



Photo courtesy of K2 Communications

WARNING!

All-terrain vehicles - or ATVs - are not toys. They are powerful, heavy machines.

- Most ATV deaths involve head injuries.
- Kids under 16 years old have a higher risk for injury and death on ATVs.
- Rolls and flips on hills and flat terrain are the most common causes of serious ATV injuries and deaths.
- Riding an ATV safely takes specific skills.
- Alcohol is found in more than half of the drivers who die in ATV crashes.



Photo courtesy of the Department of Government Services, Government of Newfoundland and Labrador

LIVE

to ride another day



Photo courtesy of Offroad Connections

- **Protect your head.** Wear an approved helmet with face and eye protection.
- **Age matters.** Kids under 16 should not drive an adult ATV. Follow manufacturers' recommendations for age and size. Kids' level of development puts them at a higher risk for injury and death on ATVs. Make sure there is always close, visual, adult supervision.
- **One rider.** Refuse to carry or be a passenger on an ATV built for one person.
- **Zero tolerance.** Alcohol, drugs and ATVs don't mix.
- **Get the skills.** Take an ATV operator training course.
- **Suit up.** Wear safety gear including gloves, boots, and sturdy clothing.

For more information on safe riding, go to:

Alberta Centre for Injury Control & Research
Website: www.acicr.ualberta.ca
Phone: 780-492-6019