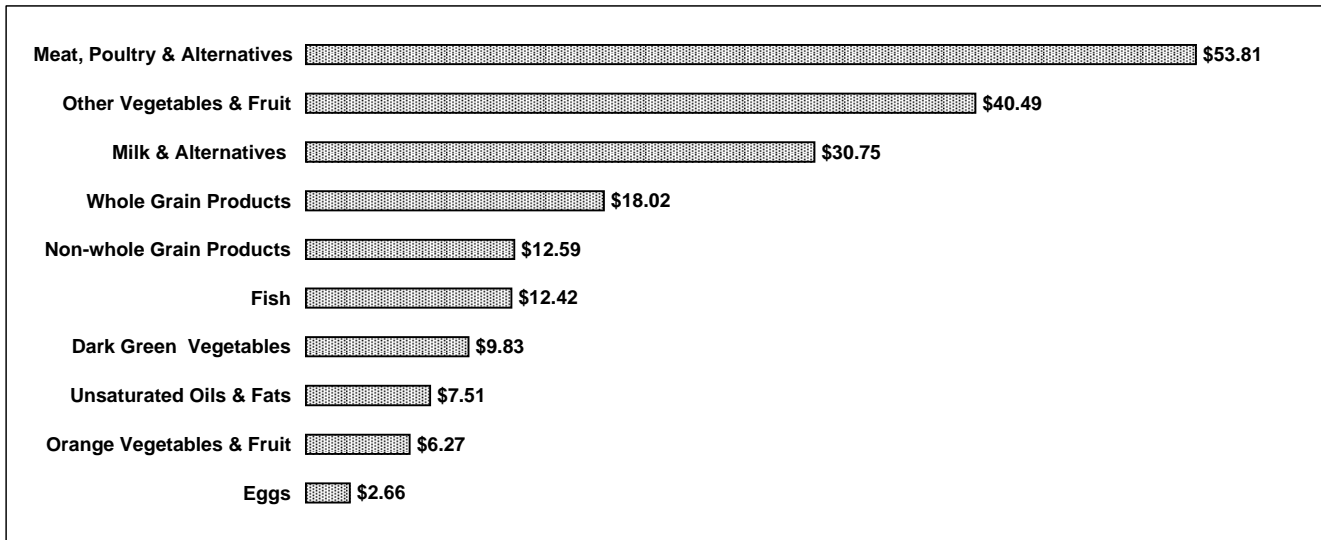


Edmonton Nutritious Food Basket - Weekly Average Cost^(a) (\$)
for a Family of Four^(b) - July 2009



(a) Add 10% of total to cost of basket to cover condiments, baking supplies, tea, coffee, etc., Vitamin D supplement for adult men and women over 50 years of age and an iron supplement for pregnant women.

(b) Composed of a man (31-50 years), a woman (31-50 years), a boy (9-14 years) and a girl (4-8 years).