are having as much fun as we are and encourage you all to continue to learn to do by doing!



Members of the Milk River 4-H Multi Club during their communications event

## Mountain View 4-H Dairy News

BY MICHAEL HAENI

Club Reporter

We have had a great start to the year and many fun events have gone past. This year our club has 28 members including our two first year members Abigail Meyers and Noah Iversen.

We have had three of our four judging meetings and I'd like to thank the Seitzmans, Apple's and the Wouter's for hosting those meetings. Then on February 2, we held our annual public speaking at the Hainstock hall where everyone did really well! I'd like congratulate every one and wish the people going on to the next level the best of luck.

## Rimbey 4-H Club

BY MEGAN VALSTAR

Club Reporter

The members of the Rimbey 4-H Multi Club set to fundraise the beginning of this year. We knew of few of the events we would participate in but not all so when the opportunity came up to participate in Porchlight we jumped in. What we didn't know is how much fun we would have. We delivered lights to residences in Rimbey over a one day period and held a display for an evening just before Christmas. We chose a day when Rimbey was having the Christmas farmers market so our displays would be seen by the most people and we could distribute to rural people as they walked by. We ended up distributing over 900 bulbs. The weather was a bit of a downer as it ended up being one of the coldest days for December. Of course being tough 4-H members we all chipped in and went to people's homes and delivered bulbs. The reactions people gave were quite different. Some older folks just were so excited they wanted to pay us for the bulbs which we explained were free, we were even offered food in exchange for bulbs. The bulbs were graciously received and we felt like we had a very good day.

## Shortgrass 4-H Beef Club

BY SHANNON POZDNEKOFF

Club Reporter

Our club has been very busy with activities. Our Annual Bingo and Smear Night in December, was a huge success and lots of fun. Then, for all of the members and families, we went glow bowling in Bow Island for our Christmas party. We had a lot fun, and went out for pizza afterward, and participated in a gift exchange. Everyone attended and we all enjoyed ourselves and our gifts!

In February we attended an informative diary workshop in Foremost. That same week saw many of the 4-H members from Southern Alberta while attending a Hurricane's vs. Medicine Hat Tigers game in Lethbridge. It was an awesome game.

Then it was on to our public speaking competition. We do all dread having to make our speeches, but it really is a good learning experience for all of us (at least that's what our parents and leaders tell us). We held our competition at Hoping on February 15th. The winners who placed 1st and 2nd in each category advanced on to Bow Island for the District Competition on March 1st.

The winners for our club are as follows:

- Junior - Troy Mack - 1st, Jesse Gessner - 2nd
- Intermediate - Taylor Finstad - 1st, Austin Reimer - 2nd
- Junior Presentations - Casey Finstad - 1st, Thane Heidinger - 2nd
- Senior Presentations - Heather & Blair Harty - 1st, Dayton Reimer - 2nd

After our speeches we had a fun day in Elkwater on February 18th, with skiing and snowboarding fun! Great time! We are also busy with our 4-H steer projects, halter breaking etc. and enjoyed our annual calf tour at Easter.

## Come Snore with the Dinosaurs! BY REBECCA WALTERS

*(This article was to have been put in the last edition of the magazine but due to a spacing conflict we were unable to print it – we hope you enjoy it even though it is late)*

Snore with a Dinosaur is a fun filled program that takes place in Drumheller, Alberta at the Royal Tyrrell Museum. Seven members from my club, Big Hill West Light Horse, attended the program. We traveled to Drumheller in a van which made it an interesting road trip with laughing and talking all the way there.

Our first stop was at the Drumheller welcome sign on the way into town where we jumped out of the van and took some photos with our 4-H and club flags. When we arrived at the museum we got together in the auditorium with all of the other participants to go over the schedule. After, we were given a tour of the museum and then shown where our club would campout for the night. Supper was next and then we were split into groups and got ready to do different activities.

That night the program coordinator kept us busy with four activities that we thought were cool. First there was a talk about boa constrictors – we even got to put her around our neck! Then we were taught how to put together a raptor's leg, have a race in putting it together in groups and then we did a fun relay afterwards. We also learned how to make a mold of a dinosaur fossil, which we did ourselves and were able to take it home with us. The last activity we attended was a neat presentation on the universe where the instructor did a demonstration with flour and chocolate powder to show us what happens when meteors hit Earth. Once we were done with all the activities we had a snack in the cafeteria and then made our way to where we got to sleep under, or by, dinosaurs in the museum – then it was lights out.



*Snore with the Dinosaurs (from left to right): Chad Cena, Matt Cook, Amber Beeby, Savanna Koebisch, Rebecca Walters and Carolyn Djakovic*



*Snore with the Dinosaurs (from left to right): Savanna Koebisch, Rebecca Walters, Amber Beeby, Annessa Good and Carolyn Djakovic*

The next morning after packing up our sleeping gear we ate breakfast and watched a movie about the museum. After, everyone got to explore the gift shop and if you wanted to, spend the day at the museum with their family or club members. Our group decided to go and tour around town. On our walk we made our way to a fossil shop and spent some money on a few items that were pretty cool. Then we checked out the giant T-Rex statue which we were able to climb up the inside of it to its mouth and look out - pretty awesome. We took the 4-H flag up with us so that my mom could take some photos from down below. The road trip back home was fun as well because we decided to stop at Horseshoe Canyon to explore and burn off some extra energy. It was a great trip to make!

Snore with a Dinosaur is a cool 4-H event where you can meet and interact with other members from around the province.

## South Country Judging Club Having a Great Year!

**BY CODY ISLEY**  
*Club Reporter*

On Jan. 26, 2008 the club hosted a Judging workshop at Perlich Bros. Auction Mart in Lethbridge. Despite the weather, there was a great turn out of kids who learned the finer points of judging hogs, steers, and barley. Thank you to Robyn and John Beazely who shared their knowledge with us that day. After the workshop the club members traveled to Templeton's for lunch and to prepare for our community service project. The kids gathered personnel care items and wool socks to give to the kids at Woods Homes in Lethbridge. We stuffed and delivered 20 socks. We were able to tour the facilities at Woods Home when we delivered the socks. Quite a revelation to learn the number of kids that take advantage of the services provided. We called our project "Kids helping Kids".

On March 27, 2008, the South Country Judging Club held the Regional Judging Clinic in Claresholm, Alberta. Our members were in charge of organizing this whole day where we judged heifers, horses, forages and sheep. This event counted towards the Regional Standing for the year. Awards will be handed out to the top two in each category in October.

We are looking forward to our wrap up party which we will likely hold in Calgary this year since four of our members come from the Calgary Region.

## Springbank Rawhides 4-H

**BY CLAUDIA KOCH**

The Springbank Rawhides 4-H got off to an exciting start this year. We held our regular riding clinics and meetings as well as a winter projects afternoon where we learned to use a dremmel tool to create wooden stall plates for our horses and dogs.

February was reserved for multi-judging and public speaking competitions. On February 9, four members headed up to Olds for the regional multi-judging competition, where we learned a great deal of information on judging various species of livestock. The very next day, our club public speaking competition was a great success, with all members doing a great job in prepared and impromptu speeches. Emily McBride, Wren Longeway, Rayna Longeway and Claudia Koch will be advancing to the area level of competition. With these events over, we are looking forward to upcoming ones and spending more days in the saddle or with our dogs.

Happy Trails from the Springbank Rawhides!

## The Starlite 4-H Multi-Club of Edmonton Annual Report

BY NICOLE PAINCHAUD

*Club Reporter*

The Starlite 4-H Multi-Club of Edmonton is back for another exciting year. Our club has 12 members and this year's projects include Photography and Musical Theatre. We held our elections for Executive rolls and appointed Committees at our first meeting in September and were pleased to find that everyone was able to take part in a committee position. Most of our club members participate in both projects. We divide the year in half and do 'Photography' during the first half and 'Musical Theatre' during the second half.

Our Photography project started in September and will be soon finishing after the final activity meeting. We learned many helpful tips and lots of new things. We have worked on depth of field, lighting, both action and still shots, and taking advantage of a variety of camera settings. The greatest part of 4-H is that no matter what we do we are always learning and there is always room to grow.

For our Musical Theatre project we participate in the annual musical "Love According to John", an Easter musical about the ministry, life, and death of Christ as seen through the gospel of John. This eye catching musical is a two act show with twenty scenes and plays at the Northern Alberta Jubilee Auditorium during holy week (the week before Easter). Ms. Hunt, the director and producer, wrote the musical 37 years ago. It was written for a group of young people to teach them evangelization and keep them off the streets. With this musical she founded Alberta Lyrical Theatres. The first year "Love According to John" was presented by Alberta Lyrical Theatres with a cast of 66 people. We now have a cast of over 300 people including set crew, and stage management. We perform about seven shows over the four days. All actors, set crew, stage hands, and stage management are volunteers who dedicate their time to spreading both the love and message of the play. We as cast members

have a wide variety of ages participating representing areas from all over central Alberta. I warmly invite and encourage everyone to see this musical. It can really change your life and make your Easter special.

## Western Wranglers

BY AYL A PEACOCK

*Club Reporter*

Well, so far participating in the Lethbridge Western Wranglers 4-H Club this year has been awesome! We have done some really fun activities and have brought in some amazing guests. Our first guest was Corolla Friesen who divided our group into beginner and advanced categories. She tested the beginner group for level one on horsemanship and everyone passed! I'm not exactly sure what level she tested the older group for ('cause I wasn't in it) but I do know that everyone passed in that group too!

Another guest we had was someone I personally know, Dennis Trudeau, because I get lessons from him regularly, he's an awesome guy. He took the beginner group and gave them a lesson on how to properly mount, dismount and ride properly in an arena. The same day the older group did a lesson with one of our junior leaders Roxanne Valliere on how to polish loping and picking up correct leads. Dennis has come in a couple of times and teaches the beginner group and boy does it help!

The activities we have done so far have been really fun (my personal favorite was the Hurricanes Hockey Night but I'll explain that later)! We've been riding every other Sunday and have our meetings on the second Friday of each month. The first activity our group went to was judging day at Perlich's Auction Market. It was a judging workshop and we judged grade calves, swine and barley! You could ask every single one of the participants how it went and they would tell you they had fun!

The second activity was the 4-H Learning Day out in Taber. It was a workshop for 4-H Leaders to learn how to improve their leadership skills and it showed them how to work through the club's diaries, work book and go over the manual. There was another half to this day and it was for the other 4-H members of Southern Alberta that showed up. The activities were name learning games and we did a creative Olympics where we were given a limited amount of supplies and we were divided up into three groups and each group had to come up with a challenge. After each group made one challenge up using their supplies they had to do them. When we finished the challenges the group that won the most was crowned champion! Sadly I was not in the winning group.

The last activity we did (and my favorite) was Hurricanes Hockey Night. All of the 4-H clubs of Southern Alberta were invited to watch the game, supper and a snack was included too! It was soooooo much fun. The Hurricanes played against their biggest rivals the Medicine Hat Tigers and won in overtime! The game was so exciting we were sitting at the edge of our seats the whole time! Almost the entire club showed up! This year for our Christmas Party we decided to have a bowling party. It took place at Holiday Bowl and we had a ton of fun! We did a Christmas Gift Exchange and all of the gifts were great. The pizza was made right on the spot and it was so good, we were there for around 3 hours but it only seemed like thirty minutes!

We held our local communications competition on February 26. It was obvious that everyone spent a lot of time rehearsing – they were awesome! I hope everyone had a wonderful Easter and a fun warm spring!

## Westwind 4-H Horse Club

BY CAILEY SCHATZ and LISA BECHTHOLD

Westwind 4-H Horse Club started the year with their organizational meeting on October 4, 2007. Our club has been operating in the Foremost, Alberta area for 16 years. This year our club has 10 members; 7 past members and 3 new.

As Westwind is a horse club we will be participating in many related activities such as: riding lessons, saddle fitting, and showmanship. We are also planning a trip to a veterinarian to see how a horse's teeth are floated.

At Christmas time our club was involved in a local community service event. Our club volunteered to help the 40 Mile Regional Family and Community Support Services (FCSS) organize food hampers that were delivered to families in need for the Christmas season. We had a list of items that needed to be packed in the hampers according to the size of the family. It made us realize that even in our small community where it looks like people have lots, that there are still families who need help. It also gave us some great ideas for food items we could donate for next year. To end the Christmas season, our club went bowling. At the bowling alley we ate pizza and exchanged secret Santa presents. FUN!

So far this 4-H year has been great. We plan on ending the year with fun activities too. Our club achievement day will be in June, and we are returning to the Historic Reesor Ranch in the Cypress Hills for an amazing trail ride.

Happy trails!



*Members of the Westwind 4-H Horse Club helping to stuff hampers for delivery to their communities' less fortunate  
 Back row (l-r): Kasi VanStaalduine, Bailey Hughson, Tainie Bechthold, Kaitlyn VanStaalduine, Brady VanStaalduine, Colby Bechthold, Corinna Roth-Beacome(FCSS), Carley Hughson, Jeannie Hillis(FCSS) - Front row (l-r): Kale Hughson, Cailey Schatz*

## Denver Livestock Judging Team

BY KATE PUCH

It was a privilege to Chaperone eight knowledgeable and enthusiastic 4-H members of the Livestock Judging and Hippology Teams to the Western Round Up in Denver, Colorado.

It was a whirl wind trip, 4 days jam packed with activities. When we arrived in Denver we picked up our rental van and went out to a great steakhouse with a live band and had a great time! Shopping seemed to be a high priority with some. I commend Andrew and Kevin because they were great sports!

Not all teams had transportation and since we had a 15 passenger van, the Ohio Livestock Team with their coaches joined myself, Kevin, Andrew, Jocelyn and Crystal and headed out to Colorado State University for a Judging practice round. I'm at the wheel and the Ohio coach reading the map. It wasn't long and we

had missed the turnoff, not once but twice I'm sad to say. Obviously way too much talking! The two teams had a great time getting to know each other and by the end had become great friends.

The next day was the competition. It was a long day in which our team remained professional and made us proud!

The last day was the recognition breakfast; we said our thank you's and goodbyes and headed to the Denver Stock Show which was enjoyed by all! Late that afternoon we left knowing we had gained some new friendships, more knowledge and wonderful memories!

These members are to be commended for being fantastic ambassadors of Alberta and Canada 4-H.

I'd like to thank Ginny Smith, my co-chaperone, and all the staff at the 4-H offices for giving me the opportunity to be part of this trip. Thank you to ATB Financial and the 4-H Program Trust for sponsoring this amazing trip.