The AgriCultural Tour to India will be escorted by Pramod Kumar, P.Ag., an Alberta Agrologist and is well balanced with the glimpses of agriculture and culture of India. The tour is comprised of visits to farms, agricultural institutions and major tourist destinations covering the Asian sub-continent from North to South. The following is the detailed tour program:

Nov 16, 2010: Departure from Calgary/Saskatoon/Winnipeg/Toronto via London/ Frankfurt.

Nov 18 & 19, 2010: Arrive at IGI Airport, New Delhi in the evening and relocate to accommodation. Night Stay in New Delhi. Visit to Indian Agricultural Research Institute and local tourist attractions including Red Fort, In-



dia Gate, Lotus temple, and night stay in New Delhi.



Nov 20 & 21, 2010: Departure to Ludhiana via Chandigarh by train. Stop over in a farm in Punjab. Arrive to destina-

tion in the evening and night stay. Visit to Punjab Agricultural University, Ludhiana and local farms and night stay in Ludhiana.



Nov 22 & 23 2010: Flight to Varanasi in the afternoon via Chandigarh. Arrival and night stay in Varanasi. Glimpses of old Hindu religious



places along the Ganges river and city tour. Overnight train to Jabalpur on 23rd Nov. Nov. 24 2010: Jabalpur. Visit to Agricultural University and local farm followed by trip to Marble rocks fall of Narmada river and other local tourists' attractions. Night Stay in Jabalpur.





Nov. 25 & 26, 2010: Overnight train to Agra on 25th evening. Visit to *Taj Mahal*, a UNESCO World Heritage Site and other local attractions; and night stay in Agra on 26th Nov.

Nov. 27 & 28, 2010: Royal Rajasthan. Departure to Jaipur city from Agra in the afternoon. Two-night stay in Jaipur. Trip to local tourists' destination.





Nov. 29, 30 & Dec 01, 2010: Morning flight to Goa, an old Portuguese colony and inheriting mosaic of culture. Visit to local scenic beach paradise. Overnight train to Cochin on Dec 01.

<u>Dec 02 and 03, 2010:</u> Cochin Backwaters– Boat ride through the stunningly beautiful and calm natural waterways. Amazing two night stay in a houseboat.



<u>Dec. 04, 2010</u>: Train to Coimbatore and visit to TNAU campus. Night stay in Coimbatore.



<u>Dec. 05, 2010:</u> Departure to Ooty by car. Tour to Nilgiris Hills destinations and night stay in Ooty. Visit to tea gardens.

<u>Dec. 06, 2010</u>: Early morning departure to Mysore palace. Visit to other Mysore attractions and night stay.

<u>Dec. 07 & 08, 2010</u>: Morning Departure to Bangalore via Sri Rangpat-



nam. Arrival and night stay in Bangalore. Visit/ Stay at 'Prashanti', Bangalore. Yoga camp and visit to city attractions.





Dec. 09, 2010: Fly to Hyderabad. Day trip to ICRISAT and local farms followed by Golkunda Fort and other local attractions.

Night stay in Hyderabad.

Dec. 10, 2010: Relax or do shopping in the day and fly back to Canada. From Hyderabad (Option to fly back from Bangalore, if you skip Hyderabad).

Trip Cost: \$6500/person (double occupancy)

Add \$1000 for single person.

The above cost include economy RT airfare, three-star hotel accommodation, meals (B/L/D), local travel by air- economy class, train- First AC or best available class; and taxies including all transfers. The admissions and other costs are additional.

The above trip cost include tour guide's expenses.

You have option to book your own flights (less \$1500 from the above price, if you book your own ticket)

Please register by July 31, 2010.

ALTERNATE TOUR DATE AVAILABLE

FEBRUARY 02-22, 2011

(The tour itinerary will be similar or possibility of revision based on majority's preference and final group consensus). Please call to find more information.

Visit to 'Prashanti' One-day Yoga Camp Bangalore Dec 07/08, 2010

A unique opportunity for one day Yoga camp with Mr. N.V. Raghuram, Dr. Nagarathna and Dr. Shirley. Raghuram is a famous speaker on Yoga and International Coordinator of Vivekananda Yoga Research Foundation (VYASA), Bangalore, India. Thousands of people around the world admires his simple and elegant way of explaining concepts endears him to all. He is the best authority on Yoga, with his engineering background, the traditional learning from his gurus and his personal experience. Sri Raghuram is an expert on Bhakti Yoga, the science of emotions, a realm very difficult to master. He interestingly deal with any topic in a very touching, heart rendering way, while maintaining the logic and the rationality. For the last 20 years, Raghuram has been teaching yogasanas, pranayama, dhyana, stress management and yoga therapy for ailments such as hypertension, allergy, arthritis, asthma, and obesity. He regularly tours Germany, Austria, Switzerland, England, USA, Indonesia, Malaysia, Japan, Singapore etc. He has recently visited Calgary and offered two days camp. He has taught Yoga to hockey team which won Asian Games gold medal including several national leaders. Raghuram is also a faculty member at Vivekananda Yoga University and guides many PhD students in their research on Yoga and related subjects.

A memorable and learning experience!!



Our visit to India in November 2009 was incredible! Our guide, Pramod Kumar was honest, hardworking and knowledgeable. The agricultural tour to India covered visit to cities, agricultural universities, farms, trade shows, market and processing facilities. Pramod is well connected to Indian agriculture, he makes things happen, and is very professional. He was able to solve problems, and was very accommodating, and concerned about our welfare. We had a wonderful experience and would like to visit India again soon!

Jím & Nancy Moen Cabrí, Saskatchewan

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