

## **Information for Farmers' Market Managers**

Presented by

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(based on a presentation by N. Hislop, Sr. Advisor, Safe Food, AHS Edmonton)



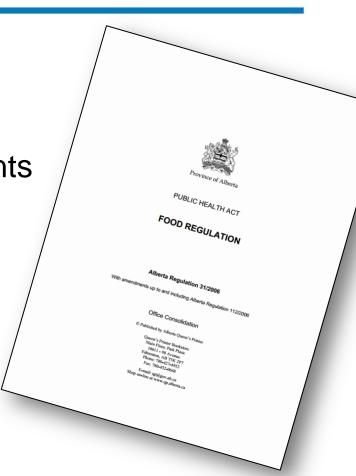
# **Today's Topics**

- Who needs a permit?
- What are the site requirements?
- What are the market manager's responsibilities?
- What are the vendors' responsibilities?
- Wrap-up, Tips and Final Thoughts
- Questions



# Part 3 – PHA Food Regulation

- Alberta Regulation 31/2006
  - §33 Farmers' Market permit
  - §34 General building requirements
  - §35 Duties of a permit holder
  - §36 Stallholder requirements





# Requirement for Permit

No person shall operate a food establishment unless

- (a) The person is an operator who holds a valid and subsisting permit for the operation of the food establishment, and
- (b) The food establishment is identified on the permit...



## Part 3: Farmers' Markets

- The operator of a farmers' market must apply for a farmers' market permit
- If food processing is <u>NOT</u> occurring, the stallholder (i.e. vendor) may operate under the Farmers' Market Permit



# **Food Processing**

- means "any mixing, assembling, forming or preparation of food and also includes:
  - heating and cooking for service\*, and
  - scooping of ice cream for service\*"
  - \*As opposed to heating, cooking or scooping for sampling purposes
- Sampling free, bite-size portions available for promotional purposes only



## Who is **NOT** covered by the Farmers' Market Permit?

 If processing is occurring in a booth, the stallholder must obtain a separate Food Handling Permit









# **Concession (Permit) Requirements**

- Must comply with Part 2 of Alberta's Food Regulation (i.e. Commercial Food Establishments)
- For indoor markets:
  - Must have a permanent location/set-up
- For outdoor markets:
  - Limited to permitted mobiles and carts only



## **Farmers' Markets**

• Site requirements







# Site Requirements, continued...









## **Duties of a Permit Holder**

- Responsibilities of Market Managers include:
  - Ensure toilet and handwashing facilities are available
  - Obtain approval for installation of portable toilets from Alberta Health Services and/or the Municipality, as the case may be







## More Market Manager Responsibilities

- Waste containers are:
  - Available
  - In sufficient numbers
  - Emptied
- Stall spaces clean and sanitary







## Market Manager Responsibilities, cont...

Ensure live animals are not allowed into food areas with

the exception of service animals

Complete Food Safety Training

- www.ephs.ca







## Market Manager Responsibilities, cont...

 Maintain a list of all food vendors at the market and provide to AHS upon request

This list should include contact numbers and type of

foods sold by the vendor



## Market Manager Responsibilities, cont...

 Ensure stallholders comply with requirements outlined in Alberta's Food Regulation and AHS' Farmers' Market Standards

## **Helpful Hints**

- Have a vendor agreement or contract
- Complete checklists (Attachments #1 & #2)



## Inspection

- Food establishments and Farmers' Markets are subject to inspection by AHS
- Frequency will range from 1 to 3 times per year
- Limited to the Market and transport vehicles only... not vendor's homes!



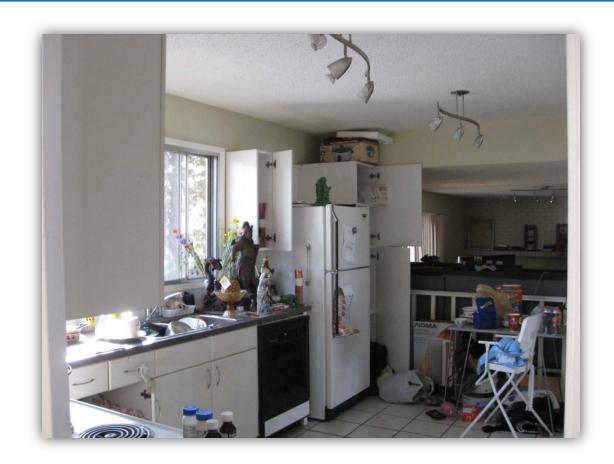


## Because food may be prepared in the home...



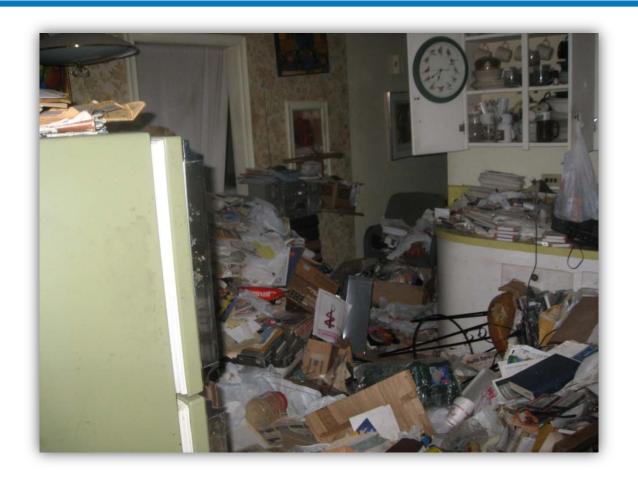


## ...Market Manager's may want to visit their vendors...





# ...as conditions may vary.





## Who's Responsible for Safe Food?

#### The **PERMIT HOLDER** and the **STALL VENDOR!**





# **Market Vendor Responsibilities**





### **Vendors Operating Under a Farmers' Market Permit**

<u>NOT</u> required to sell food from approved sources (i.e. inspected facilities)









## That said... there are other restrictions

- Vendors selling home-prepared foods cannot sell their products <u>outside</u> of <u>market hours</u> or <u>at any other venue</u>. This includes:
  - Public markets
  - From the home
  - Commercial food establishments
  - Online



## **Food Restrictions at Farmers' Markets**

A stallholder must not sell, offer for sale, distribute, provide or otherwise make available to the public

- (a) Uninspected meat,
- (b) Home-canned food other than jam, jelly, and pickles,
- (c) Any food unless it is stored, displayed and transported safely
- (d) Home-prepared food unless it is protected in a manner adequate to prevent customer handling and contamination
- (e) Unpasteurized milk, or
- (f) Food containing one or more of the foods prohibited in clauses (a) to (e) as ingredients.



# **Unpasteurized cheese**





## Farmers' Markets Stall Vendor Responsibilities

- Hygiene
- Storage
- Display
- Packaging
- Handling
- Labelling
- Sampling





# Hygiene

- Regardless if a stall at a Farmers' Market or a commercial eatery, food handlers shall
  - (a) Wear clean clothing and footwear,
  - (b) Exhibit cleanliness and good personal hygiene,
  - (c) Ensure that food is not contaminated by hair,
  - (d) Wash hands as often as necessary to prevent the contamination of food or food areas



# Hygiene, continued...

- (e) Refrain from smoking in a food area,
- (f) Refrain from any other conduct that could result in the contamination of food or a food area, and
- (g) Refrain from handling food if prohibited from working by order of the Medical Officer of Health under the Communicable Diseases Regulation.





## **Temperature Control**

 Applies to the storage, transport and display of perishable foods

- Key temperatures:
  - Less than 4°C
  - Above 60°C
  - Frozen (i.e. Less than 0°C)





# **Temperature Control Tips**

- Frozen foods are the easiest to maintain
- Mechanical refrigeration works best
- Consider
  - Outside temperatures
  - Travel time & containers
  - Opening coolers to retrieve product
  - Insulating properties of packaging
  - Display (stacking & "for display only"
- Have a thermometer!





# **Storage and Display**

- Food must be adequately protected
  - Sneeze guards
  - Clean, food-grade containers with lids
  - Clean, food-grade plastics











## **Other Containers**







# **Food Packaging to Avoid**

- Do not use
  - Used jars (baby food, Cheez Whiz®, etc.)
  - Chemical pails
  - Garbage bags







## **Sanitation**

- All equipment, utensils and surfaces must be maintained in a sanitary condition
- Soap and bleach must be available for cleaning and sanitizing







# Food Labelling

- Labeling of food products is regulated by the Canadian Food Inspection Agency (CFIA).
- It is the responsibility of the stallholder that their products are labeled in accordance with federal regulatory requirements.
- Website
  - http://www.inspection.gc.ca/english/fssa/labeti/guide/ toce.shtml





# Food Labelling

Enforcement of labelling requirements is conducted by CFIA

• Local office: (780) 495-3333

Ingredients from a packet of sausages showing ingredients in descending order

# Pork (70%), Water, Rusk (Wheat Flour, Salt, Raising Agent: Ammonium Bicarbonate), Potato Starch, Pork Gelatine, Wheat Flour, Salt, Dextrose, Ground Spice (Pepper, Nutmeg), Emulsifiers: Sodium Di- and Tripolyhosphate; Preservative: Sodium Sulphite; Antioxidants: Ascorbic Acid, Citric Acid; Extracted Spice (Pepper, Capsicum, Ginger, Mace, Nutmeg, Coriander, Sage). Filled Into pork protein casings. Allergy Contains wheat gluten & sulphites. Packaged in a protective atmosphere.



# FAQ – Certified Organic?

- Not enforced by AHS
- Website
  - http://www.inspection.gc.ca/english/fssa/orgbio/cbcanliste.shtml







# **Food Sampling**

- Samples are defined as bitesize portions offered to customers free of charge
- It is preferred that samples be pre-portioned by vendors off-site in advance





# Sampling, continued...

- All food samples must be protected from contamination and improper handling by customers.
  - Suggest vendors hand samples to the customer, use tooth picks or single-use containers.
  - Offering bowls or open bags of chips, pretzels, crackers or similar foods for customers on a selfserve basis is not allowed.



# Stallholders offering food samples

- shall
  - follow approved hand washing requirements, and
  - replace samples if they are displayed longer than one hour, and
  - discard leftover or contaminated samples



#### Cooking or Reheating Food for Samples

- No stallholder shall cook or reheat food for samples unless:
  - approval is obtained from AHS, and
  - cooking equipment is located within the stall and away from customer contact, and
  - a thermometer is available to ensure foods reach an internal temperature greater than 74C, and
  - a sanitizer (e.g. bleach) is available, and
  - hand washing sink and equipment requirements are met.



### **Sink Requirements**

- Hand washing and sink requirements are dependent on
  - the type of operation,
  - the amount of food handling,
  - the kind of food served and
  - the number of times per week the stallholder is in operation.

THIS SINK IS FOR



#### Handwashing and Sink Requirements

- For permitted concessions/stallholders where food processing is occurring, sink requirements are
  - Equal to permanent food establishments where plumbing is available, or
  - Equal to an equivalent permitted mobile vending unit where plumbing is NOT available.



#### Sink Requirements (Operating one day or less)

Low risk food samples pre-portioned offsite and only handled with utensils	Hand sanitizer and access to a hand sink
Low risk food samples portioned on-site OR Pre-portioned high risk food samples	Hand sink needed in booth (temporary set up acceptable)
High risk food samples portioned <b>AND / OR</b> heated on-site	Hand sink needed in booth (temporary set up acceptable) Approved sanitizer (Chlorine or QUAT) for surfaces Duplicate utensils
High risk foods cooked from raw on-site for sampling purposes ONLY	Hand sink needed in booth (temporary set up acceptable) Approved sanitizer (Chlorine or QUAT) for surfaces Separate utensils for raw and cooked Duplicate utensils Access to a two-compartment utility Sink with hot/cold running water



#### What does "temporary set-up" mean?

 Temporary setups include the use of coffee urns, spigotted containers and similar devices.







## Temporary hand sink set-up, cont...

- Temporary hand sinks must drain into a bucket of sufficient size to prevent water from running onto the ground.
- Vendors are responsible for emptying buckets and ensuring they do not overflow.





#### Sink Requirements (Operating more than one day)

Low risk food samples pre-portioned offsite and only handled with utensils	Hand sanitizer and access to a hand sink
Low risk food samples portioned on-site OR Pre-portioned high risk food samples	Hand sink equipped with hot and cold running water in the booth
High risk food samples handled (portioned, cooked or reheated) onsite for sampling purposes	Two-compartment sink with hot/cold running water in the booth, hand soap, paper towel, dish soap, and an approved sanitizer (Chlorine or QUAT)
	An additional (separate) hand sink may be required if food handling activities limit the vendor's access to the utility sink for this purpose.



## **Final Thoughts**

- If you're going to be moving markets, please call!
- Home study course for market vendors is available online
  - www.ephs.ca
- If in doubt, ask!
- If you have problems with a vendor... ACT!





#### **Take Home Points**

- Farmers' Market requirements are standardized provincially
- The presence or absence of <u>food processing</u> determines whether a vendor may operate under a Farmers' Market permit
- Understand the different (and sometimes similar) responsibilities of the market manager and the vendor
- Feel free to call us as your resource!



#### Main Numbers for Environmental Public Health

- City of Edmonton > 780-735-1800
- Parkland County and Sturgeon County > 780-342-1380
- Strathcona County > 780-342-4661
- Leduc County > 780-980-4644



#### **Main Office Locations**

- Edmonton
  - Suite 700, 10055 106 Street NW
- Leduc Public Health Centre
  - 4912 50 Street
- Spruce Grove
  - 205 Diamond Avenue
- St. Albert
  - 23 Sir Winston Churchill Avenue
- Strathcona County Health Centre (Sherwood Park)
  - 2 Brower Drive



### Give us a call or come by for a visit!

We have important resources and information that can assist you!





# Thanks for listening!

Any questions?

