



## Wild Mushrooms, Berries, Rice, Grains and Greens

Marketing a vast selection of edible wild mushrooms, packaged for retailers and restaurants as fresh, frozen or dried products. Our dried gourmet mushrooms, packaged as whole mushrooms, slices, blends or powders are used throughout the food industry.

We source domestically grown fresh mushrooms from quality producers. Mo-Na Food also provides a gluten-free gourmet mushroom soup mix.

Spring and summer months bring all types of wild greens such as fiddleheads, ramps, miner's lettuce, sea asparagus and watercress. Available year round from Mo-Na Foods: frozen wild and locally grown berries, wild rice, grains and pulses.

Established in 1980 as the first Canadian wild mushroom company, Mo-Na Food Distributors specializes in the marketing and distributing of wild mushrooms, wild rice, greens and berries. Currently marketing a full line of wild foraged foods not treated with chemicals or preservatives, Mo-Na has gained a reputation of providing only the best quality wild products available.

### Mo-Na Food Distributors

**Currently exporting to:** United States

**Contact:** Michael Avenati

**Phone:** +1 780-435-4370 or

(toll free Canada/United States) 1-866-436-4370

**Email:** [info@monafood.ca](mailto:info@monafood.ca)

**Website:** [www.monafood.ca](http://www.monafood.ca)

