## Edmonton Nutritious Food Basket - Total Weekly Average Cost (\$) by Age/Gender Group - June 2012 (b)


(b) Add $10 \%$ to Total Weekly Average Cost to cover condiments, baking supplies, tea, coffee, etc., Vitamin D supplement for adult men and women over 50 years of age and iron supplement for pregnant women.
(c) A daily Vitamin D supplement is required for adult men and women over 50 years of age.
(d) A daily iron supplement is required for pregnant women.

