Edmonton Nutritious Food Basket - Total Weekly Average Cost (\$) by Age/Gender Group - May 2012 (b)

Boy 2-3 years	\$28.21
Girl 2-3 years	\$27.64
Boy 4-8 years	\$36.27
Girl 4-8 years	\$36.27
Male 9-13 years	\$48.95
Male 14-18 years	\$71.43
Male 19-30 years	\$68.90
Male 31-50 years (c)	\$62.06
Male 51-70 years (c)	\$59.97
Male over 70 years (c)	\$59.30
Female 9-13 years	\$41.54
Female 14-18 years	\$49.96
Female 19-30 years	\$52.77
Female 31-50 years (c)	\$52.26
Female 51-70 years (c)	\$45.65
Female over 70 years (c)	\$45.65
Pregnancy 18 years & younger (d)	\$56.50
Pregnancy 19-30 years (d)	\$57.21
Pregnancy 31-50 years (d)	\$55.96
Lactation 18 years & younger	\$58.56
Lactation 19-30 years	\$61.49
Lactation 31-50 years	\$60.24

(b) Add 10% to Total Weekly Average Cost to cover condiments, baking supplies, tea, coffee, etc., Vitamin D supplement for adult men and women over 50 years of age and iron supplement for pregnant women.

(c) A daily Vitamin D supplement is required for adult men and women over 50 years of age.

(d) A daily iron supplement is required for pregnant women.